



Football Scrimmage Report Form
Must be submitted to KHSAA prior to the Friday of Week 9

As per KHSAA Bylaw 25, this school has participated in pre-season contact activity against another school. In compliance with Bylaw 25, when requested to do so, the school must report its scrimmages on forms provided by the KHSAA.

Case BL-25-7- What is a scrimmage and what is the purpose of allowing them in the

preseason is a semi-organized opportunity to participate in a sport in game conditions prior to the opening contest of the season. Scrimmages are designed to be controlled opportunities for participation NOT exhibition games. While many state associations prohibit preseason competition between schools, it is felt that this is the best means of acclimating to game conditions and preparing for the season while ensuring competitive fairness and equal participation opportunities.

What are the limitations on the allowable scrimmages?

- Each school is limited to a total of two preseason scrimmages of any type with players other than members of that school's squad against competitors not eligible to be on the team's eligibility list at all levels of play (grades 9-12) in each sport.
- Both scrimmages (or one if that is the school choice) shall be held prior to the first contest in a sport.
- The total elapsed time from the start of each scrimmage until the end must be no longer than three consecutive hours (Start to finish, including any breaks) and all competition activity must held at the same site. This time limit is not playing time, but elapsed time on the clock and starts when the first team member at any level engages a person from another other team in any manner. The basic restriction allows for participation in any fashion with outside opponents for a single, continuous, three hour period. It is possible that the varsity, junior varsity and freshman teams could oppose each other in game simulation settings and only be charged with one scrimmage if the TOTAL amount of time scrimmaged for all team levels combined from start to finish is less than three hours
- The limitation is for all levels of play (grades 9-12) at a school, not each level of play.
- Coaches at different levels within a school (freshman, JV and Varsity) and at sites where many teams are present should coordinate the schedule of scrimmages to ensure that these students are given opportunities during the three-hour scrimmage limit. The scrimmage sessions are primarily designed to prepare the varsity team for regular season play, as the entire non-varsity season can be considered "scrimmage-like" as no state competition is held.
- The scrimmage limitations include any team camp or similar activity held during the normal practice period for a sport. Teams attending camps at the same site should exercise extreme caution not to violate scrimmage limitations. The total scrimmage time involving team members, regardless of levels of play, is subject to a total time limit of three consecutive hours.
- Coaches MUST be on the field or in the vicinity of the playing floor or area.
- Schools may, at the discretion of the host school, charge admission, sell concessions, pay officials, etc. to a scrimmage.
- It is recommended that officials be utilized for all scrimmage contests. If officials are utilized [other than coaches exercising normal supervisory duties], they must be KHSAA licensed officials.
- All scrimmage contests must be reported to the KHSAA if the Association makes such requests.

What are the penalties for violation of the scrimmage limitation, and are there other problems associated with illegally scrimmaging?

In addition to the prescribed penalties in Bylaw 25, all penalties in Bylaw 33 would be applicable to violators of this restriction. It should be noted that schools playing in excessive scrimmages are taking extreme risks, as all insurance coverage could potentially be null and void as the scrimmage would be contrary to the rules of the association.

Case BL-25-18- What equipment can be worn, what activities can occur, and what restrictions are in place for football practice during the summer period and once practice begins

DEFINITIONS

- "Helmet-Only" activity is a practice period where only a helmet is worn.
- "Non Contact Practice" is practice where there is only a helmet and shoulder pads worn. During a non-contact practice time period, no full contact drills or other activity can occur which would result in a player completing a tackle, or being blocked or tackled to the ground.
- "Contact Practice" is practice during the legal period when the remainder of the football gear specified in the rule book is worn and activity during the session is not restricted with regard to contact.

TIME PERIODS AND PERMISSIBLE ACTIVITY

- The day following the last date of school or June 1, whichever is earlier, through June 24 is a Helmet-Only period.
- During this period, a football player may wear a helmet during any football specific drill or session that is supervised or attended by any member of the high school coaching staff, but may wear no other gear as defined by NFHS Football Rule 1, Section 5.
- Member school coaches and other representatives should note that there are no insurance provisions in place at this time.
- From June 25 to July 9, no football gear as defined by NFHS Football Rule 1, Section 5 may be issued by a school directly to a player from that school, and the full provisions of the dead period (Bylaw 26) must be observed.
- July 10 to July 14 is a Helmet-Only period.
- During this period, a football player may wear a helmet during any football specific drill or session that is supervised or attended by any member of the high school coaching staff, but may wear no other gear as defined by NFHS Football Rule 1, Section 5.
- There are KHSAA no insurance provisions in place at this time.
- July 15 through the day before the first date for contact practice is a Non-Contact Practice period.
- During this period, a player may wear a helmet and shoulder pads during any football specific drill or practice that is supervised or attended by any member of the high school coaching staff, but may wear no other gear as defined by NFHS Football Rule 1, Section 5. This allowance permits the player to acclimate to heat and the changes in body temperature brought on by additional pads and equipment.
- During this non-contact time period, no full contact drills or other activity can occur which would result in a player completing a tackle, or being blocked or tackled to the ground.
- From the first permissible date of contact practice, all other pads can be worn as defined in Rule 1-5 and full contact practice may begin as this remains a Contact Practice period.
- Beginning with the first permissible date of contact practice, teams cannot conduct multiple contact practice sessions on consecutive days. If multiple contact practices (up to a maximum of two) are held on a day, then only one contact practice session can be held on the following day.
- Once full contact practice has begun, there is not a restriction on the number of non-contact practices conducted on any day.
- With the exception of the Dead Period, nothing about these interpretations prevents a school from allowing equipment to be issued to students to attend individual camps at other sites.
- Nothing about any of the interpretations prevents individual camp attendance by players using school owned equipment outside of the dead period or team camp attendance within the contact window and subject to the scrimmage limitations.
- Any activity in the summer prior to July 15 and activity conducted contrary to the equipment and scrimmage is not covered by the KHSAA Catastrophic Insurance Plan.
- Any activity contradictory to the rules and regulations of the Association (including the interpretations as published), potentially renders all insurance provisions null and void.

This school competed with/against the following schools between July 15 and the first playing date

DATE	TEAM(S) INVOLVED	LEVELS (V, JV, F)	SITE

By signing below, the individuals certify that this school has complied with the requirements of Bylaw 25 in conducting its preseason scrimmages as listed above.

School _____

[Coach Signature]

Position [Coach]

[Date]

[Prin/AD Signature]

Position [Principal or Designated Rep.]

[Date]