
BYLAW 2. PHYSICAL EXAMINATION, PARENTAL CONSENT AND INSURANCE**Sec. 1) Physical Examination and Parental Consent Requirements**

The Superintendent or Principal shall have each student who is trying for a place as a participant on an athletic team or cheerleading squad present a physician's certificate certification signed by a physician, physician's assistant, advanced practice registered nurse, or chiropractor if performed in the scope of practice (as defined in KRS Chapter 312) which shall state that he or she is physically fit to participate without undue risk. The parent's consent for the child's participation and acknowledgment of receipt of the eligibility rules as promulgated by the Association and Kentucky Board of Education regulations in writing shall also be required on KHSAA Form GE04.

Sec. 2) Requirement for Insurance

A student, prior to participation or trying for a place on an athletic team or cheerleading squad shall have in place medical insurance with coverage limits up to the deductible of the KHSAA Catastrophic Insurance program and that insurance shall remain in force throughout participation. It shall be the responsibility of each member school to ensure and certify that each student has insurance coverage throughout the school year.

Case BL-2-1- Is it permissible for a student to participate in interscholastic athletics (sport or sport activity) during the defined limitation of seasons (Bylaw 25) without a physician's certificate or written parental permission?

No. Bylaw 2 requires the student to have a physician's certificate and written parental consent and acknowledgement of the rules before he/she may participate in interscholastic athletics. The forms are provided by the KHSAA for the member schools and are available on the KHSAA website (GE04). The physician's certificate is valid for one year from the examination date. Decisions as to the requirement for participants in out of season activities are at the discretion of the member school.

Case BL-2-2- Is it permissible for other health care providers to perform the physical exam for high school athletics in addition to Medical Doctors and Doctors of Osteopathy?

Yes. The exam approval form, KHSAA Form GE04, shall be signed by a physician, physician's assistant, advanced practice registered nurse, and may also be signed by a chiropractor if performed in the scope of practice (as defined in KRS Chapter 312).

Case BL-2-3- Is it permissible for a student to participate in interscholastic athletics (sport or sport activity) during the defined limitation of seasons (Bylaw 25) without medical insurance?

No, it is a requirement to have medical insurance up to the Catastrophic Insurance deductible prior to trying out, practicing, or participating for a KHSAA member school during the defined limitation of seasons (Bylaw 25) in any sport or sport activity. Each member school and school district shall take the necessary steps to make sure that each of its student-athletes is insured to the limits of the deductible on the KHSAA Catastrophic policy, which is currently \$25,000. Decisions as to the requirement for participants in out of season activities are at the discretion of the member school.

Case BL-2-4- What is a participant as defined by Bylaw 2?

A participant is a person desiring to be a member of the school team in a sport or sports activity and to compete in that team's scrimmages or contests. This applies to all sports and sport activities, including cheer, whether competitive or in-game support.