

**PANNELL SWIM SHOP/KHSAA STATE SWIMMING AND DIVING CHAMPIONSHIPS 2009-2010**

DATE: Friday and Saturday, February 12 & 13, 2010

SITE: University of Louisville, Ralph Wright Natatorium 2216 South Floyd Street, Louisville, Kentucky 40208

TIME SCHEDULE:

**Thursday, February 11, 2010- Warm Up Schedule**

Doors open 3:45 p.m. Warm-ups for swimmers and divers only.

The Ralph Wright Natatorium will be available to swimmers and divers to workout according to the following schedule:

4:00 p.m. - 5:00 p.m. - Region 2

5:00 p.m. - 6:00 p.m. - Region 3

6:00 p.m. - 7:00 p.m. - Region 4

7:00 p.m. - 8:00 p.m. - Region 5

8:00 p.m. - 9:00 p.m. - Region 1

**Note: Regional Designee and Swimming and Diving Coaches must be present during warm-ups.**

**Friday, February 12, 2010**

**Session 1: Boys' Swimming and Diving Preliminaries**

7:30 a.m. Doors will open for Swimmers and Divers only.

8:00 - 8:30 a.m. Coaches Scratch Meeting

**SWIMMING WARM-UPS**

8:30 - 9:10 a.m. (Regions 2, 3, and 4 in the competitive lanes used for the meet)

9:00 - 9:10 a.m. Lanes 2-7 are designated as sprint lanes. Lanes 1 and 8 are pace lanes

9:10 - 9:50 a.m. (Regions 5 and 1 in the competitive lanes used for the meet)

9:40 - 9:50 a.m. Lanes 2-7 are designated as sprint lanes. Lanes 1 and 8 are pace lanes

Note: Diving off the blocks will be permitted in the sprint lanes only or with permission of warm-up supervisor.

Open Warm-ups: During the 8:30 - 9:50 a.m. warm-up period other areas of the pool will be open for warm-up as well.

8:30 a.m. Ticket go on sale and gates open

9:50 a.m. Pool Closed

10:00 a.m. Boys' Swimming Preliminaries Begin

(There will be 3 heats of 8 swimmers in each event)

**SENIOR RECOGNITION**

Senior recognition will take place during the break after the 50 freestyle.

**BOYS' DIVING WARM-UPS**

7:30 a.m. Doors open for swimmers and divers only.

8:30 - 9:50 a.m. Warm-ups for Boys' Diving

9:50 a.m. Pool Closed

10:05 a.m. Warm-ups for Boys' Diving resumes

12:00 p.m. Boys' Diving Preliminaries Begin

At conclusion of Session 1 spectators will be required to vacate the seating area.

**Friday, February 12, 2010**

**Session 2: Girls' Swimming and Diving Preliminaries**

1:30 - 1:55 p.m. Coaches Scratch Meeting

1:30 p.m. Doors will open for swimmers and divers only.

#### SWIMMING WARM-UPS

2:00 - 2:40 p.m. (Regions 2, 3, and 4 in the competitive lanes used for the meet)  
2:30 - 2:40 p.m. Lanes 2-7 are designated as sprint lanes. Lanes 1 and 8 are pace lanes.  
2:40 - 3:20 p.m. (Regions 5 and 1 in the competitive lanes used for the meet)  
3:10 - 3:20 p.m. Lanes 2-7 are designated as sprint lanes. Lanes 1 and 8 are pace lanes.  
Note: Diving off the blocks will be permitted in the sprint lanes only or with permission of warm-up supervisor.

Open Warm-ups: During the 2:00 - 3:20 p.m. warm-up period other areas of the pool will be open for warm-up as well.

2:00 p.m. Tickets go on sale, gates open  
3:20 p.m. Pool Closed  
3:30 p.m. Girls' Swimming Preliminaries Begin  
(There will be 3 heats of 8 swimmers in each event)

#### SENIOR RECOGNITION

Senior recognition will take place during the break after the 50 freestyle

#### GIRLS' DIVING WARM-UPS

1:30 p.m. Doors Open for swimmers and divers  
2:00 - 3:20 p.m. Warm-ups for Girls' Diving  
3:20 Pool Closed  
3:35 p.m. Warm-ups for Girls' Diving resumes  
6:30 p.m. Girls' Diving Preliminaries Begin

#### **Saturday – February 13, 2010**

#### **Session 3: Boys' Swimming and Diving Finals**

7:30 a.m. Doors Open for swimmers and divers

#### BOYS' SWIMMING AND DIVING WARM-UPS

8:45-9:45 a.m. Open Swimming Diving Warm ups in the competitive lanes used for the meet  
Sprint Lanes (Lanes 2-7) Pace Lanes (Lanes 1 and 8)  
8:30 a.m. Tickets go on sale  
9:45 a.m. Pool Closed  
10:00 a.m. Boys' Finals in All Events  
10:05 a.m. Boys' Diving warm-ups resume

Diving finals will commence immediately after 50 free.  
The top sixteen divers will perform their final 3 dives as event number 9 and 10.

At conclusion of Session 3 spectators will be required to vacate the seating area.

#### **Session 4: Girls' Swimming and Diving Finals**

1:45 p.m. Doors Open for swimmers and divers

#### GIRLS' SWIMMING AND DIVING WARM-UPS

2:15 - 3:15 p.m. Open Swimming and Diving Warm ups in the competitive lanes used for the meet  
Sprint Lanes (Lanes 2-7) Pace Lanes (Lanes 1 and 8)  
2:00 p.m. Tickets go on sale and gates open  
3:15 p.m. Pool Closed  
3:30 p.m. Girls' Finals in All Events  
3:35 p.m. Girls' Diving warm-ups resume

Diving finals will commence immediately after 50 free.