



**2008-2009 KENTUCKY HIGH SCHOOL ATHLETIC ASSOCIATION
CHEERLEADING CLINIC**

**Saturday, September 20, 2008
Location: KHSAA
2280 Executive Drive, Lexington, KY 40505**

Clinicians:

Brigid DeVries – KHSAA Commissioner Holly Monte – UCA/AACCA Certified Trainer

**Ruth Sorace – KAPOS President Donna Robinson Wilson – Cheer Coach
Henry Clay High School**

Coordinator: Phyllis Sallee – KHSAA Administrative Support Specialist

AGENDA

8:00 A.M.	Registration	Gayle Mills, Lucy Moore, Donna Tackett & Phyllis Sallee
9:00 A.M.	Welcome & KHSAA Regulations Relating to Cheerleading	Brigid DeVries
9:30 A.M.	NFHS Spirit Rules with Questions & Answers	Ruth Sorace
10:15 A.M.	Break	
10:30 A.M.	Stunts & Demonstrations	Donna Robinson Wilson & Henry Clay Cheerleaders
11:30-12:00 P.M.	Lunch (Provided)	
12:00 P.M.	Stunt Progressions I/Motions, Jumps and Tumbling	Holly Monte/UCA Staff
	<i>(Pre-registration required)</i>	
4:00 P.M.	Wrap Up and Final Comments	