
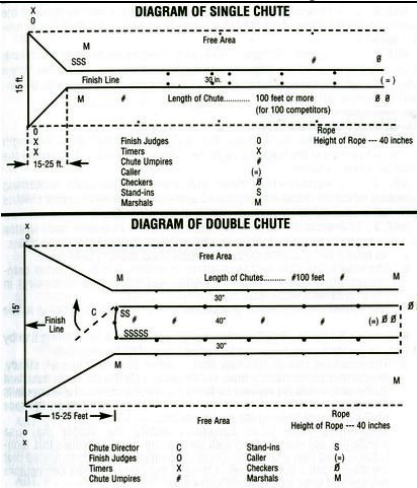
	KENTUCKY HIGH SCHOOL ATHLETIC ASSOCIATION  <b>Cross –Country Course Site Inspection</b> <b>Wednesday – September 3, 2008</b>	
<b>2008</b>	<b>Gordon Bocoek</b> <b>KHSAA Track and Cross Country Consultant</b>	<b>2009</b>

Course to be Inspected: Mason County High School Site Inspection Requested by: Julian Tackett – KHSAA Assistant Commissioner
Reason for inspections: Mason County High School is the possible host of the 2008 KHSAA Class AA Region 6 Cross Country Championships

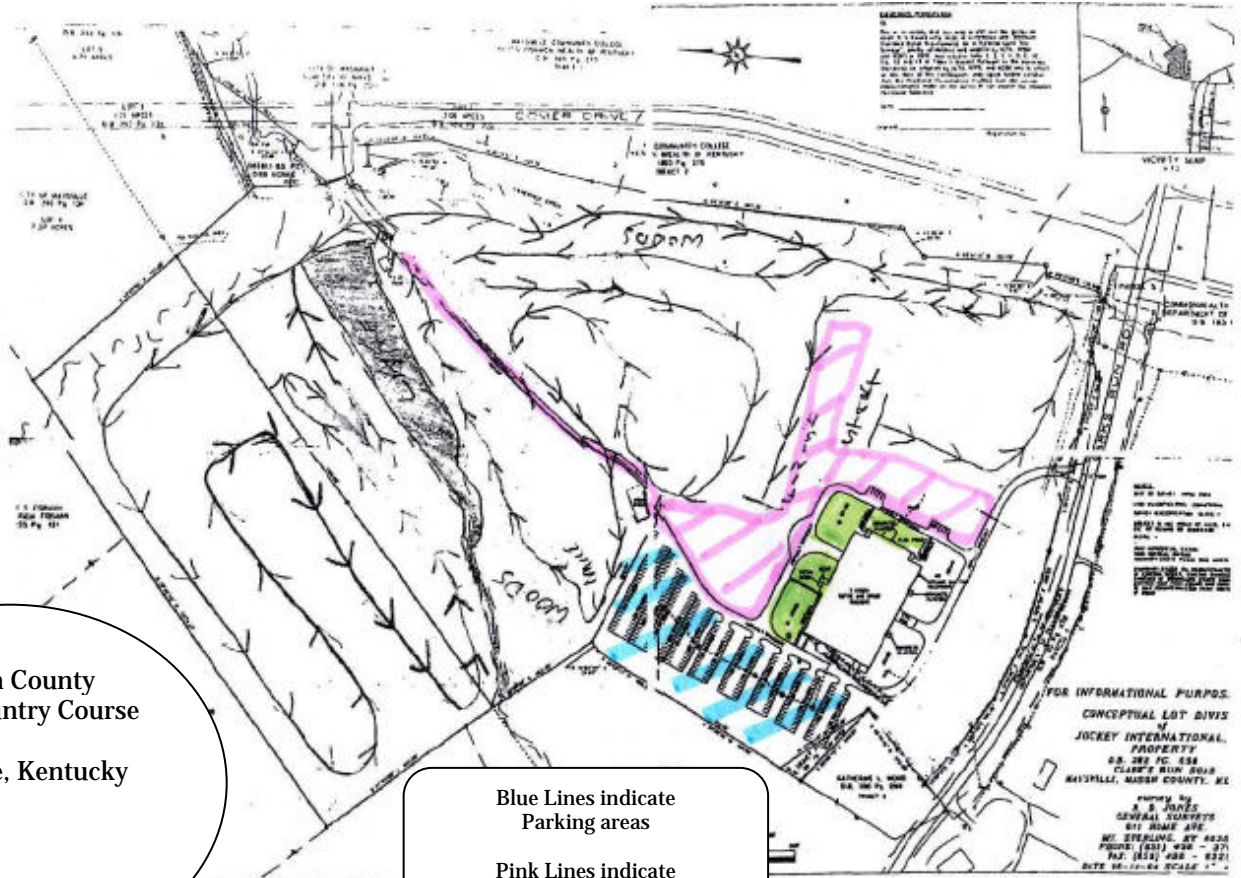
School entered in the KHSAA Region 6 – Class AA are: Ashland Blazer, Boyd County, East Carter, Fleming County, Greenup County, Lawrence County, Lewis County, Mason County, Morgan County, Rowan County, Russell and West Carter.
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Cross – Country Course Site Inspection	
<b>Course Location</b>	The Mason County High School cross country course is located on property obtained when a factory closed and made several acres available to the Mason County School Board. It is on the same site as the Mason County High School Indoor Track and Field Complex just on the southern edge of the Mason County city limits.
Parking and Public Rest Rooms	More than adequate parking is available for School Buses as well as spectators. The indoor track facility will be open for the athletics and the public and has more than adequate rest room facilities.
Meet Management Area for Computers/Packets Etc.	The Mason County Indoor Track Complex is located less than 100 Meters from the start and finish area. The building will be used for Packet Pickup and the pre-meet coaches meeting. It will be used for the awards presentation at the end of the meet. Mason County owns the Hy-Tek Computer Program and has an experienced operator that is already sit up to work the Regional Meet. It talking with the Cross Country Coach the following back ups are in place to assure that accurate meet results can be forwarded <b>immediately</b> to the KHSAA after the meet. <ul style="list-style-type: none"> <li>➤ Bib numbers will be worn and numbers recorded on a bib check sheet.</li> <li>➤ Tear Off's will be removed from the Bib numbers and placed on a stringer.</li> <li>➤ Place Cards will be given out at the end of the chute and returned to the scoring area by the coach of each respective team.</li> </ul>
Starting Line Area	The starting line is more than adequate for the twelve schools that are expected to enter this regional meet. The starting area should be clearly marked on the ground that has the front starting line and a step up line 7" back from the starting line. Lines to indicate the boundaries of each box should also be in place. It should be marked with a material that is not injurious to the eyes or skin The first part of the race has plenty of width for the athletes to avoid problems but the first turn is a little close at 630 feet or roughly 200 meters off the line. The first turn is gradual and has plenty of width that should not create any problems for a regional meet of this size.
The Running Course	Looking at the course map will show that the course is a repeat course that loops over the 80 acres that is home to the Mason County Indoor Track Complex and the Mason County Cross Country Course. The course is basically grass with a few pavement crossings that will not cause a problem to the athletes but traffic control will have to be in place. Upkeep on the course in regard to tree limbs having the 8' clearance recommended by the National Federation, side dressing as some of the growth on the edges of the course fall inward will need trimmed back. Some rock and roots will need to be painted.
Course Markings	According to the National Federation Rules and KHSAA Games Committee Policy - in regard to Cross Country courses . . . <b>Rule 9 – Section 1 – Article 1 . . . . .</b> The cross country run shall be of 5,000 Meters (3.1 Miles) in length. Measurement shall be along the middle of the course. The course shall be clearly marked. This may be a wide line marked with a material which is not injurious to the eyes or skin, or by signposts with large directional arrows wherever the course turns, or by flags about 1 foot square and mounted on stakes which hold them 6 feet or more above the ground. <div style="text-align: center;">             Flag Directions             <ul style="list-style-type: none"> <li>▪ A red flag indicates a turn to the left</li> <li>▪ A yellow flag indicates a turn to the right</li> <li>▪ A blue flag indicates a course straight ahead</li> </ul> </div> The Cross Country Coach indicated that over 200 step in stakes will be in place to support flagging and ground painting would be in place to mark the course. He further stated that all the Regional teams would be invited to participate in the four regular season meets at the course to assure each the opportunity to be on the Mason County course before the regional meet. At the time of this

	inspection the course was not well marked but all the course marking material was observed in the indoor facility that would indicate that the course would be in good condition.
Finish Area	 <p>The diagrams illustrate the layout for a single chute and a double chute. The single chute diagram shows a 100-foot or more chute with a 15-foot finish line area and a 15-25 foot rope area. Personnel positions are marked with letters: O for Finish Judges, X for Timers, # for Chute Umpires, (+) for Callers, # for Checkers, S for Stand-ins, and M for Marshalls. The double chute diagram shows two 100-foot chutes with a 15-foot finish line area and a 15-25 foot rope area. Personnel positions are marked with letters: C for Chute Director, O for Finish Judges, X for Timers, # for Chute Umpires, S for Stand-ins, (+) for Caller, # for Checkers, and M for Marshalls.</p> <p>A finish chute is a <b>requirement</b> for the Regional Cross Country Meet and above you will find the National Federations Guide Lines for sitting up a chute. Using a single or double chute depends on the ability of Meet Management and the Meet Officials operating the chute. It is <b>highly recommended</b> that a chute be used in regular season meets to help train the chute workers in the proper way to do things. The National Federation Rule Book gives good descriptions of job assignments for finish line and finish chute personnel.</p> <p>The finish chute at the Mason County course is located in a way that is very spectator friendly and could well create an exciting atmosphere for the athletes approach the finish line.</p>
Spectator Area	The Regional Cross-Country Meet has the same basic rule as the state meet in that spectators are not allowed on the course. The course at Mason County is set up basically wide open and unless something is put in place spectators will be everywhere. It is <b>recommended</b> that the a spectator area be established and placed on the course map so that visiting coaches can make there cross country families aware of the areas that spectators are allowed.
<p>Regional Meet Site (In your opinion would you recommend this course be considered as a Regional Meet Site)</p> <p>(If "NO" what would they need to do to bring this course into compliance to be considered as a Regional Cross County Meet Site.</p>	<p>The Mason County course is an excellent cross-country course that is cut properly and well laid out. When it is properly marked it will be a safe venue to host the Regional Cross Country Meet that may be assigned to this area.</p> <p>Numerous course marshals will need to be in place throughout the course to assure that the entire course is covered by all athletes. It is recommended that Bib Checks be sit up at a couple of spots on the course to assure that all athletes pass each check point.</p> <p>It is recommended that a lead vehicle <b>not</b> be used but it is <b>highly recommended</b> that more than one vehicle be available to assist if the need arises. A trail vehicle is <b>recommended</b> to pick up injured or to pick up reports from course marshals that need to be taken to the KHSAA Officials assigned to the meet. Meet communication needs to be in place so that Medical Personnel can be reached for immediate attention if needed.</p> <p>Crowd control in not a popular thing with spectators but it is KHSAA Games Committee Policy and needs to be put in place and a new course map with the Spectator Area marked needs to be sent to the KHSAA Office.</p> <p>This area is fortunate in that the Meet Management for a meet at Mason County has the experience and the local support help necessary to assure a quality meet.</p>

Respectively submitted,

Gordon D. Boccock #4848  
KHSAA Cross-Country Consultant



Mason County  
Cross-Country Course  
Maysville, Kentucky

Blue Lines indicate  
Parking areas  
Pink Lines indicate  
Spectator Areas

FOR INFORMATIONAL PURPOSES  
CONCEPTUAL LOT DIVISION  
OF  
JOCKEY INTERNATIONAL  
PROPERTY  
AS SEE TO SEE  
CLARE'S RUN ROAD  
MAYSVILLE, MASON COUNTY, KY  
DRAWING BY  
R. S. JONES  
GENERAL SURVEYS  
811 HOME AVE  
MT. STERLING, KY 40228  
PHONE (502) 438-3771  
FAX (502) 438-4321  
DATE 08-10-04 SCALE 1" = 100'