



# 2011 KHSAA SOCCER RULES CLINIC

## SECTION I ADMINISTRATIVE RULES / BYLAWS AND TOURNAMENT RULES REVIEW

### 1) *Bylaw and Administrative Procedures Review*

Complete text of the important listed rules below is available online <http://www.khsaa.org/handbook/>

Bylaw 2 – Physical Examination, Parental Consent & Insurance

Bylaw 3 – Age Rule

Bylaw 4 – Enrollment

Bylaw 5 – Academic Requirement

Bylaw 6 – Transfer Rule

Bylaw 7 – Foreign Exchange Transfer

Bylaw 8 – Contestant on Other Teams

Bylaw 9 – Graduate and Practice Eligibility

### 2) *Officiating Reminders*

#### IMPORTANT DATES

- Regular Season Play Begins – August 15
- District Tournaments Start – Week of October 10
- Regional Tournaments Start-Week of October 17
- Boys' Sub-Sectional Tournaments Start October 24
- Girls' Sub-Sectional Tournaments Start October 25
- Boys' Sectional Tournaments October 26
- Girls' Sectional Tournaments October 27
- State Tournament**
- Boys' State Tournament Semi-Finals- November 2
- Girls' State Tournament Semi-Finals- November 3
- Boys' State Soccer Finals-November 5
- Girls' State Soccer Finals-November 5

#### BOARD OF CONTROL PAY SCALE FOR SOCCER OFFICIALS

- REGULAR SEASON: \$50 per contest per official - two (2)-person crew; \$45 per contest per official - three (3)-person crew. NOTE: All varsity games shall be three-person crew.
- DISTRICT: \$50.00 per contest
- REGION: 55.00 per contest
- SECTION/SUB SECTION: \$60.00 per contest
- STATE: \$65.00
- The host school is responsible for the full complement of officials but shall work with the local assigning secretary if one is retained by the local policy board. The local regional policy board may approve a supplement for incidental expenses such as travel and mileage.
- Fees are to be paid within one week of the competition.

### 3) *Corresponding Dates*

#### KHSAA STANDARDIZED SCHEDULING CALENDAR SOCCER

School representatives scheduling soccer contests over the next several seasons can use the following comparative corresponding date chart to determine the applicable playing week of the season.					
Week	2009-2010	2010-11	2011-12	2012-13	2013-14
State	11/1-11/7 (18)	10/31-11/6 (18)	10/30-11/5 (18)	10/28—11/3 (18)	11/3-11/9 (18)
Section/Sub.	10/25-10/31 (17)	10/24-10/30 (17)	10/23-10/29 (17)	10/21—10/27 (17)	10/27-11/2 (17)
Region	10/18-10/24 (16)	10/17-10/23 (16)	10/16-10/22 (16)	10/14—10/20 (16)	10/20-10/26 (16)
District	10/11-10/17 (15)	10/10-10/16 (15)	10/9-10/15 (15)	10/7—10/13 (15)	10/13-10/19 (15)
Week 8	10/4-10/10 (14)	10/3-10/9 (14)	10/2-10/8 (14)	9/30—10/6 (14)	10/6-10/12 (14)
Week 7	9/27-10/3 (13)	9/26-10/2 (13)	9/25-10/1 (13)	9/23—9/29 (13)	9/29-10/5 (13)
Week 6	9/20-9/26 (12)	9/19-9/25 (12)	9/18-9/24 (12)	9/16—9/22 (12)	9/22-9/28 (12)
Week 5	9/13-9/19 (11)	9/12-9/18 (11)	9/11-9/17 (11)	9/9—9/15 (11)	9/15-9/21 (11)
Week 4	9/6-9/12 (10)	9/5-9/11 (10)	9/4-9/10 (10)	9/2—9/8 (10)	9/8-9/14 (10)
Week 3	8/30-9/5 (9)	8/29-9/4 (9)	8/28-9/3 (9)	8/26—9/1 (9)	9/1-9/7 (9)
Week 2	8/23-8/29 (8)	8/22-8/28 (8)	8/21-8/27 (8)	8/19—8/25 (8)	8/25-8/31 (8)
Week 1	8/16-8/22 (7)	8/15-8/21 (7)	8/14-8/20 (7)	8/12—8/18 (7)	8/18-8/24 (7)
1st Contest	8/17/09	8/16/10	8/15/11	8/13/12	8/19/13
Practice	7/15	7/15	7/15	7/15	7/15
<ul style="list-style-type: none"> <li>Schools should be mindful that these dates serve as a guide, but do not supercede the Limitation of Seasons with respect to starting dates and limits of games.</li> </ul>					

Bylaw 10 – Recruitment

Bylaw 11 – Practice of Sportsmanship

Bylaw 12 – Amateur/Awards

Bylaw 13 – Financial Aid

Bylaw 25 – Limitation of Seasons

Bylaw 26 – Summer Sports & Sports/Activities

Bylaw 27 – Requirements for coaches

Bylaw 33 – Imposition of Penalties

#### POST SEASON

- Part II test will be given only via the internet to all officials. Instructions will be mailed. Officials will have two weeks to complete the exam.
- Officials must score 80 for postseason. Exceptions will only be made in the case where there are not enough officials to assign.
- Only officials licensed with the Kentucky High School Athletic Association may officiate in the regional or state meet.
- The Commission shall assign all officials to region and state competitions.
- Only a Level 2 or 3 official may officiate the state tournament. Exceptions must be approved by the Commission.

#### DISQUALIFICATIONS REPORTED BY OFFICIALS

- Disqualifications will be reported via the KHSAA Website ([www.khsaa.org](http://www.khsaa.org)). The match official will click on the DQ Report Form and follow the instructions provided. The referee must continue to ensure that the schools are notified of any disqualifications.

#### COACHING EJECTIONS

- Any coach who is ejected from a contest will be suspended for **three (3)** matches. The suspension is in effect for three games at the level in which it occurred.

#### OTHER

- KHSAA web site, <http://www.khsaa.org/>
- Regular Season Contact – Michael Barren, [mbarren@khsaa.org](mailto:mbarren@khsaa.org)



# Kentucky High School Athletic Association

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## KENTUCKY MEDICAL ASSOCIATION / KENTUCKY HIGH SCHOOL ATHLETIC ASSOCIATION PROCEDURE FOR AVOIDING HEAT INJURY / ILLNESS THROUGH ANALYSIS OF HEAT INDEX AND RESTRUCTURING OF ACTIVITIES

Complete listing of support documents available at <http://www.khsaa.org/sportsmedicine/>

*Original Procedure Made by the Kentucky Medical Association Committee on Physical Education and Medical Aspects of Sports to and for the Kentucky High School Athletic Association and adopted by the KHSAA Board of Control as recommendation for all schools, May, 2002*

*On site Procedures Revised by KHSAA Board of Control, February 13, 2003*

*On site procedures further Revised and Made Mandatory for all schools by the KHSAA Board of Control, May, 2005*

*On site procedures further revised with respect to testing instruments, March, 2007*

### INTRODUCTION

Following months of study, after one year of implementation and in an effort to help protect the health and safety of student-athletes participating in high school sports, the Kentucky Medical Association Committee on Physical Education and Medical Aspects of Sports issued a recommended procedure to the Kentucky High School Athletic Association for immediate implementation in 2002. This procedure called for the determination of the Heat Index (using on site devices to measure Temperature and Relative Humidity), and a guideline for activity to be conducted at that time based on the Heat Index reading. Though other procedures and measurements were considered, the application of the Heat Index appeared to be most readily implementable on a state wide basis, and appeared to be reliably tested in other areas.

Through the first five years of use of the procedure, minor adjustments were made in the reporting requirements, and the on site devices to be used. In May, 2005, the Board of Control through its policies directed that all member school comply with the testing and reporting requirements. In October, 2006, the member schools of the Association overwhelming approved at their Annual Meeting, a proposal to make such reporting not simply a Board of Control policy, but a school supported and approved Bylaw as it approved Proposal 9 to amend KHSAA Bylaw 17 (full details are available at

<http://www.khsaa.org/annualmeeting/20062007/annualmeetingproposals20062007.pdf> )

In March, 2007, the Kentucky Medical Association Committee on Physical Education and Medical Aspects of Sports recommended the elimination of all devices with the exception of the Digital Sling Psychrometer as a means of measuring at the competition/practice site.

### GENERAL PROCEDURE

The procedure calls for the determination of the Temperature and Relative Humidity at the practice / contest site using a Digital Sling psychrometer. It is important to note that media-related temperature readings (such as the Weather Channel, local radio, etc.), or even other readings in the general proximity are not permitted as they may not yield defensible results when considering the recommended scale. The readings must be made at the site.

*Neither the KHSAA nor KMA has endorsed any particular brand of psychrometer and receives no endorsement fee or other consideration for any device sold. There are several models on the market that will properly perform the functions, including companies such as Medco and others. The KHSAA or your local Certified Athletic Trainer has easy access to catalogs with this type of equipment. In addition, the KHSAA web site has a variety of links to various dealers.*

### INDOOR AND OUTDOOR VENUES

While much of the original discussion concerning this package centered on outdoor sports, the Kentucky Medical Association Committee on Physical Education and Medical Aspects of Sports has advised the KHSAA that indoor sports, particularly in times of year or facilities where air conditioning may not be available, should be included in the testing. Such has been approved by the Board of Control as policy requirement. The recommendations contained in this package clearly cover both indoor and outdoor activity, as well as contact and non-contact sports.

### PROCEDURE FOR TESTING

Thirty (30) minutes prior to the start of activity, temperature and humidity readings should be taken at the practice / competition site.

The information should be recorded on KHSAA Form GE20 and these records shall be available for inspection upon request. All schools will be required to submit this form. For 2007, there will be online reporting for submitting this form.

The temperature and humidity should be factored into the Heat Index Calculation and Chart and a determination made as to the Heat Index. If schools are utilizing a digital sling psychrometer that calculates the Heat Index, that number may be used to apply to the regulation table.

If a reading is determined whereby activity is to be decreased (above 95 degrees Heat Index), then re-readings would be required every thirty (30) minutes to determine if further activity should be eliminated or preventative steps taken, or if an increased level of activity can resume.

Using the following scale, activity must be altered and / or eliminated based on this Heat Index as determined –

Under 95 degrees Heat Index	<ul style="list-style-type: none"> <li>❖ All sports               <ul style="list-style-type: none"> <li>➤ Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire.</li> <li>➤ Optional water breaks every 30 minutes for 10 minutes in duration</li> <li>➤ Ice-down towels for cooling</li> <li>➤ Watch/monitor athletes carefully for necessary action.</li> </ul> </li> </ul>
95 degrees to 99 degrees Heat Index	<ul style="list-style-type: none"> <li>❖ All sports               <ul style="list-style-type: none"> <li>➤ Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire.</li> <li>➤ Mandatory water breaks every 30 minutes for 10 minutes in duration</li> <li>➤ Ice-down towels for cooling</li> <li>➤ Watch/monitor athletes carefully for necessary action.</li> </ul> </li> <li>❖ Contact sports and activities with additional equipment               <ul style="list-style-type: none"> <li>➤ Helmets and other possible equipment removed while not involved in contact.</li> </ul> </li> <li>❖ Reduce time of outside activity. Consider postponing practice to later in the day.</li> <li>❖ Re-check temperature and humidity every 30 minutes to monitor for increased Heat Index.</li> </ul>
100 degrees to 104 degrees Heat Index	<ul style="list-style-type: none"> <li>❖ All sports               <ul style="list-style-type: none"> <li>➤ Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire.</li> <li>➤ Mandatory water breaks every 30 minutes for 10 minutes in duration</li> <li>➤ Ice-down towels for cooling</li> <li>➤ Watch/monitor athletes carefully for necessary action.</li> <li>➤ Alter uniform by removing items if possible</li> <li>➤ Allow for changes to dry t-shirts and shorts.</li> <li>➤ Reduce time of outside activity as well as indoor activity if air conditioning is unavailable.</li> <li>➤ Postpone practice to later in day.</li> </ul> </li> <li>❖ Contact sports and activities with additional equipment               <ul style="list-style-type: none"> <li>➤ Helmets and other possible equipment removed if not involved in contact or necessary for safety. If necessary for safety, suspend activity.</li> </ul> </li> <li>❖ Re-check temperature and humidity every 30 minutes to monitor for increased Heat Index.</li> </ul>
Above 104 degrees Heat Index	<ul style="list-style-type: none"> <li>❖ All Sports               <ul style="list-style-type: none"> <li>➤ Stop all outside activity in practice and/or play, and stop all inside activity if air conditioning is unavailable.</li> </ul> </li> </ul>

This procedure is to be used until such time as the temperature is below 80 degrees as no combination of heat and humidity at that level will result in a need to curtail activity. The KHSAA will use September 15 as the standard date for the return of the Heat Index forms but reminds its member schools that the monitoring shall continue until such a time that no combination of heat and humidity at that level will result in a need to curtail activity.

## SUMMARY

Though much more scientific information and other alternative methods for determining Heat Index and participation restrictions are being studied, these initial steps should help ensure the health and safety of the participants in high school sports. Adherence to these guidelines represents a conscious effort by the interscholastic community to emphasize health and safety on a much higher level than any loss of competitive preparation. Any further revisions or enhancements will be distributed to the members of the KHSAA.

# Heat Index Calculation and Chart

## Temperature (in Fahrenheit)

**Relative Humidity at Site**

	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99
100	84	87	91	95	99	103	107	112	116	121	126	132	137	143	149	155	161	168	174	181	188
99	84	87	91	94	98	102	106	111	116	120	125	131	136	142	147	153	160	166	172	179	186
98	84	87	90	94	98	102	106	110	115	120	124	130	135	140	146	152	158	164	171	177	184
97	84	87	90	94	97	101	105	110	114	119	124	129	134	139	145	151	157	163	169	176	182
96	83	87	90	93	97	101	105	109	113	118	123	128	133	138	144	149	155	161	167	174	180
95	83	86	90	93	97	100	104	108	113	117	122	127	132	137	142	148	154	160	166	172	179
94	83	86	89	93	96	100	104	108	112	116	121	126	131	136	141	147	152	158	164	170	177
93	83	86	89	92	96	99	103	107	111	116	120	125	130	135	140	145	151	157	162	169	175
92	83	86	89	92	95	99	103	106	111	115	119	124	129	133	139	144	149	155	161	167	173
91	83	86	89	92	95	98	102	106	110	114	118	123	127	132	137	143	148	154	159	165	171
90	83	86	88	91	95	98	102	105	109	113	117	122	126	131	136	141	147	152	158	164	170
89	83	85	88	91	94	98	101	105	109	113	117	121	125	130	135	140	145	151	156	162	168
88	83	85	88	91	94	97	101	104	108	112	116	120	125	129	134	139	144	149	155	160	166
87	83	85	88	91	94	97	100	104	107	111	115	119	124	128	133	138	143	148	153	159	164
86	83	85	88	90	93	96	100	103	107	110	114	118	123	127	132	136	141	146	152	157	163
85	83	85	87	90	93	96	99	102	106	110	113	117	122	126	130	135	140	145	150	155	161
84	82	85	87	90	93	96	99	102	105	109	113	117	121	125	129	134	139	144	149	154	159
83	82	85	87	90	92	95	98	101	105	108	112	116	120	124	128	133	137	142	147	152	158
82	82	85	87	89	92	95	98	101	104	108	111	115	119	123	127	132	136	141	146	151	156
81	82	84	87	89	92	94	97	100	104	107	110	114	118	122	126	131	135	140	144	149	155
80	82	84	86	89	91	94	97	100	103	106	110	113	117	121	125	129	134	138	143	148	153
79	82	84	86	89	91	94	96	99	102	106	109	113	116	120	124	128	133	137	142	146	151
78	82	84	86	88	91	93	96	99	102	105	108	112	115	119	123	127	131	136	140	145	150
77	82	84	86	88	90	93	96	98	101	104	108	111	115	118	122	126	130	135	139	144	148
76	82	84	86	88	90	93	95	98	101	104	107	110	114	117	121	125	129	133	138	142	147
75	82	84	85	88	90	92	95	97	100	103	106	109	113	116	120	124	128	132	136	141	145
74	82	83	85	87	89	92	94	97	100	103	106	109	112	116	119	123	127	131	135	140	144
73	82	83	85	87	89	91	94	96	99	102	105	108	111	115	118	122	126	130	134	138	143
72	82	83	85	87	89	91	93	96	99	101	104	107	111	114	117	121	125	129	133	137	141
71	81	83	85	87	89	91	93	96	98	101	104	107	110	113	116	120	124	127	131	136	140
70	81	83	85	86	88	90	93	95	98	100	103	106	109	112	116	119	123	126	130	134	138
69	81	83	84	86	88	90	92	95	97	100	102	105	108	111	115	118	122	125	129	133	137
68	81	83	84	86	88	90	92	94	97	99	102	105	108	111	114	117	121	124	128	132	136
67	81	83	84	86	88	90	92	94	96	99	101	104	107	110	113	116	120	123	127	131	135
66	81	82	84	86	87	89	91	93	96	98	101	103	106	109	112	115	119	122	126	129	133
65	81	82	84	85	87	89	91	93	95	98	100	103	105	108	111	114	118	121	125	128	132
64	81	82	84	85	87	89	91	93	95	97	99	102	105	108	110	114	117	120	123	127	131
63	81	82	84	85	87	88	90	92	94	97	99	101	104	107	110	113	116	119	122	126	130
62	81	82	83	85	86	88	90	92	94	96	98	101	103	106	109	112	115	118	121	125	128
61	81	82	83	85	86	88	90	91	93	96	98	100	103	105	108	111	114	117	120	124	127
60	81	82	83	84	86	88	89	91	93	95	97	100	102	105	107	110	113	116	119	123	126
59	81	82	83	84	86	87	89	91	93	95	97	99	102	104	107	109	112	115	118	122	125
58	81	82	83	84	85	87	89	90	92	94	96	99	101	103	106	109	111	114	117	120	124
57	80	81	83	84	85	87	88	90	92	94	96	98	100	103	105	108	111	113	116	119	123
56	80	81	83	84	85	86	88	90	92	93	95	98	100	102	105	107	110	113	115	118	122
55	80	81	82	84	85	86	88	89	91	93	95	97	99	101	104	106	109	112	114	117	120
54	80	81	82	83	85	86	87	89	91	93	94	96	99	101	103	106	108	111	114	116	119
53	80	81	82	83	84	86	87	89	90	92	94	96	98	100	103	105	107	110	113	116	118
52	80	81	82	83	84	86	87	88	90	92	94	96	98	100	102	104	107	109	112	115	117
51	80	81	82	83	84	85	87	88	90	91	93	95	97	99	101	104	106	108	111	114	116
50	80	81	82	83	84	85	86	88	89	91	93	95	97	99	101	103	105	108	110	113	115
49	80	81	82	83	84	85	86	88	89	91	92	94	96	98	100	102	105	107	109	112	115
48	80	81	81	82	84	85	86	87	89	90	92	94	96	97	100	102	104	106	109	111	114
47	80	81	81	82	83	85	86	87	88	90	92	93	95	97	99	101	103	105	108	110	113
46	80	80	81	82	83	84	86	87	88	90	91	93	95	96	98	100	103	105	107	109	112
45	80	80	81	82	83	84	85	87	88	89	91	92	94	96	98	100	102	104	106	109	111
44	80	80	81	82	83	84	85	86	88	89	91	92	94	96	97	99	101	103	106	108	110
43	79	80	81	82	83	84	85	86	87	89	90	92	93	95	97	99	101	103	105	107	109
42	79	80	81	82	83	84	85	86	87	88	90	91	93	95	96	98	100	102	104	106	109
41	79	80	81	82	82	83	85	86	87	88	90	91	93	94	96	98	100	101	104	106	108
40	79	80	81	81	82	83	84	85	87	88	89	91	92	94	95	97	99	101	103	105	107

Under 95 degrees Heat Index	<ul style="list-style-type: none"> <li>All sports</li> <li>Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire.</li> <li>Optional water breaks every 30 minutes for 10 minutes in duration</li> <li>Ice-down towels for cooling</li> <li>Watch/monitor athletes carefully for necessary action.</li> </ul>
95 degrees to 99 degrees Heat Index	<ul style="list-style-type: none"> <li>All sports</li> <li>Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire.</li> <li>Mandatory water breaks every 30 minutes for 10 minutes in duration</li> <li>Ice-down towels for cooling</li> <li>Watch/monitor athletes carefully for necessary action.</li> <li>Contact sports and activities with additional equipment</li> <li>Helmets and other possible equipment removed if not involved in contact.</li> <li>Reduce time of outside activity. Consider postponing practice to later in the day.</li> <li>Re-check temperature and humidity every 30 minutes to monitor for increased Heat Index.</li> </ul>

100 degrees to 104 degrees Heat Index	<ul style="list-style-type: none"> <li>All sports</li> <li>Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire.</li> <li>Mandatory water breaks every 30 minutes for 10 minutes in duration</li> <li>Ice-down towels for cooling</li> <li>Watch/monitor athletes carefully for necessary action.</li> <li>Alter uniform by removing items if possible</li> <li>Allow for changes to dry t-shirts and shorts.</li> <li>Reduce time of outside activity as well as indoor activity if air conditioning is unavailable.</li> <li>Postpone practice to later in day.</li> <li>Contact sports and activities with additional equipment</li> <li>Helmets and other possible equipment removed if not involved in contact or necessary for safety. If necessary for safety, suspend activity.</li> <li>Re-check temperature and humidity every 30 minutes to monitor for increased Heat Index.</li> </ul>
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**Kentucky Medical Association  
Medical Aspects of Sports Committee  
Recommendation to the Kentucky High School Athletic  
Association and KHSAA Member Schools**



**RECOMMENDATIONS FOR COOLING METHODS DUE TO  
HEAT RELATED ILLNESS**

Released: June, 2009

Exertional heat stroke (EHS) is relatively uncommon among exercise associated medical conditions, but is a frequent cause of exercise related death. 3 athletes have died of EHS in Kentucky in the past 5 years. The majority of medical evidence shows that early institution of body cooling is the most effective method of decreasing mortality in EHS. This paper contains recommendations regarding the methods of body cooling, including tubs, ice bags, iced towels (towels with water that have been frozen) water, fans, and shade. The recommendations are classified as essential (foundational to the implementation of treatment, should have resources and personnel directed towards implementation), and desirable (important in maximal implementation, should have resources and personnel directed towards implementation as budget and resources allow). The recommendations are only guidelines, are not intended as a standard of care, and should not be considered as such. These guidelines should be considered in the care of athletes who can be expected to be at risk of EHS due to the sport or the environmental situation of the activity. Sports especially at risk include football with and without equipment, soccer, and long distance track. Other sports and activities, such as cycling, golf, baseball, tennis, track and field, and band, may also be at risk due to long duration exposure to extreme environmental conditions.

It is essential that the school and school officials:

- Establish a written plan for emergency treatment of EHS, and conduct drills in the implementation of the plan
- Know how to assess environmental conditions and determine when extreme conditions exist
- Identify a specific spot at the athletic facility that has shade
- Have immediate access to ice and bags to contain ice
- Have access to water, and provide water breaks as outlined in the KMA/KHSAA Heat Illness and Prevention Policy
- Know the most effective sites for application of ice to the body

It is highly desirable that the school and school officials

- Obtain and use, when environmental conditions are determined to be extreme, a tub or pool, filled with water and ice before practice or game, to be used in body immersion for maximal cooling, and how have personnel trained in this technique.

It is desirable that schools and school officials:

- Have a certified athletic trainer (AT,C) on staff to develop and implement these guidelines
- Have immediate access to water
- Provide shade breaks
- Provide fans when environmental conditions are determined to be extreme
- Have close access to an air conditioned room
- Have access to and use iced towels that can be rotated to appropriate areas of the body, including the axilla, groin, and back of the neck

#### REFERENCES

1. Binkley HM et al. NATA Position statement: Exertional heat illness. J Ath Training 2002; 37: 329- 343.
2. Casa DJ et al. Survival strategy: Acute treatment of exertional heat stroke. J Strength Conditioning Res 2006; 20: 462.
3. Armstrong LE et al. ACSM position stand: Exertional heat illness during training and competition. Med Sci Sports Exerc 2007; 41: 556- 572

# **THE ROLE OF THE HOME TEAM, OFFICIALS AND COACHES IN THE PRACTICE OF SPORTSMANSHIP AT SOCCER CONTESTS**

## **Background**

The practice of good sportsmanship is integral to conducting an interscholastic athletic contest. After reviewing past records of disqualifications and sportsmanship issues involving the KHSAA and its member schools, the KHSAA Board of Control has adopted the following recommended procedures for implementation at contests in the sport of soccer.

## **Home Game Management Responsibilities**

- ♦ The Principal of the home team shall designate a game manager on site prior to the start of each contest at a time designated by the KHSAA.
- ♦ The home game manager will participate in the pre-game meeting, make the officials aware of his/her primary location, and remain on site for the entire contest.
- ♦ The home game manager will assume responsibility for all aspects of crowd control such as ensuring that only authorized personnel are allowed in the team bench area.
- ♦ The home game manager will make sure that all fans remain at least ten yards from the playing area.
- ♦ Unruly or disruptive fans will be escorted from the facility by the home game manager when necessary.
- ♦ The home game manager is responsible for providing proper security at each event.
- ♦ The home game manager shall identify a safe and secure area for officials to change before and after each contest whenever possible.
- ♦ The home game manager shall ensure that officials are safely escorted from the playing field after each contest.
- ♦ The home game manager shall have an emergency action plan in place to deal with any unusual circumstances.

## **Official Responsibilities**

- ♦ There will be three officials assigned to every varsity contest.
- ♦ Officials shall arrive at the game site no later than fifteen minutes prior to the start of the contest. In the event that the official is running late to a contest he/she will do his best to communicate with home game management via telephone.
- ♦ Prior to the start of each contest, officials shall limit interaction with coaches and players of either team.
- ♦ The official shall conduct a pre-game meeting to include both head coaches, team captains, and the home game manager.
- ♦ During the pre-game meeting the official will acknowledge his/her understanding of the Officials Code of Conduct printed in the NFHS Soccer Rules Book.
- ♦ Prior to the start of every contest, the official shall read the NFHS Sportsmanship Statement in the presence of coaches, team captains, and home game manager.
- ♦ Before, during, and after each contest officials will avoid unnecessary dialogue with coaches and players and fans.

- ♦ Officials will avoid any interaction/dialogue with fans and spectators at all times. Officials will ignore as much as possible, commentary made from fans except in the case that it affects the official's ability to manage the contest, or threatens in any manner, the health, safety or welfare of any participant, coach, official or other related party to the contest.
- ♦ The official has the right to temporarily suspend a contest if a situation arises that requires the home game manager to remove unruly fans, coaches, or players, from the site.

### **Coaches' Responsibilities**

- ♦ Both head coaches shall attend the pre-game meeting.
- ♦ During the pre-game meeting both head coaches will acknowledge their understanding of the Coaches Code of Conduct printed in the NFHS Soccer Rules Book.
- ♦ It is the responsibility of the head coach to insure that all of his/her players are safely and properly equipped prior to the start of each contest in compliance with the playing rules.
- ♦ Coaches will avoid unnecessary dialogue with officials, before, during, and after each contest.
- ♦ Coaches will avoid any interaction/dialogue with fans and spectators at all times and will avoid any unnecessary dialogue with officials.
- ♦ The head coach is responsible for managing his/her bench area and the conduct of all parties within that area.
- ♦ The head coach is responsible for emphasizing a philosophy of good sportsmanship to his/her team, his assistant coaches, and all other team personnel such as managers and trainers.
- ♦ The head coach is responsible for conducting a pre-season meeting with all parents/fans/participants to ensure they understand what the expectations are in regards to behavior at all contests.

### **Soccer Ejections**

- ♦ An ejection is a formal disciplinary action requiring specific procedures to be followed that include the display of a red card. An ejection also requires that a misconduct report be written by the referee and submitted to the governing sports authority. Any player, coach, team official or participant listed on the official roster who violates the rules of conduct may be ejected. The referee shall eject from the game a player, who cannot be replaced, a coach or any team representative if that individual:
  - Engages in hostile or abusive language or harassment that refers to race, religion, sex, sexual orientation or national origin, or other abusive, threatening or obscene language, behavior or conduct.
  - Engages in physical contact with game officials or opponents with the intent to harm. Any threat of physical intimidation or harm, including hitting, pushing, shoving, spitting, and/or kicking will not be tolerated.
  - Any type of language or behavior that in the judgment of the official can be viewed as taunting or dissent.
- ♦ The KHSAA reserves the right to increase the number of contests a player or coach must sit out after his/her ejection above the minimum requirement depending upon the nature of the disqualification.

2011 SOCCER RULES CLINIC



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KHSAA BYLAW REMINDERS FOR COACHES AND OFFICIALS

**Welcome and Review**

KHSAA Soccer Clinic Handout


- <http://www.khsaa.org/soccer/clinichandout.pdf>



National Federation of State High School Associations



Kentucky High School Athletic Association



*KHSAA Policy Related to Concussions in Sports*



Julian Tackett, Commissioner  
KHSAA

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KHSAA CONCUSSION PROTOCOL FOR COACHES AND OFFICIALS

**Evolution**



- Research has been ongoing, national research and interest in concussions has reached all time high
- High profile college and professional athlete cases brought the issue to the forefront
- NFHS Sports Medicine Committee now weighed in on issue, with recommendations for all sports
- NFHS has committee with 17 individuals from throughout the country with a wide variety of backgrounds

KHSAA CONCUSSION PROTOCOL FOR COACHES AND OFFICIALS

**Evolution**

- NFHS Sports Medicine Committee has access to and relies on the data from Dr. Dawn Comstock, Ohio State, and the High School RIO™ data system through the Center for Injury Research and Policy
- *The Sports Medicine Advisory Committee (SMAC) shall advise the National Federation of State High School Associations (NFHS) concerning sports medicine issues as they relate to rules writing, as well as the other programs and services of the NFHS. It will monitor and disseminate current information to the NFHS and its membership relative to the sports medicine field. Through this committee, the NFHS will work to educate its constituency concerning sports medicine issues. The committee will proactively address health and risk management issues of general concern to the NFHS membership.*

**FREE COURSE!** Concussion in Sports What You Need to Know

point of Post Emphasis



Concussions are of concern in high school sports for two main reasons. First, the adolescent brain is particularly vulnerable to sustaining a concussion and it also takes longer for their brain to heal following a concussion. Secondly, some high schools do not have access to an on-site team physician or athletic trainer. Thus, the coach must be responsible for the health and safety of his or her team.

## KHSAA CONCUSSION PROTOCOL FOR COACHES AND OFFICIALS

### Implementation

- NFHS Board of Directors considered recommendations and adopted for 2010-11 in all sports with directive to states to implement local policies
- Baseline defined a concussion as a brain injury that results in a temporary disruption of normal brain function
- A concussion occurs when the brain is violently rocked back and forth or twisted inside the skull as a result of a blow to the head or body



Athletes with continued concussion symptoms are at significant risk for recurrent, cumulative and even catastrophic consequences of a second concussive injury. Continued focus on both the initial AND subsequent injuries!

Point of Emphasis

## Concussions



Pages similar to this, in all NFHS Rules Books based on CDC signs and symptoms listing



See Appendix B on Page 96 of the 2011 NFHS Football Rules Book or appropriate page in other NFHS Rules Books

## KHSAA CONCUSSION PROTOCOL FOR COACHES AND OFFICIALS

### Implementation

- This policy is in place until further revised following consultation with the Kentucky Medical Association, Committee on Medical Aspects of Sports, Dr. James "Pete" Bowles, Madisonville, Chair
- NFHS playing rules require coaches and officials to remove athletes from play if the athlete displays signs and symptoms of a concussion (printed in each NFHS rules book)



Playing Rules determine minimum time out of game for review

## KHSAA CONCUSSION PROTOCOL FOR COACHES AND OFFICIALS

### Officials Role related to Concussion

- Officials should say "Coach, please evaluate this player" unless absolutely certain that a concussion has occurred
- The sole role of the game official is to observe signs and symptoms to determine if an athlete needs to leave the game
- Remember role that officials are independent contractors!
- The official is not involved in further medical decisions unless required by law (i.e. licensed first responder)
- The officials are to be vigilant in observing student-athletes and may in fact have to send the same student out of the contest more than once
- Sports specific rules (i.e. injury / recovery time in wrestling) still apply under this policy



### Concussion Management Rule 2-8-5; 3-3-8

A. Injured player directed to leave game  
 B. Cleared by appropriate health-care professional  
 C. Re-enters game

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## KHSAA CONCUSSION PROTOCOL FOR COACHES AND OFFICIALS

### Implementation

- When athlete is deemed to have signs/symptoms of concussion at practice of a contest, an M.D., D.O., A.P.R.N., A.T.C. or P.A. may make the final determination as to whether or not an athlete has been concussed
- If athlete has been concussed as diagnosed by one of these medical professionals, there is no further play that day regardless of improvement or change in symptoms
- Coaches, if there is not an authorized health care provider at the contest, and these symptoms are displayed, are to assume the athlete has a concussion with respect to this rule if these signs and symptoms are observed



## KHSAA CONCUSSION PROTOCOL FOR COACHES AND OFFICIALS

### Implementation

- An athlete who has been concussed as diagnosed by one of these medical professionals may not return to play on subsequent days without written authorization from an M.D. or D.O.
- No other medical professional may make this decision
- While there is no prescribed form for this permission, whatever written method is used must be given to school administration by the physician. A copy should be given to the coach and maintained on file



## KHSAA CONCUSSION PROTOCOL FOR COACHES AND OFFICIALS

### Implementation

- In the case of multiple day events, the designated on-site physician shall make return to play decisions for future events and that decision (if not to allow play), is not appealable to any other medical party
- Never may an athlete return the same day
- For KHSAA multiple day events, if a concussion is diagnosed by the authorized medical providers, the athlete will not be able to return to play until at least the second day following the incident, and then only with written approval by the designated on-site medical practitioner the event



## KHSAA CONCUSSION PROTOCOL FOR COACHES AND OFFICIALS

### KHSAA Concussion Requirements and Protocol

- It is and always has been the role and responsibility of the coach to determine if an athlete is fit to play, even when not concussed. This is especially critical at contests with no medical coverage
- When in doubt, they sit out!



## KHSAA CONCUSSION PROTOCOL FOR COACHES AND OFFICIALS

### Wrap Up

- High school level has always been leader in health and safety
- KHSAA looking to partner with other stakeholders to enact legislation to memorialize KHSAA requirements, and apply to all levels of youth sport
- Safety of participants is fundamental to rules and policy writing
- Safety must remain paramount, regardless of impact on winning and losing
- Health of Students ALWAYS first



## KHSAA CONCUSSION PROTOCOL FOR COACHES AND OFFICIALS

### External References

- KHSAA Sports Medicine Information, <http://www.khsaa.org/sportsmedicine>
- NFHS Sports Medicine Handbook, 4<sup>th</sup> Edition, available to be ordered online at <http://www.nfhs.org/content.aspx?id=3281>
- NFHS Learning Center, Free Concussion Education Course, <http://www.nfhslearn.com/electiveDetail.aspx?courseID=15000>
- High School RIO (Reporting Information Online™) at Ohio State University, <http://www.injuryresearch.net/highschoolrio.aspx>



Kentucky High School  
Athletic Association



## HEAT INDEX ACTIVITY CESSATION AND ACCLIMITIZATION POLICY

## KHSAA Heat Index Rules

- History
  - Began Work in 2001 following death of Vikings Lineman Korey Stringer
  - KHSAA Heat Deaths at least three times in early 2000s, most in preseason football
- Kentucky climate and land mass makeup leave little areas for heat dissipation, 90,000 miles of streams, creeks and rivers includes some 681 square miles of water, exaggerating heat in times of high humidity
- Particular problems near Mississippi and Ohio River confluence at Land Between the Lakes, and along Ohio River (placed like Henderson, Louisville, Northern Kentucky)



## KHSAA Heat Index Rules

- Original Procedure Drafted by staff in conjunction with KMA
- Adopted by the KHSAA Board of Control as recommendation for all schools, May, 2002
- On site Procedures Revised by KHSAA Board of Control, February 13, 2003
- On site procedures further Revised and Made Mandatory for all schools by the KHSAA Board of Control, May, 2005
- On site procedures further revised with respect to testing instruments, March, 2007
- Cooling Procedures Modified as Recommended by Kentucky Medical Association, June, 2009
- Heat Index Expanded to Spring Sports, August, 2010



## KHSAA Heat Index Rules Basic Principles

- Take heat and humidity readings at practice/game site and adjust if necessary
- Change in preseason football rules following development and adoption of NCAA Division III Model in 2003
- Report on site data to KHSAA on adopted forms (initial enforcement was failure to submit forms)
- Membership eventually adopted as a rule
- Use of digital sling psychrometer only (not web site, not weather channel, not other devices)
- Though digital sling not gold standard, unable to obtain wet bulb globe conversion charts at the time
- Applies equally to inside sports in un-air conditioned facilities



## KHSAA Heat Index Rules Basic Principles

- Complete chart of information (including forms) available online at [www.khsaa.org/sportsmedicine](http://www.khsaa.org/sportsmedicine)
- Fall recording period from July 15 to September 15, reports due immediately afterward
- Spring recording period starts April 15 through elimination of tournament play
- Many times, if heat index low enough, report will simply be that temperature was below 83 degrees and no other entry necessary



## KHSAA Heat Index Rules Under 95 degrees HI

- Water should always be available and athletes be able to take in as much water as they desire
- Optional water breaks every 30 minutes for 10 minutes in duration to allow hydration as a group
- Have towels with ice for cooling of athletes as needed
- Watch/monitor athletes carefully for necessary action
- Re-check temperature and humidity every 30 minutes if temperature rises in order to monitor for increased Heat Index
- Watch/monitor athletes carefully for necessary action
- Re-check temperature and humidity every 30 minutes if temperature rises in order to monitor for increased Heat Index



## KHSAA Heat Index Rules 95 to 99 degrees HI

- Water should always be available and athletes should be able to take in as much water as they desire
- Mandatory water breaks every 30 minutes for 10 minutes in duration to allow for hydration as a group
- Have towels with ice for cooling of athletes as needed
- Watch/monitor athletes carefully for necessary action
- Contact sports and activities with additional required protective equipment
  - Helmets and other equipment should be removed when athlete not directly involved with competition, drill or practice and it is not otherwise required by rule



### *KHSAA Heat Index Rules 95 to 99 degrees HI*

- Reduce time of outside activity. Consider postponing practice to later in the day
- Re-check temperature and humidity every 30 minutes to monitor for increased Heat Index



### *KHSAA Heat Index Rules Above 99 to 104 degrees HI*

- Water should always be available and athletes should be able to take in as much water as they desire
- Mandatory water breaks every 30 minutes for 10 minutes in duration to allow for hydration as a group
- Have towels with ice for cooling of athletes as needed
- Watch/monitor athletes carefully for necessary action
- Alter uniform by removing items if possible and permissible by rules
- Allow for changes to dry t-shirts and shorts by athletes at defined intervals
- Reduce time of outside activity as well as indoor activity if air conditioning is unavailable



### *KHSAA Heat Index Rules Above 99 to 104 degrees HI*

- Postpone practice to later in day
- Contact sports and activities with additional required protective equipment (football, baseball, softball)
  - If helmets of other protective requirement are required to be worn by rule or normal practice, suspend practice or competition immediately
- For sports that do not have mandatory protective equipment, reduce time of outside activity and consider postponing practice to later in the day
- Re-check temperature and humidity every 30 minutes to monitor for changes in Heat Index



### *KHSAA Heat Index Rules Above 104 degrees HI*

- Stop all outside activity in practice and/or play, and stop all inside activity if air conditioning is unavailable



### *KHSAA Heat Index Rules Conclusion*

- **Wrap Up**
  - High school level has always been leader in health and safety
  - Safety must remain paramount, regardless of impact on winning and losing
  - Health of Students ALWAYS first



National Federation of State  
High School Associations



## *NFHS Soccer Rules Changes*




2011-12  
**SOCCER**  
RULES BOOK

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**Number of Players**  
Rule 3-1-3


Team Roster			Union City Eagles		
John Smith	14	F			
Bill Jones	10	M			
Joe White	8	D			
<del>Sam Baker</del>	<del>1/21</del>	<del>K</del>			
Tom Green	3	F			
Mike Johnson	4	D			
Jacob Hansen	6	F			
Lucias Brown	10	M			
Kevin Redman	9	D			
Tim Leonard	2	F			
Kyle Black	13	M			



Each team shall submit a team roster, containing the first and last names and numbers of all players. ... Goalkeepers may have two numbers listed on the roster, a goalkeeper's number and a field player's number (Rule is now in line with 6-3-2a).

REFEREE

**Required Equipment**  
Rule 4-1-1i3



The shorts or pants and socks of the goalkeeper are not required to be the same color as his/her teammates. ...

REFEREE

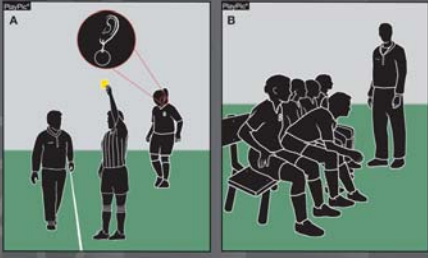
**Required Equipment**  
Rule 4-1-3 (new)



It is recommended that substitutes wear distinguishing pinnies when warming up outside of the team area.

REFEREE

**Coaches' Responsibilities**  
Rule 4-3



The player who has not been cautioned must be removed and may be replaced at the time of the caution to the coach.

REFEREE

**Misconduct**  
Rule 12-8-1f(10) and (11) (new)




With no change to the interpretation, an additional two reasons to display a caution card were added under unsporting conduct.

- Player who displays reckless play.
- Illegally equipped player, per 4.3.

REFEREE

**Misconduct**  
Rule 12-8-1f(12) (new)



"... any delayed, excessive or prolonged act(s) by which a player(s) attempts to focus attention upon himself/herself and/or prohibits a timely restart of the game."  
Those exact words were moved from 12-8-2a ("yellow/red disqualification") to 12-8-1f 12 (caution).

REFEREE

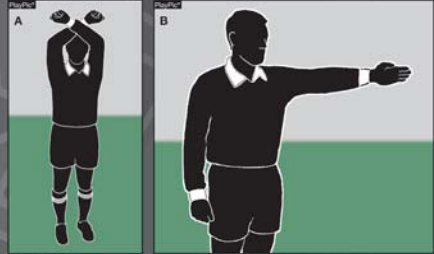
**Reckless Play**  
Rule 18-1-1ff (new)



**Definition:** The player has acted with complete disregard of the danger to, or consequences for, the opponent. A player who displays reckless play shall be cautioned.

**NFHS Official Soccer Signals**  
New Signal


**Goal**



Stop clock      Goal

National Federation of State High School Associations

**NFHS Soccer**  
*Points of Emphasis*



2011-12  
**SOCCER**  
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**Concussion Management**  
Substitutions - Rule 3-3-1c3



10:08 a.m.      3:00 p.m.

Any player who exhibits signs, symptoms, or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from the contest and shall not return to play until cleared by an appropriate health-care professional. (Please see NFHS Suggested Guidelines for Management of Concussion).

**POINT OF EMPHASIS** *Concussion Recognition and Management*

Appendix B      2011 NFHS Football Rules      Page 98

**Suggested Guidelines for Management of Concussion**

A concussion is a traumatically induced injury that affects the entire brain function. An athlete should not have a second concussion. See Appendix C for more information on concussions.

**Common Symptoms of Concussions Include:**


- Headache
- Nausea
- Difficulty concentrating
- Loss of consciousness
- Memory impairment
- Irritability
- Loss of energy, fatigue
- Dizziness, glassy eyes
- Blurred vision
- Sensitivity to light and sounds
- Mood changes - irritability, anxiety or lack of interest
- Speech is slurred or slowed
- Confusion about assignment
- Poor play
- Slurred or double vision
- Loss of balance
- Slowed reaction time
- Slowed reflexes or personality changes

**Suggested Concussion Management:**

1. An athlete should return to play (RTPI) or practice on the same day of a concussion.
2. An athlete suspected of having a concussion should be removed from an appropriate health-care professional that day.
3. An athlete with a concussion should be medically cleared by an appropriate health-care professional prior to reentering participation in any practice or competition.
4. After medical clearance, RTPI should follow a step-wise protocol with appropriate health-care professional and should not return to play until cleared.

For further details please see the "NFHS Suggested Guidelines for Management of Concussion" at www.nfhs.org.

January 2011



**NFHS** **Elbows**  
Spitting, Kicking, Striking - Rule 12-1-1



Such misconduct can produce serious injuries and, if allowed, can threaten the integrity of the game.

**Player Equipment**  
Coaches' Responsibilities - Rule 4-3

Coaches, as the adult leaders of the team, must work with their players *and* officials to ensure that player equipment is safe and legal.

**Handling**  
Rule 12-2, 18-1-1q

Concern has been expressed that the infraction is not being called properly.

**Concussion in Sports – What You Need To Know**

When in doubt, sit them out!

**NFHS Officials Association Central hub**  
[www.nfhs.arbitrersports.com](http://www.nfhs.arbitrersports.com)

- Sport information
- Rules information
- Rules library
- Searchable rules book
- Video content on officiating sport, competition situations and interpretations

National Federation of State High School Associations

**NFHS Soccer**  
*Major Editorial Changes*

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**NFHS Soccer**  
*Major Editorial Changes*

1-4-1	If used on a football field, the front of the portable goals should be at least 2 yards in front of the base of the existing football goalposts.
3-3-1c2	A player, including the goalkeeper, who is injured and attended to on the field or who is deemed injured by the referee shall leave the field and may be replaced.
3-6-1	Change Section 6 title to Excessive Player Changes
4.1.1 Situation D	RULING: Legal. Striped jerseys are permissible for the visiting team as long as the predominant color is dark. Jerseys with equal sized stripes, that have both dark and white stripes, do not have a predominant dark color and would be illegal.

NFHS Soccer Major Editorial Changes	
4-2-1f	knee braces which are altered from the manufacturer's original design/production. Knee braces that are unaltered are legal and do not require any additional padding;
4-2-1g	ankle braces which are altered from the manufacturer's original design/production. Non-metal ankle braces that are unaltered are legal and may be worn outside a sock. Ankle braces of metal or unyielding material that are unaltered are legal if covered by a sock.
4-2-1h (new)	helmets, hats, caps or visors.

KHSAA  
NFHS

NFHS Soccer Major Editorial Changes	
4-2-5	All permissible artificial limbs must be padded with a closed-cell, slow recovery foam padding no less than a ½-inch thick. Note: Each state association may, in keeping with applicable laws, authorize exceptions to NFHS playing rules to provide reasonable accommodations to individual participants with disabilities and/or special needs, as well as those individuals with unique and extenuating circumstances. The accommodations should not fundamentally alter the sport, allow an otherwise illegal piece of equipment, create risk to the athlete/others or place opponents at a disadvantage.
5-3-2e	Have the authority to suspend play or terminate the game whenever the elements, spectators or other causes require; (7-1-3)
5.3.2 Situation B	RULING: In (a), (b) and (c), no winner is declared by the official and all conditions regarding the incident shall be reported to the proper authorities in writing. (5-4-1)

KHSAA  
NFHS

NFHS Soccer Major Editorial Changes	
6-3-2a	verify that each team's complete roster (first and last name and number of each player and substitute) is submitted at least five minutes prior to the kickoff;
12.8.3 Situation E	RULING: Illegal in (a) or (b) and the offending player is disqualified for serious foul play whether or not a goal is subsequently scored. Penalty in (a) will be a direct free kick and in (b) a penalty kick unless a goal was scored, in which case a kick off will be the restart.
NFHS Official Soccer Signals, #8	Corner Kick (point to corner)
Rules Comparison	The 2011-12 rules book will contain an updated comparison of the major differences among NFHS and NCAA rules and FIFA laws.

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NFHS

## NFHS Soccer Rules Book Reminders



2011-12 SOCCER RULES BOOK

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NFHS

### Substitutions

Rule 3-3-1c2



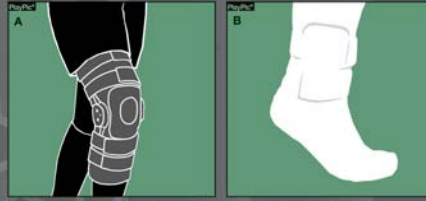
A player, including the goalkeeper, who is injured and attended to on the field or who is deemed injured by the referee shall leave the field and may be replaced.

REFEREE

NFHS

### Other Equipment

Rule 4-2-1f, g, h (new)



Unaltered knee brace      Metal ankle brace covered by sock

f. Knee braces which are altered from the manufacturer's original design/production. Knee braces that are unaltered do not require any additional padding.  
g. Ankle braces which are altered from the manufacturer's original design/production. Non-metal ankle braces that are unaltered may be worn outside a sock. Ankle braces of metal or unyielding material that are unaltered are legal if covered by a sock.  
h. Re-lettered "g".

REFEREE

## NFHS Official Soccer Signals

NFHS Official Soccer Signals

Page: 103

## NFHS Assistant Referee Signals

NFHS Soccer Rules  
Assistant Referee Signals

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## Current Team Uniform Requirements Front

<sup>1</sup> manufacturer's logo 2 1/2 square inches is permitted on each item (visible anywhere on the uniform)

**Front of Uniform Options**

All jersey's (except goalkeepers) shall be numbered on the front with a different Arabic number at least 4 inches in height

This number must be placed on the jersey or short

Page: 21

Home team shall wear white or light jerseys and socks  
Visiting team shall wear dark jerseys and socks

## Current Team Uniform Requirements Back

All jersey's (except goalkeepers) shall be numbered on the back with a different Arabic number at least 6 inches in height

**Back of Uniform**

Page: 21

Shoes must be worn by all participants

Both socks shall be the same color, with a single dominant color, but not necessarily the color of the jersey

## Required Equipment Rule 4-1-1b

EFFECTIVE 2013 FALL SEASON

**A**

**B**

**C**

The home team shall wear solid white jerseys and solid white socks and the visiting team shall wear dark jerseys and socks.

REFeree

Frame 3

## Illegal Home Team Uniforms Starting Fall 2013

Color Side Panels and Color Piping

## Legal Home Team Uniforms Starting Fall 2013

KHSAA  
NFHS

## Required Equipment Rule 4-1-1i1

EFFECTIVE 2012 FALL SEASON

All team jerseys must have a different Arabic number, including goalkeeper jerseys.

REFeree  
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Frame 4

## Required Equipment Rule 4-1-1

REFeree

MEETS  
NOCSAE

SPECIFICATIONS®

5' 3" – 5' 9"

BEGINNING FALL 2012

Beginning with the 2012 fall season, the front of the shinguard must be permanently marked with the NOCSAE seal and the height standards for that guard.

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Frame 4

## TOURNAMENT RULE CHANGES AND REMINDERS

### Limitation of Seasons

- Contests shall be scheduled so that there are not four consecutive days of competition on any Monday through Thursday period while school is in session.
- There shall be no more than two (2) scrimmages or practice games prior to the first regular season contest of that year.
- The first match shall not take place prior to the Monday of Corresponding Week 7. ( August 15<sup>th</sup> 2011 )
- The season shall consist of a maximum of twenty-one (21) games to be played prior to the beginning of KHSAA state championship competition (district).

KHSAA

## TOURNAMENT RULE CHANGES AND REMINDERS

### OVERTIME PROCEDURES

- Tied games (Regular Season) "the game shall end tied".
- Tied games in Progression Events (Regular Season) "Following five kicks for each team, the team" .....
- Tied games (Post-Season, All Rounds) "two five-minute sudden-victory overtime periods"... "If the score remains tied, five kicks for each team..."
- <http://www.khsaa.org/soccer/postseasonovertimeprocedures.pdf>

KHSAA

## TOURNAMENT RULE CHANGES AND REMINDERS

### Tournament Host Sites

**District Sites**  
<http://www.khsaa.org/soccer/district.html>

**Regional Sites**

- For the boys' regional tournaments in even numbered years, the host shall be the district winner in the even numbered district. This pattern will rotate in odd numbered years.
- For the girls' regional tournaments in even numbered years, the host shall be the district winner in the odd numbered district. This pattern will rotate in odd numbered years.

**Sub-Section**

- The boys' and girls' sub section pairings can be found in the KHSAA Handbook. <http://www.khsaa.org/handbook/>

KHSAA

## TOURNAMENT RULE CHANGES AND REMINDERS

### Tournament Host Sites

#### Sectional

- The sectional tournament shall be single elimination. In the Sectional, Sub-Section 1 plays Sub-Section 2 for Section 1; Sub-Section 3 plays Sub-Section 4 for Section 2, Sub-Section 5 plays Sub-Section 6 for Section 3 and Sub-Section 7 plays Sub-Section 8 for Section 4. The winner of each sectional will advance to the state tournament.

#### State

- The state pairings shall alternate matches between sections in accordance with an adopted rotation.
- 2011: Boys 1 vs. 3 and 2 vs. 4      Girls 1 vs. 2 and 3 vs. 4
- The Board of Control shall determine the site of the state finals after receiving the Commissioner's recommendation, and shall be guided by necessary hotel facilities, playing facilities, and community/area support.



## 2011 SOCCER RULES CLINIC



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