
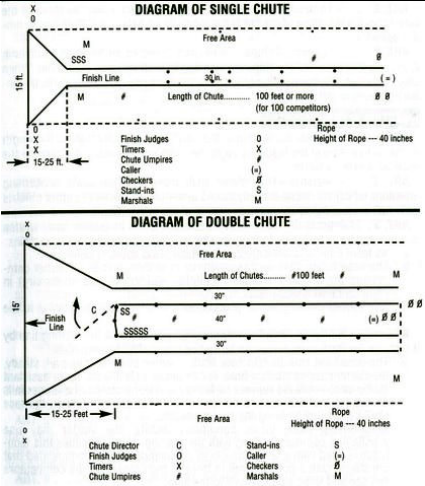
	KENTUCKY HIGH SCHOOL ATHLETIC ASSOCIATION  <b>Cross –Country Course Site Inspection</b> <b>Friday – August 29, 2008</b>	
<b>2008</b>	<b>Gordon Bocoock</b> <b>KHSAA Track and Cross Country Consultant</b>	<b>2009</b>

Course to be Inspected: Daviess County – Yellow Creek Park – Owensboro, Kentucky Site Inspection Requested by: Julian Tackett – KHSAA Assistant Commissioner
<b>Reason for inspections: Daviess County High School is the possible host of the 2008 KHSAA Class AAA Region 1 Cross Country Championships and the Class A Region 2 Cross Country Championships.</b>

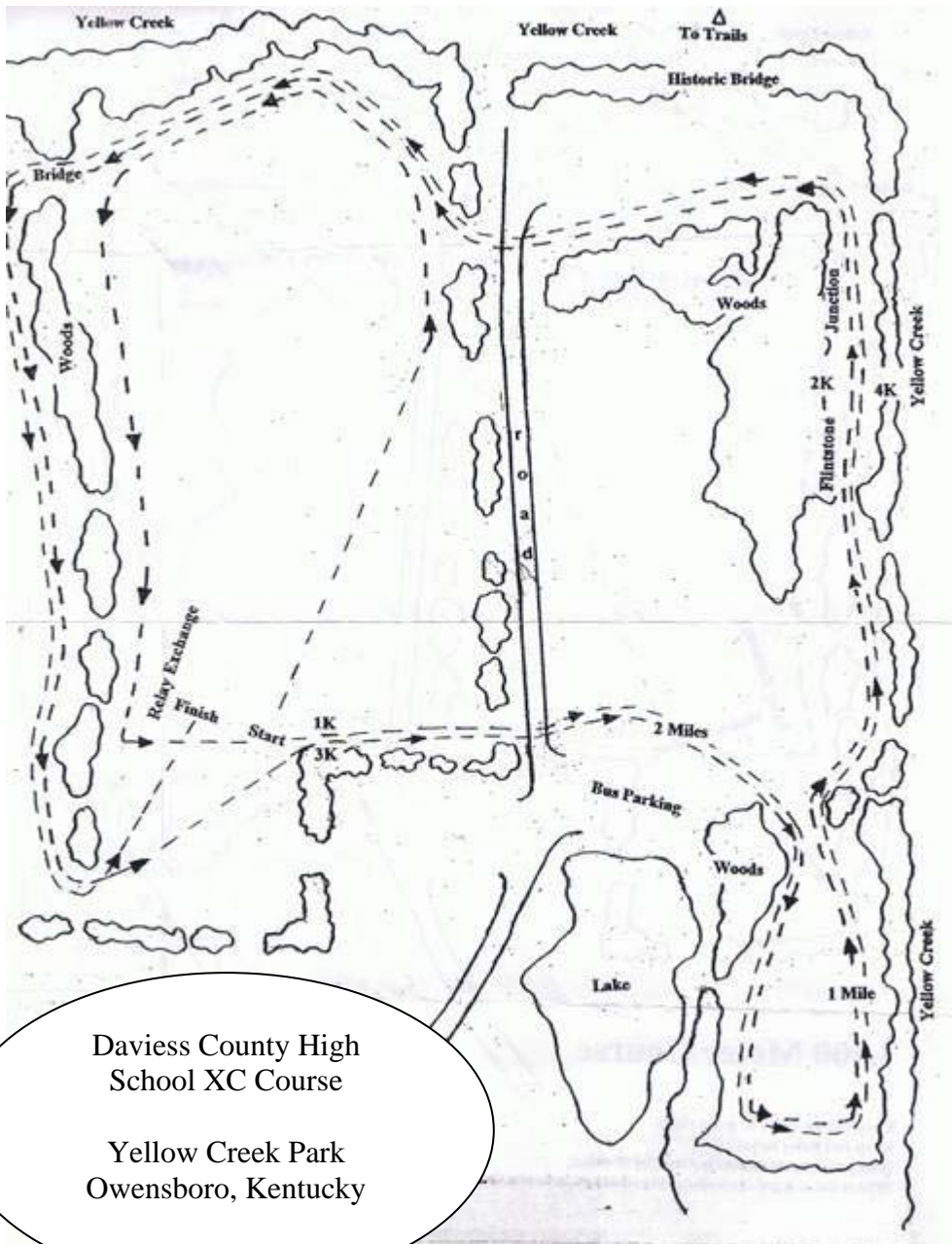
School entered in the KHSAA Region 1 – Class AAA are: Apollo, Christian County, Daviess County, Graves County, Henderson County, Madisonville North-Hopkins, Marshall County and Owensboro. Schools entered in the KHSAA Region 2 – Class A are: Campbellsville, Caverna, Clinton County, Cumberland County, Glasgow, Green County, Hancock County, McLean County, Metcalfe County, Monroe County and Owensboro Catholic.
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Cross – Country Course Site Inspection	
<b>Course Location</b>	The Daviess County High School Cross-Country course is located at Yellow Creek Park in Owensboro, Kentucky.
Parking and Public Rest Rooms	Parking will not be a problem for buses or spectators as the Park has several parking lots and plans are to have the parking supervised for the Regional Meet. Public rest rooms are at different buildings in the park and portable facilities will be placed at locations closer to tent city as well as the start and finish area.
Meet Management Area for Computers/Packets Etc.	Approximately 100 meters from the start and finish area is a large enclosed shelter. Electric is available at the shelter and plans are in place to have a generator on site the day of the Regional Meet as a back up. Daviess County owns the Hy-Tek Computer Program and has an experienced operator that is already sit up to work the Regional Meet. It talking with the Cross Country Coach the following back ups are in place to assure that accurate meet results can be forwarded <b>immediately</b> to the KHSAA after the meet. <ul style="list-style-type: none"> <li>➤ Bib numbers will be worn and numbers recorded on a bib check sheet.</li> <li>➤ Tear Off's will be removed from the Bib numbers and placed on a stringer.</li> <li>➤ Place Cards will be given out at the end of the chute and returned to the scoring area by the coach of each respective team.</li> </ul>
Starting Line Area	The starting line is more than adequate for the eight schools entered in the Regional Meet. The starting area should be clearly marked on the ground that has the front starting line and a step up line 7" back from the starting line. Lines to indicate the boundaries of each box should also be in place. It should be marked with a material that is not injurious to the eyes or skin The first part of the race has plenty of width for the athletes to avoid problems and the first turn is a slight one that can easily handle a larger pack of runner.
The Running Course	Looking at the course map will show that the course is a repeat course in that you are basically running twp laps for the 5,000 Meter layout that is for the most part good footing. There some areas that have a light covering of gravel or pavement that some athletes may not prefer but in most places there is a grassy area to the side of the pavement. There are a couple of pavement crossings but they are only a few strides across and cause no problems. It is pointed out that tree limbs should be checked throughout the season to make sure that they do not fall below the 8" clearance recommended in the National Federation Rule Book
Course Markings	According to the National Federation Rules and KHSAA Games Committee Policy - in regard to Cross Country courses . . . <b>Rule 9 – Section 1 – Article 1 . . . . .</b> The cross country run shall be of 5,000 Meters (3.1 Miles) in length. Measurement shall be along the middle of the course. The course shall be clearly marked. This may be a wide line marked with a material which is not injurious to the eyes or skin, or by signposts with large directional arrows wherever the course turns, or by flags about 1 foot square and mounted on stakes which hold them 6 feet or more above the ground. Flag Directions <ul style="list-style-type: none"> <li>▪ A red flag indicates a turn to the left</li> <li>▪ A yellow flag indicates a turn to the right</li> <li>▪ A blue flag indicates a course straight ahead</li> </ul> The Cross Country Coach indicated that flagging and ground painting would be in place to mark the course. He further stated that all the Regional teams would be invited to participate in regular season meets at the course to assure there knowledge of course direction before the Regional Meet. At the time of this inspection the Yellow Creek Course was extremely well marked for a race that would

	<p>take place later in the day, the course map is well prepared and the athletes should have no problem at all knowing the course.</p>
<p>Finish Area</p>	 <p>The diagrams illustrate the layout for a single chute and a double chute. The single chute diagram shows a 15-foot high chute with a 100-foot or more length. Personnel positions are marked with letters: O for Finish Judges, X for Timers, # for Chute Umpires, (+) for Callers, # for Checkers, S for Stand-ins, and M for Marshals. The double chute diagram shows two 100-foot chutes with a 15-foot high rope. Personnel positions are marked with letters: C for Chute Director, O for Finish Judges, X for Timers, # for Chute Umpires, S for Stand-ins, (+) for Caller, # for Checkers, and M for Marshals. Both diagrams indicate a rope height of 40 inches and a 15-25 foot width at the base.</p> <p>A finish chute is a requirement for the Regional Cross Country Meet and above you will find the National Federations Guide Lines for sitting up a chute. Using a single or double chute depends on the ability of Meet Management and the Meet Officials operating the chute. It is high recommended that a chute be used in regular season meets to help train the chute workers in the proper way to do things. The National Federation Rule Book gives good descriptions of job assignments for finish line and finish chute personnel.</p> <p>The Yellow Creek Course has permanent poles in place for a finish chute and it is evident that the Meet Management has a plan in place to handle the finish of each race.</p>
<p>Spectator Area</p>	<p>The Regional Cross-Country Meet has the same basic rule as the state meet in that spectators are not allowed on the course. The course at Yellow Creek is set up basically wide open and unless something is put in place spectators will be everywhere. It is recommended that the a spectator area be established and placed on the course map so that visiting coaches can make there cross country families aware of the areas that spectators are allowed.</p>
<p>Regional Meet Site (In your opinion would you recommend this course be considered as a Regional Meet Site)  (If "NO" what would they need to do to bring this course into compliance to be considered as a Regional Cross County Meet Site.</p>	<p>The Yellow Creek Course is an excellent cross-country course that is cut properly and well maintained. It is marked very well and is a safe venue to host the Regional Cross Country Meets that may be assigned to this area.</p> <p>Numerous course marshals will need to be in place throughout the course to assure that the entire course is covered by all athletes.</p> <p>It is recommended that a lead vehicle <b>not</b> be used but it is <b>highly recommended</b> that more than one vehicle be available to assist if the need arises. A trail vehicle is <b>recommended</b> to pick up injured or to pick up reports from course marshals that need to be taken to the KHSAA Officials assigned to the meet. Meet communication needs to be in place so that Medical Personnel can be reached for immediate attention if needed.</p> <p>Crowd control in not a popular thing with spectators but it is KHSAA Games Committee Policy and needs to be put in place and a new course map with the Spectator Area marked needs to be sent to the KHSAA Office.</p> <p>This area is fortunate in that the Meet Management for this particular Region has years and years of experience.</p>

Respectively submitted,

Gordon D. Bocoek #4848  
KHSAA Cross-Country Consultant



Daviess County High School XC Course  
Yellow Creek Park  
Owensboro, Kentucky