

KHSAA STANDARDIZED SCHEDULING CALENDAR – CROSS COUNTRY

School representatives scheduling Cross Country contests over the next several seasons can use the following comparative corresponding date chart to determine the applicable playing week of the season.

Week	2006-07	2007-08	2008-09	2009-2010	2010-11
State	11/5-11/11 (19)	11/4-11/10 (19)	11/9-11/15 (19)	11/8-11/14 (19)	11/7-11/13 (19)
Region	10/29-11/4 (18)	10/28-11/3 (18)	11/2-11/8 (18)	11/1-11/7 (18)	10/31-11/6 (18)
Week 10	10/22-10/28 (17)	10/21-10/27 (17)	10/26-11/1 (17)	10/25-10/31 (17)	10/24-10/30 (17)
Week 9	10/15-10/21 (16)	10/14-10/20 (16)	10/19-10/25 (16)	10/18-10/24 (16)	10/17-10/23 (16)
Week 8	10/8-10/14 (15)	10/7-10/13 (15)	10/12-10/18 (15)	10/11-10/17 (15)	10/10-10/16 (15)
Week 7	10/1-10/7 (14)	9/30-10/6 (14)	10/5-10/11 (14)	10/4-10/10 (14)	10/3-10/9 (14)
Week 6	9/24-9/30 (13)	9/23-9/29 (13)	9/28-10/4 (13)	9/27-10/3 (13)	9/26-10/2 (13)
Week 5	9/17-9/23 (12)	9/16-9/22 (12)	9/21-9/27 (12)	9/20-9/26 (12)	9/19-9/25 (12)
Week 4	9/10-9/16 (11)	9/9-9/15 (11)	9/14-9/20 (11)	9/13-9/19 (11)	9/12-9/18 (11)
Week 3	9/3-9/9 (10)	9/2-9/8 (10)	9/7-9/13 (10)	9/6-9/12 (10)	9/5-9/11 (10)
Week 2	8/27-9/2 (9)	8/26-9/1 (9)	8/31-9/6 (9)	8/30-9/5 (9)	8/29-9/4 (9)
Week 1	8/20-8/26 (8)	8/19-8/25 (8)	8/24-8/30 (8)	8/23-8/29 (8)	8/22-8/28 (8)
1st Contest	8/21/06	8/20/07	8/25/08	8/24/09	8/24/09
Practice	7/15	7/15	7/15	7/15	7/15

• The State Cross Country Meet will be held the weekend following the State Soccer Championship• Schools should be mindful that these dates serve as a guide, but do not supercede the Limitation of Seasons with respect to starting dates and limits of games. • Numbers in parenthesis refer to the National Federation Corresponding Date Master Chart.