
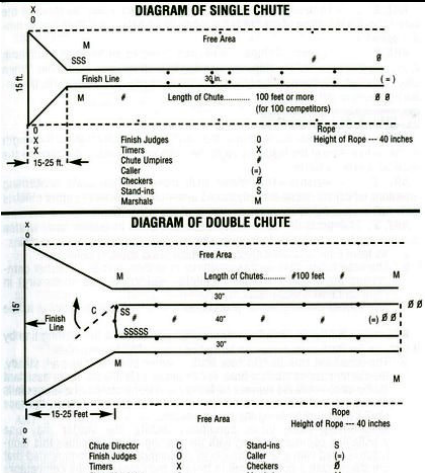
	KENTUCKY HIGH SCHOOL ATHLETIC ASSOCIATION Cross –Country Course Site Inspection Saturday – September 27, 2008	
2008	Gordon Bocoek KHSAA Track and Cross Country Consultant	2009

Course to be Inspected: Greenwood High School – Phil Moore Park Site Inspection Requested by: Julian Tackett – KHSAA Assistant Commissioner Reason for inspections: Greenwood High School is the possible host of the 2008 KHSAA Class AAA Region 2 Cross Country Championships
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School entered in the KHSAA Region 2 – Class AAA are Barren County, Bowling Green, Central Hardin, Grayson County, Greenwood, Ohio County, John Hardin, North Hardin and Warren Central.

Cross – Country Course Site Inspection	
Course Location	The Greenwood High School cross country course is located at the Phil Moore Park in Bowling Green, Kentucky. It is very easy to locate just past Greenwood High School on the Scottsville Road.
Parking and Public Rest Rooms	More than adequate parking is available for School Buses as well as spectators. It is recommended that supervision be present to assure that parking is safe as the main entrance to the park is also the only exit and in just off a major highway. Parking is on both sides of the major highway but pedestrian traffic does not have to cross the main road as the park. The park is actually on both sides of the road and there is an underpass for pedestrian traffic. Port-A-Pots have been brought in to accommodate the athletes at the starting area and near Tent City. Public Restrooms are available in various locations in the Park Buildings.
Meet Management Area for Computers/Packets Etc.	Meet Management is excellent for teams that come to Greenwood High School meets. A covered shelter has been constructed next to the finish chute. Meet headquarters will be located in this area as team packets as well as Hy-Tek Computer Operations will take place here. <ul style="list-style-type: none"> ➤ Bib numbers will be worn and numbers recorded on a bib check sheet. ➤ Tear Off's will be removed from the Bib numbers and placed on a stringer. ➤ Place Cards will be given out at the end of the chute and returned to the scoring area by the coach of each respective team.
Starting Line Area	The starting line is more than adequate for the nine schools that are expected to enter this regional meet. The starting area should be clearly marked on the ground that has the front starting line and a step up line 7" back from the starting line. Lines to indicate the boundaries of each box should also be in place. It should be marked with a material that is not injurious to the eyes or skin The first part of the race has plenty of width for the athletes to avoid problems and there should be no problems the first 400 meters of the race.
The Running Course	The course is basically grass with a few gravel paths that will not cause a problem to the athletes but. Upkeep on the course is excellent – course has been cut properly, tree limbs have been trimmed and all safety concerns have been addressed. The running course at Phil Moore Park could well accommodate the KHSAA State Cross Country Meet.
Course Markings	According to the National Federation Rules and KHSAA Games Committee Policy - in regard to Cross Country courses . . . Rule 9 – Section 1 – Article 1 The cross country run shall be of 5,000 Meters (3.1 Miles) in length. Measurement shall be along the middle of the course. The course shall be clearly marked. This may be a wide line marked with a material which is not injurious to the eyes or skin, or by signposts with large directional arrows wherever the course turns, or by flags about 1 foot square and mounted on stakes which hold them 6 feet or more above the ground. Flag Directions <ul style="list-style-type: none"> ▪ A red flag indicates a turn to the left ▪ A yellow flag indicates a turn to the right ▪ A blue flag indicates a course straight ahead The course at Phil Moore Park is quite possibly the best marked course in the state. There are several intersections where the various 2k, 3k, 4k and 5k courses turn and/or cross but course marshals are in place to handle each intersection with ropes closing the areas that did not represent the course for the particular race being run. Course marshals are well instructed and do an excellent job handling the traffic on the course.

<p>Finish Area</p>	 <p>A finish chute is a requirement for the Regional Cross Country Meet and above you will find the National Federations Guide Lines for sitting up a chute. Using a single or double chute depends on the ability of Meet Management and the Meet Officials operating the chute. It is high recommended that a chute be used in regular season meets to help train the chute workers in the proper way to do things. The National Federation Rule Book gives good descriptions of job assignments for finish line and finish chute personnel.</p> <p>The finish chute at the Greenwood course is located in a way that is very spectator friendly and it creates a very exciting atmosphere for the athletes as they approach the finish line. The finish area is in excellent condition and the finish line and chute workers are well instructed.</p>
<p>Spectator Area</p>	<p>The Regional Cross-Country Meet has the same basic rule as the state meet in that spectators are not allowed on the course. The course at Greenwood is set up will crown control already in place. It is recommended that the area that spectators are allowed be marked on the Regional Course Map so that visiting coaches can hand out to parents and other guests to the park.</p>
<p>Regional Meet Site (In your opinion would you recommend this course be considered as a Regional Meet Site) (If "NO" what would they need to do to bring this course into compliance to be considered as a Regional Cross County Meet Site.</p>	<p>The Greenwood course is an excellent cross-country course that is cut properly and well laid out. It is extremely well marked and will be an excellent venue for the athletes in this Region.</p> <p>Numerous meets are held on the course throughout the season to assure that all the Regional teams have the opportunity to get on the course before the Regional Meet. Meet Management is excellent and the volunteer staff has been well instructed in running off a cross country meet.</p> <p>It is recommended that a lead vehicle not be used but it is highly recommended that more than one vehicle be available to assist if the need arises. A trail vehicle is recommended to pick up injured or to pick up reports from course marshals that need to be taken to the KHSAA Officials assigned to the meet. Meet communication needs to be in place so that Medical Personnel can be reached for immediate attention if needed.</p> <p>Crowd control in not a popular thing with spectators but it is KHSAA Games Committee Policy and needs to be put in place and a new course map with the Spectator Area marked needs to be sent to the KHSAA Office.</p> <p>This course is highly recommended for the Region 2-AAA Cross Country Championships.</p>

Respectively submitted,

Gordon D. Boccock #4848
KHSAA Cross-Country Consultant

Greenwood High School Cross Country Course

Phil Moore Park

Bowling Green, Kentucky

