

### KHSAA STANDARDIZED SCHEDULING CALENDAR – CROSS COUNTRY

*School representatives scheduling Cross Country contests over the next several seasons can use the following comparative corresponding date chart to determine the applicable playing week of the season.*

<i>Week</i>	<i>2010-11</i>	<i>2011-12</i>	<i>2012-13</i>	<i>2013-14</i>	<i>2014-15</i>
<i>State</i>	11/7-11/13 (19)	11/6-11/12 (19)	11/4-11/10 (19)	11/10-11/16 (19)	11/9-11/15 (19)
<i>Region</i>	10/31-11/6 (18)	10/30-11/5 (18)	10/28-11/3 (18)	11/3-11/9 (18)	11/2-11/8 (18)
<i>Week 10</i>	10/24-10/30 (17)	10/23-10/29 (17)	10/21-10/27 (17)	10/27-11/2 (17)	10/26-11/1 (17)
<i>Week 9</i>	10/17-10/23 (16)	10/16-10/22 (16)	10/14-10/20 (16)	10/20-10/26 (16)	10/19-10/25 (16)
<i>Week 8</i>	10/10-10/16 (15)	10/9-10/15 (15)	10/7-10/13 (15)	10/13-10/19 (15)	10/12-10/18 (15)
<i>Week 7</i>	10/3-10/9 (14)	10/2-10/8 (14)	9/30-10/6 (14)	10/6-10/12 (14)	10/5-10/11 (14)
<i>Week 6</i>	9/26-10/2 (13)	9/25-10/1 (13)	9/23-9/29 (13)	9/29-10/5 (13)	9/28-10/4 (13)
<i>Week 5</i>	9/19-9/25 (12)	9/18-9/24 (12)	9/16-9/22 (12)	9/22-9/28 (12)	9/21-9/27 (12)
<i>Week 4</i>	9/12-9/18 (11)	9/11-9/17 (11)	9/9-9/15 (11)	9/15-9/21 (11)	9/14-9/20 (11)
<i>Week 3</i>	9/5-9/11 (10)	9/4-9/10 (10)	9/2-9/8 (10)	9/8-9/14 (10)	9/7-9/13 (10)
<i>Week 2</i>	8/29-9/4 (9)	8/28-9/3 (9)	8/26-9/1 (9)	9/1-9/7 (9)	8/31-9/6 (9)
<i>Week 1</i>	8/22-8/28 (8)	8/21-8/27 (8)	8/19-8/25 (8)	8/25-8/31 (8)	8/24-8/30 (8)
<i>1st Contest</i>	8/23/10	8/22/11	8/20/12	8/26/13	8/25/14
<i>Practice</i>	7/15	7/15	7/15	7/15	7/15

- *The State Cross Country Meet will be held the weekend following the State Soccer Championship*
- *Schools should be mindful that these dates serve as a guide, but do not supercede the Limitation of Seasons with respect to starting dates and limits of games.*
- *Numbers in parenthesis refer to the National Federation Corresponding Date Master Chart.*