



2011-2012 KHSAA TENNIS RULES CLINIC

ADMINISTRATIVE RULES / BYLAWS AND TOURNAMENT RULES REVIEW

1) *Bylaw and Administrative Procedures Review*

Complete text of the important listed rules below can be found at <http://www.khsaa.org/handbook/>

Bylaw 2 – Physical Examination, Parental Consent & Insurance

Bylaw 3 – Age Rule

Bylaw 4 – Enrollment

Bylaw 5 – Academic Requirement

Bylaw 6 – Transfer Rule

Bylaw 7 – Foreign Exchange Transfer

Bylaw 8 – Contestant on Other Teams

Bylaw 9 – Graduate and Practice Eligibility

Bylaw 10 – Recruitment

Bylaw 11 – Practice of Sportsmanship

Bylaw 12 – Amateur/Awards

Bylaw 13 – Financial Aid

Bylaw 25 – Limitation of Seasons

Bylaw 26-Summer Sports & Sports/Activities

Bylaw 27 – Requirements for coaches

Bylaw 33 – Imposition of Penalties

2) *Reminders*

IMPORTANT DATES 2012

- Official Tennis team tryouts or team practice may not begin until February 15.
- The first regular season match may be played on Wednesday, March 7.
- The Regional Tournaments are to be held May 4-11.
- The Section Tournament Saturday, May 12
- The State Seed and Draw Meeting will be held Monday, May 14.
- The KHSAA Boys' & Girls' State Tournaments will be held May 17-19
- Thursday – May 17 Girls at Shillito Park, Lexington
- Boys at UK Boone/Downing Tennis Complex
- Friday – May 18 All competition at UK Boone/Downing Tennis Complex
- Saturday – May 19 All competition at UK Boone/Downing Tennis Complex

OTHER

- KHSAA web site, <http://www.khsaa.org/>

- Regular Season Contact – Michael Barren, mbarren@khsaa.org
- Tennis Coaches List serve – to sign up <http://www.uky.edu/Education/khsaalists.html>

3) *Forms*

- <http://www.khsaa.org/forms/tn103.pdf>
- <http://www.khsaa.org/forms/tn104.pdf>
- <http://www.khsaa.org/forms/tn110.pdf>

4) *Corresponding Dates*

<http://www.khsaa.org/handbook/correspondingdates/tenniscorrespondingdates.pdf>

2012 KHSAA TENNIS RULES CLINIC



Michael Barren
Assistant Commissioner
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KHSAA Overview

- KHSAA, private, non-profit organization
- 278 voluntary member high schools
- Designated by the Kentucky Board of Education to manage athletics through 702 KAR 7:065 as a part of KRS 156.070(2) and receives its enforcement authority from the Kentucky General Assembly.
- All eligibility rules and regulations must be approved through a lengthy process that starts with the member schools, and ends with the legislature.
- Several other groups weigh-in before a change is given final approval.
- Due Process Fundamentals – Ruling Officer Process
- Today, we review a few of the key rules for coaches or officials



Bylaw Review

- Bylaw 4 - Enrollment
 - Full time students only at the school
 - Track First Promotion from Grade 8 as Bylaw 4 Provisions result in two-year penalty for voluntary repeat after grade 8 promotion
 - Per KDE, home bound instruction terminates opportunity to practice/play
 - Requirement for enrollment at a member school (or defined feeder school under same Board of Education) precludes home school or non-member participation at high school
 - Specific student questions should be referred to Ruling Officer Butch Cope by Athletic Administrators



Bylaw Review

- Bylaw 5 – MINIMUM Grade Requirement
 - First Day of School Check
 - Must be on track to graduate as measured by credit units earned by first day of school
 - Progress Measured as a percentage of credits required for graduation
 - 20% for second year (normally sophomore), 45% for third year (normally junior), 70% for fourth year (normally senior)
 - Round up in calculations
 - Cannot begin practice until credits recorded on transcript
 - Non high school students playing up must be passing 2/3 of classes.



Bylaw Review

- Bylaw 5 – MINIMUM Grade Requirement
 - Remainder of school year
 - School designates what day grade checks will be done.
 - That check governs the following Monday to Sunday period
 - Students during the year must have received credit on the transcript for four hours of credit (of the six hour instructional day), AND Students must pass in current credit period, four hours of six hour instructional day
 - Weekly checks govern during breaks
 - No special tests or recitations may be given
 - Specific student questions should be referred to Ruling Officer Angela Passafiume by Athletic Administrators



Bylaw Review

- Bylaw 6 (Domestic students)
 - When a student has represented another school at the varsity level, they are subject to the restrictions of Bylaw 6
 - Do not allow transferring students to practice or compete until ruled eligible by KHSAA. Until eligible to play, ineligible to practice
 - Do NOT take the word of the former school coach as to participation history, it must be in writing.
 - This should only be done in writing and by school administration
 - Specific student questions should be referred to Ruling Officer Darren Bilberry by Athletic Administrators



Bylaw Review

- Bylaw 7 (Foreign Exchange Students)
 - This bylaw governs most students that are not from U.S. If you have entire foreign family relocate to US, contact your athletic administrator
 - Foreign students are ineligible unless coming through approved Exchange program.
 - Do not allow to practice or compete until ruled eligible by KHSAA. Until eligible to play, ineligible to practice
 - This should only be done in writing and by school administration
- Specific student questions should be referred to Ruling Officer Michael Barren by Athletic Administrators



Bylaw Review

- Bylaw 9
 - A person who has already graduated is not eligible (exception to finish spring sports)
 - Any student not eligible to play in team's next contest may not practice (only exception is Bylaw 11 penalty)



Bylaw Review

- Bylaw 10
 - Cannot offer benefits to athletes that are not available to the entire student body, or to entice a student through sports to attend a specific school
 - Any coach who is contacted by a student, parent or other individual is to immediately refer the individual to school administration (Principal or designee)
 - Complete details online at KHSAA web site of impermissible activities such as assistance with housing, transportation, tickets, employment and many other identified items.
 - Allegations of violation must be in writing to the Association



Bylaw Review

- Bylaw 11
 - Ejected players are automatically ineligible the remainder of the day and for next 2 contests (at minimum) at the level ejected
 - Ejected coaches or other adults automatically ineligible the remainder of the day and for next 3 contests (at minimum) at the level ejected
 - Second ejection automatically 1 additional contest in addition to minimum penalty
 - Third penalty in same sport results in remainder of season suspension
 - All requests for reinstatement must be done using web site, and no person may be reinstated until school has made request
 - Previous Star Sportsmanship Requirement has been removed



Bylaw Review

- Bylaw 11
 - Players, Coaches and officials are all held accountable for conduct
 - Social Media has introduced an entirely new series of problems, Social Media IS media
 - Players, Coaches and Officials will be held accountable for social media comments
 - Athletic Administrators must hold coaches accountable for conduct.



Bylaw Review

- Bylaw 11 – For Officials
 - Disqualifications must be submitted within 24 hours
 - Disqualifications must be submitted for all grade 9-12 levels
 - Disqualifications must be submitted online only
 - Different link on officials page to report ejection of out of state participant or coach
 - When reporting disqualifications, avoid being overly dramatic or emotional. Just the facts. Use the "needs investigation link" if you feel staff needs to do further research
 - Avoid using foul language, many computer filters will not send the message.
 - Do not tell coaches length of suspension, etc., just make report.



Bylaw Review

■ Bylaw 11 – For Officials

- Do not give your opinions about penalties, once the situation is administered during the game, your job is complete following submission of report
- Some sports have warning rules (i.e. Baseball restriction, Basketball 1st technical requires seating, etc.). USE THESE PROVISIONS, EJECTION SHOULD BE LAST RESORT
- If you need help (i.e. a fight breaks out and you don't know who was involved) be sure your report asks for help in determining individuals. KHSAA can utilize video, etc. to help in that situation
- The KHSAA will absolutely defend your enforcement of conduct rules, particularly foul language. Provided you model the expected conduct and don't use similar language, the staff will support your efforts.



Bylaw Review

■ Bylaw 12

- Awards are restricted by this rule
- Awards for school play given by school are not limited
- Athletes may never accept cash or gift certificate
- Outside organizations giving awards for high school play limited to \$50 (i.e. player of the week)
- Coaches should contact Athletic Director or Principal with specific questions
- Specific student questions should be referred to Ruling Officer Butch Cope by Athletic Administrators



Bylaw Review

■ Bylaw 20 – School Representative to Accompany Team

- Principal, Coach or Other member of faculty must accompany team
- Traveling representative who is accompanying team members must be Bylaw 27 compliant
- Individual sports represent vulnerability and caution should be exercised



Bylaw Review

■ Bylaw 23 – Sanctions

- KHSAA Member schools may not take part in contests for which an outside organization derives a financial profit from ticket sales.
- KHSAA schools may only play member schools of the KHSAA, and those schools that are members of their respective state athletic associations
- KHSAA member schools may NOT play non-member schools from out of state who are on specific "approved" lists for other states.



Bylaw Review

■ Bylaw 25

- Section 1 applies to all sports (and cheer) including consecutive days, too many contests or scrimmages. School travel governed by local policy.
- Each sport has specific limitations on contests and how they are counted
- Contracts must be signed by Superintendent, Principal or Designated Rep. KHSAA cannot enforce improperly signed contracts or oral agreements
- Beginning in 2011-2012, member school coaches MAY attend and be involved with students on their squads during the offseason during the school year, if approved by the school Principal



Bylaw Review

■ Bylaw 27 – Coaching Requirements

- Two types of coaches - Level 1 (faculty 3 hours per day) or Level 2 (paraprofessional with 64 hours college or KHSAA approved paraprofessional with less than 64 hours)
 - 64 hour rule waiver by request in writing to Commissioner
 - State law - No waiver of requirements dealing with minimum age (21 years old)
- Coach is a coach whether or not paid, regardless of sport or level (head or assistant, freshman, JV or varsity). Pay is individual district decision



Bylaw 27 Coaching Requirements

- For 2011-2012, Sports Safety Course and Medical Symposium have been combined, and certification MUST be current
 - If a coach attended Medical Symposium in 2009, you will have to complete the new course by August 15.
 - If a coach attended Medical Symposium in 2010, but sports safety in 2009-2010, you will have to complete the new course by August 15
 - If a coach attended the Medical Symposium in 2010, and the sports safety in 2010, you can wait until the first requirement is due.
- Check with your Athletic Director if you have specific questions about specific individuals



Wrap Up

- Thanks for this time to review some of the key KHSAA Bylaws and rulings. If you have questions, please contact your Athletic Director or refer to the KHSAA web site at www.khsaa.org



National Federation of State High School Associations



Kentucky High School Athletic Association



KHSAA Policy Related to Concussions in Sports

Julian Tackett, Commissioner
KHSAA

Take Part. Get Set For Life.™

KHSAA CONCUSSION PROTOCOL FOR COACHES AND OFFICIALS

Evolution

- Research has been ongoing, national research and interest in concussions has reached all time high
- High profile college and professional athlete cases brought the issue to the forefront
- NFHS Sports Medicine Committee now weighed in on issue, with recommendations for all sports
- NFHS has committee with 17 individuals from throughout the country with a wide variety of backgrounds



KHSAA CONCUSSION PROTOCOL FOR COACHES AND OFFICIALS

Evolution

- NFHS Sports Medicine Committee has access to and relies on the data from Dr. Dawn Comstock, Ohio State, and the High School RIO™ data system through the Center for Injury Research and Policy
- The Sports Medicine Advisory Committee (SMAC) shall advise the National Federation of State High School Associations (NFHS) concerning sports medicine issues as they relate to rules writing, as well as the other programs and services of the NFHS. It will monitor and disseminate current information to the NFHS and its membership relative to the sports medicine field. Through this committee, the NFHS will work to educate its constituency concerning sports medicine issues. The committee will proactively address health and risk management issues of general concern to the NFHS membership.



FREE COURSE!

Concussion in Sports

What You Need to Know

POINT OF
FOCUS
EMPHASIS

KHSAA CONCUSSION PROTOCOL FOR COACHES AND OFFICIALS

Implementation

- NFHS Board of Directors considered recommendations and adopted for 2010-11 in all sports with directive to states to implement local policies
- Baseline defined a concussion as a brain injury that results in a temporary disruption of normal brain function
- A concussion occurs when the brain is violently rocked back and forth or twisted inside the skull as a result of a blow to the head or body

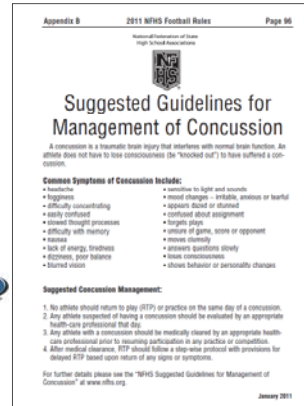


Athletes with continued concussion symptoms are at significant risk for recurrent, cumulative and even catastrophic consequences of a second concussive injury. Continued focus on both the initial AND subsequent injuries!

POINT OF EMPHASIS

Concussions

Pages similar to this, in all NFHS Rules Books based on CDC signs and symptoms listing



See Appendix B on Page 96 of the 2011 NFHS Football Rules Book or appropriate page in other NFHS Rules Books

KHSAA CONCUSSION PROTOCOL FOR COACHES AND OFFICIALS

Implementation

- This policy is in place until further revised following consultation with the Kentucky Medical Association, Committee on Medical Aspects of Sports, Dr. James "Pete" Bowles, Madisonville, Chair
- NFHS playing rules require coaches and officials to remove athletes from play if the athlete displays signs and symptoms of a concussion (printed in each NFHS rules book)
- Playing Rules determine minimum time out of game for review



KHSAA CONCUSSION PROTOCOL FOR COACHES AND OFFICIALS

Officials Role related to Concussion

- Officials should say "Coach, please evaluate this player" unless absolutely certain that a concussion has occurred
- The sole role of the game official is to observe signs and symptoms to determine if an athlete needs to leave the game
- Remember role that officials are independent contractors!
- The official is not involved in further medical decisions unless required by law (i.e. licensed first responder)
- The officials are to be vigilant in observing student-athletes and may in fact have to send the same student out of the contest more than once
- Sports specific rules (i.e. injury / recovery time in wrestling) still apply under this policy



Concussion Management Rule 2-8-5; 3-3-8



A. Injured player directed to leave game
B. Cleared by appropriate health-care professional
C. Re-enters game

KHSAA CONCUSSION PROTOCOL FOR COACHES AND OFFICIALS

Implementation

- When athlete is deemed to have signs/symptoms of concussion at practice of a contest, an M.D., D.O., A.P.R.N., A.T.C. or P.A. may make the final determination as to whether or not an athlete has been concussed
- If athlete has been concussed as diagnosed by one of these medical professionals, there is no further play that day regardless of improvement or change in symptoms
- Coaches, if there is not an authorized health care provider at the contest, and these symptoms are displayed, are to assume the athlete has a concussion with respect to this rule if these signs and symptoms are observed



KHSAA CONCUSSION PROTOCOL FOR COACHES AND OFFICIALS

Implementation

- An athlete who has been concussed as diagnosed by one of these medical professionals may not return to play on subsequent days without written authorization from an M.D. or D.O.
- No other medical professional may make this decision
- While there is no prescribed form for this permission, whatever written method is used must be given to school administration by the physician. A copy should be given to the coach and maintained on file



KHSAA CONCUSSION PROTOCOL FOR COACHES AND OFFICIALS

Implementation

- In the case of multiple day events, the designated on-site physician shall make return to play decisions for future events and that decision (if not to allow play), is not appealable to any other medical party
- Never may an athlete return the same day
- For KHSAA multiple day events, if a concussion is diagnosed by the authorized medical providers, the athlete will not be able to return to play until at least the second day following the incident, and then only with written approval by the designated on-site medical practitioner the event



KHSAA CONCUSSION PROTOCOL FOR COACHES AND OFFICIALS

KHSAA Concussion Requirements and Protocol

- It is and always has been the role and responsibility of the coach to determine if an athlete is fit to play, even when not concussed. This is especially critical at contests with no medical coverage
- When in doubt, they sit out!



KHSAA CONCUSSION PROTOCOL FOR COACHES AND OFFICIALS

Wrap Up

- High school level has always been leader in health and safety
- KHSAA looking to partner with other stakeholders to enact legislation to memorialize KHSAA requirements, and apply to all levels of youth sport
- Safety of participants is fundamental to rules and policy writing
- Safety must remain paramount, regardless of impact on winning and losing
- Health of Students ALWAYS first



KHSAA CONCUSSION PROTOCOL FOR COACHES AND OFFICIALS

External References

- KHSAA Sports Medicine Information, <http://www.khsaa.org/sportsmedicine>
- NFHS Sports Medicine Handbook, 4th Edition, available to be ordered online at <http://www.nfhs.org/content.aspx?id=3281>
- NFHS Learning Center, Free Concussion Education Course, <http://www.nfhslearn.com/electiveDetail.aspx?courseID=15000>
- High School RIO (Reporting Information Online™) at Ohio State University, <http://www.injuryresearch.net/highschoolrio.aspx>



Kentucky High School
Athletic Association



HEAT INDEX ACTIVITY CESSATION AND ACCLIMITIZATION POLICY

KHSAA Heat Index Rules

- History
 - Began Work in 2001 following death of Vikings Lineman Korey Stringer
 - KHSAA Heat Deaths at least three times in early 2000s, most in preseason football
- Kentucky climate and land mass makeup leave little areas for heat dissipation, 90,000 miles of streams, creeks and rivers includes some 681 square miles of water, exaggerating heat in times of high humidity
- Particular problems near Mississippi and Ohio River confluence at Land Between the Lakes, and along Ohio River (placed like Henderson, Louisville, Northern Kentucky)



KHSAA Heat Index Rules

- Original Procedure Drafted by staff in conjunction with KMA
- Adopted by the KHSAA Board of Control as recommendation for all schools, May, 2002
- On site Procedures Revised by KHSAA Board of Control, February 13, 2003
- On site procedures further Revised and Made Mandatory for all schools by the KHSAA Board of Control, May, 2005
- On site procedures further revised with respect to testing instruments, March, 2007
- Cooling Procedures Modified as Recommended by Kentucky Medical Association, June, 2009
- Heat Index Expanded to Spring Sports, August, 2010



KHSAA Heat Index Rules Basic Principles

- Take heat and humidity readings at practice/game site and adjust if necessary
- Change in preseason football rules following development and adoption of NCAA Division III Model in 2003
- Report on site data to KHSAA on adopted forms (initial enforcement was failure to submit forms)
- Membership eventually adopted as a rule
- Use of digital sling psychrometer only (not web site, not weather channel, not other devices)
- Though digital sling not gold standard, unable to obtain wet bulb globe conversion charts at the time
- Applies equally to inside sports in un-air conditioned facilities



KHSAA Heat Index Rules Basic Principles

- Complete chart of information (including forms) available online at www.khsaa.org/sportsmedicine
- Fall recording period from July 15 to September 15, reports due immediately afterward
- Spring recording period starts April 15 through elimination of tournament play
- Many times, if heat index low enough, report will simply be that temperature was below 83 degrees and no other entry necessary



KHSAA Heat Index Rules Under 95 degrees HI

- Water should always be available and athletes be able to take in as much water as they desire
- Optional water breaks every 30 minutes for 10 minutes in duration to allow hydration as a group
- Have towels with ice for cooling of athletes as needed
- Watch/monitor athletes carefully for necessary action
- Re-check temperature and humidity every 30 minutes if temperature rises in order to monitor for increased Heat Index
- Watch/monitor athletes carefully for necessary action
- Re-check temperature and humidity every 30 minutes if temperature rises in order to monitor for increased Heat Index



KHSAA Heat Index Rules 95 to 99 degrees HI

- Water should always be available and athletes should be able to take in as much water as they desire
- Mandatory water breaks every 30 minutes for 10 minutes in duration to allow for hydration as a group
- Have towels with ice for cooling of athletes as needed
- Watch/monitor athletes carefully for necessary action
- Contact sports and activities with additional required protective equipment
 - Helmets and other equipment should be removed when athlete not directly involved with competition, drill or practice and it is not otherwise required by rule



KHSAA Heat Index Rules 95 to 99 degrees HI

- Reduce time of outside activity. Consider postponing practice to later in the day
- Re-check temperature and humidity every 30 minutes to monitor for increased Heat Index



KHSAA Heat Index Rules Above 99 to 104 degrees HI

- Water should always be available and athletes should be able to take in as much water as they desire
- Mandatory water breaks every 30 minutes for 10 minutes in duration to allow for hydration as a group
- Have towels with ice for cooling of athletes as needed
- Watch/monitor athletes carefully for necessary action
- Alter uniform by removing items if possible and permissible by rules
- Allow for changes to dry t-shirts and shorts by athletes at defined intervals
- Reduce time of outside activity as well as indoor activity if air conditioning is unavailable



KHSAA Heat Index Rules Above 99 to 104 degrees HI

- Postpone practice to later in day
- Contact sports and activities with additional required protective equipment (football, baseball, softball)
 - If helmets of other protective requirement are required to be worn by rule or normal practice, suspend practice or competition immediately
- For sports that do not have mandatory protective equipment, reduce time of outside activity and consider postponing practice to later in the day
- Re-check temperature and humidity every 30 minutes to monitor for changes in Heat Index



KHSAA Heat Index Rules Above 104 degrees HI

- Stop all outside activity in practice and/or play, and stop all inside activity if air conditioning is unavailable



KHSAA Heat Index Rules Conclusion

- **Wrap Up**
 - High school level has always been leader in health and safety
 - Safety must remain paramount, regardless of impact on winning and losing
 - Health of Students ALWAYS first



Quiz #1

Question 1 of 1

Point Value: 100

True or False: All schools must record the Heat Index for Spring Sports (Please select the best answer below)

True

False

PROPERTIES

On passing, 'Finish' button: [Goes to Next Slide](#)

On failing, 'Finish' button: [Goes to Slide](#)

Allow user to leave quiz: [After user has completed quiz](#)

User may view slides after quiz: [After passing quiz](#)

User may attempt quiz: [Unlimited times](#)

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2012 KHSAA TENNIS RULES CLINIC

2012 SEASON COMPETITION

Official Tennis team tryouts or team practice may not begin until February 15. The first 2012 regular season match may be played on Wednesday, March 7. The 2012 Regional Tournaments are to be held May 4-11. The 2012 Section Tournament Saturday, May 12

The 2012 State Seed Meeting will be held Monday, May 14.
The 2012 KHSAA Boys' & Girls' State Tournaments will be held May 17-19.
Thursday – May 17 Girls at Shillito Park, Lexington
Boys at UK Boone/Downing Tennis Complex
Friday – May 18 All competition at UK Boone/Downing Tennis Complex
Saturday – May 19 All competition at UK Boone/Downing Tennis Complex

The Hyatt Place-Lexington (Hamburg) will again be the headquarters hotel for the two tournaments. For reservations, call Windy Lane at 859-296-1013 (ex. 1013) and mention the State Tennis Tournament when making reservations.



2012 KHSAA TENNIS RULES CLINIC

SCRIMMAGES

Please note that prior to the first regular season contest of that year, there shall be no more than two (2) practice matches. Scrimmages, if played, must be completed prior to the first regular season match. There is no limit in tennis as to the number of teams participating in a scrimmage.

PLAYING RULES

The rules of the USTA will govern competition, unless modified by the KHSAA.

CONTESTS

Each level owns the limit of 22 matches. Any four (4) invitational tournaments shall count as one (1) match against the 22 limit. All dual matches shall count as one (1) match each against this limit. The last date for a contest at all levels is Thursday, May 3rd.

POSTSEASON ELIGIBILITY

A player shall have competed in at least four (4) high school matches on a team representing a member school to be eligible to participate in the postseason.



2012 KHSAA TENNIS RULES CLINIC

COACHING

Only the designated head coach or one assistant coach (hired by the school and meeting all of the KHSAA coaching requirements – KHSAA Bylaw 27) for a team may coach.

Coaches (approved by the school principal) will be allowed to coach when a player changes ends (except for the first game), at the end of a set, or any authorized rest period. The coach may enter the court enclosure to coach, but must be non-invasive or distracting to the players while play is going on and to follow proper court etiquette.

Coaching may be done between points (up to 20 seconds). However the coach is not permitted to enter the area of play nor permitted to "coach" from one court-through-another-to the third court. Coaches may coach from outside of the court from the end.



2012 KHSAA TENNIS RULES CLINIC

COACHING

In Regional Tournament play, it is the **responsibility of the Regional Tournament Manager** to enforce the rules and be in charge of all rule interpretations, including the coaching rule.

Coaching may also be done from OUTSIDE of the fencing depending on the limitations of the facility. It is recommended that this be discussed with an agreement by teams prior to play beginning.

Players may not leave the enclosure unless on a "split-set" rest period.

During the designated coaching breaks, a player may confer with his/her coach. Both singles players or both doubles teams MUST be at their respective baselines ready to play at the conclusion of the 90-second period.



2012 KHSAA TENNIS RULES CLINIC

Coaching in Region, Sectional and State

Coaches designated on the KHSAA Region/State Tournament Entry Form (Form TN #103 for Region and TN#104 for State), and approved by the school principal will be allowed to coach between points and any authorized rest/break period and should not delay play. Coaching is NOT permitted when the player changes ends during a tie-break game or during any warm-up period.

There will be an allowance for enough coaches to be onsite for each participant/team that is involved. For instance, if a school has one girls' participant in singles competing at Shillito Park and one boys' doubles team participating at UK, two coaches will be allowed passes for that team. If, for example, a school has two girls' singles players participating and two doubles teams participating, four coach's passes will be allowed. This should avoid players not having a coach present should the school's participants be playing at the same time, all coaches shall meet all Bylaw 27 requirements.



2012 KHSAA TENNIS RULES CLINIC

KHSAA RULES CLINICS

In the sport in which they coach, all Head Coaches must annually attend at least one KHSAA Rules Clinic conducted by representatives of the KHSAA. Failure to attend one of the annually provided rules clinics will eliminate that coach from participation in all post season play. Rules clinic dates are posted on the KHSAA website (www.khsaa.org).

COACHING EDUCATION

The NFHS Coaches Education Program has been approved as the coaching education program in Kentucky. Individuals assigned to duties as a coach (head or assistant) shall take and complete all requirements for the KHSAA approved program within one year of the initial assignment to coaching duties or prior to the legal start of practice for the next competitive season in any particular sport.

Look to the NFHSlearn.com website for more information.



2012 KHSAA TENNIS RULES CLINIC

2012 STATE INDIVIDUAL AND DOUBLES FORMAT

The champion, runner-up and other two semi-finalists in both the singles and doubles regional tournaments shall qualify for the individual State Singles and Doubles Tournaments (top 4 finishers from each region).

2012 STATE TEAM FORMAT

Begun in 2011, the State Team Championship is decided by team play, not by individuals in the singles and doubles scoring "team points" based on advancement. Region Play – not affected by the change
Four Region Winners advance to a Section Tournament Saturday, May 12.
Sites of the Section Tournaments will rotate from within the four regions.



2012 KHSAA TENNIS RULES CLINIC

2012 TOURNAMENT ROSTERS

The coach shall turn in a roster consisting of ten (10) Members of the Schools Tennis Team in ranked order at the Regional draw. This will constitute your Eligibility Roster for Regional, Sectional and State play.

The coach shall turn in a line-up at least 30 minutes prior to the start of the match time listing Singles and Doubles playing order. Line-ups may not be changed for that particular round once submitted to the manager.



2012 KHSAA TENNIS RULES CLINIC

Four Section Winners will advance to the State Team Tournament – Semifinals Thursday & Friday evening; Championships Saturday.

For the team section tournaments the following draw has been established for region vs. region winners in scheduling

Section 1: R1 vs. R3; R2 vs. R4	Host - Region 2 Winner
Section 2: R5 vs. R7; R6 vs. R8	Host - Region 6 Winner
Section 3: R9 vs. R11; R10 vs. R12	Host - Region 10 Winner
Section 4: R13 vs. R15; R14 vs. R16	Host-Region 14 Winner

*Host school will have choice of venue. They must secure a location to fulfill the need for five courts.



2012 KHSAA TENNIS RULES CLINIC

Team Championships: Notes

- You must have entered a Minimum of Seven (7) Players to be considered for the Team Championships on the TN 104.
- Regional Tournament Entry Form (line-up) TN103
 - Must have Two(2) Singles and Two (2) Doubles to be Eligible for Team Title.
- Sectional Tournament Entry Form (line-up) TN110
- Host Site needs Five (5) Courts



2012 KHSAA TENNIS RULES CLINIC

Dress Code

It is recommended that players wear school uniforms during play.

The following shall NOT be allowed during tournament play:

- Visible undergarments under shorts, skirts or shirts (Note: Compression shorts, if worn as an undergarment above the knee, are legal.)
- Bare midriffs
- Any garment or hat advertising alcohol, drugs, tobacco products or other inappropriate items deemed objectionable by the Regional Tournament Manager
- Objectionable permanent body markings (tattoos) must be covered; non-permanent body markings (temporary tattoos or body paint) shall be prohibited.



Quiz #2

Question 1 of 1

Point Value: 100

How many players must be entered on the TN104 form to be considered a team? (Select the best answer below)

- Six
- Seven
- Ten

PROPERTIES

On passing, 'Finish' button: [Goes to Next Slide](#)

On failing, 'Finish' button: [Goes to Slide](#)

Allow user to leave quiz: [After user has completed quiz](#)

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User may attempt quiz: [Unlimited times](#)

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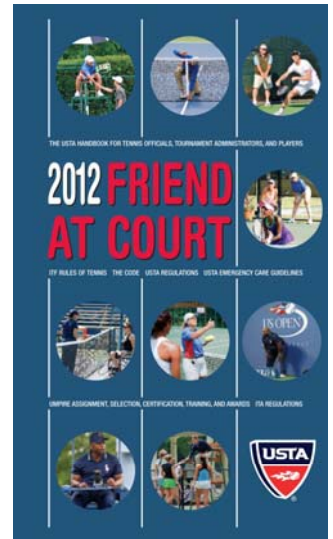
[Edit in Quizmaker](#)



2012 TENNIS RULES CLINIC

TOPICS OF DISCUSSION

- Rules of Tennis
- THE CODE
- Other
- USTA Update

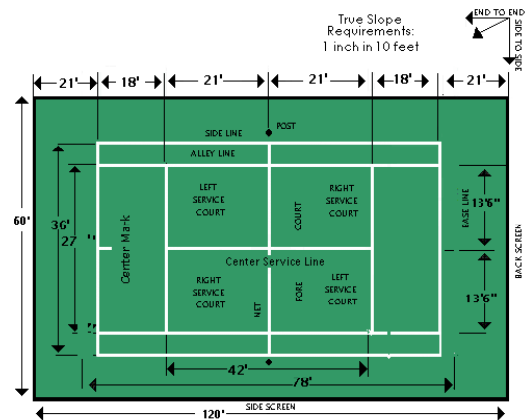


ITF RULES OF TENNIS

- International Tennis Federation
 - Governs tennis of all levels



RULE 1: The Court



RULE #2 & #13: Permanent Fixtures

- Permanent Fixtures—backstop, fence, fans, stands, seats, umpire, players
- NOT Permanent Fixtures—Net, Net Post
- The point ends if the ball hits a permanent fixture.
 - If Player A hits the ball and it hits the umpire before hitting the other side of the court, Player B wins the point
 - If Player A hits the ball and it hits “in” then bounces into the fence, Player A wins the point

RULE #3: The Ball

- Balls must be approved by ITF/USTA to be used
- Typically, 3 new balls are given to players in a match
 - Occasionally, only 2 balls are given to the players
- If players split sets
 - New balls if playing a full 3rd set
 - Not if playing a 10-point Match Tiebreak
- Soft Ball—Some compression, no hole
 - Point stands & remove the ball
- Broken Ball—No compression, has hole
 - Replay point & remove the ball



RULE #4: The Racket

- Rackets
 - 27-28 inches long
 - Vibration dampening devices allowed
 - Must be outside string pattern



Rule #7: Score in a Match

- Best of 3 Tiebreak Sets
 - A player must win 2 out of 3 sets to win
 - Set Tiebreaks (first to 7 points by 2)
- Best of 2 Tiebreak Sets with Match Tiebreak for 3rd
 - A player must either win the first 2 sets or win the Match Tiebreak for the 3rd set if the players split sets
 - The Match Tiebreak is just like a 12-Point Tiebreak...go to 10 instead of 7
- 8-Game Pro Set
 - A player must get to 8 games and lead by 2. If tied at 7-all, the match can either be won 9-7 or a regular tiebreak played at 8-all
- No-Ad Scoring



RULE #9: Choice of Ends & Service

- Before the match begins, the players will twirl a racket or flip a coin to determine who wins the toss
- The player/team who wins the toss may choose:
 - To serve or receive
 - Opponent(s) then chooses end of the court
 - The end of the court
 - Opponent(s) then chooses to serve or receive
 - To “defer” (to allow the opponent to choose first)
 - Opponent(s) can choose to serve, receive, or end of the court
 - If Opponent(s) chooses to serve, winner of toss can choose side of court



RULE #12: Ball Touches Line

- If the ball touches a line, it is “in”
- A ball that is 99% “out” is 100% “in”
- If a player is not sure the ball is “out”, then the opponent should be given the benefit of any doubt
- Players should not refer to marks on a hard court



RULE #14: Order of Service

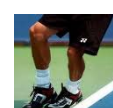
- In doubles, the service order of partners can only be changed at the beginning of any set
 - A/B vs. C/D
 - 1st Set: A, C, B, D, A, C, B, D—A/B win 6-2
 - 2nd Set: who serves?
 - Player A or B...then C or D

RULE #15: Order of Receiving in Doubles

- In the 1st and 2nd game in a set, the team receiving shall decide which player will receive the first point in the game
- Players may switch its receiving order at the beginning of the 2nd set, 3rd set, or Match Tiebreak

RULE #18: Foot Fault

- During the service motion, the server can not:
 - Touch the baseline or the court with either foot
 - Touch the area outside the court with either foot
 - Touch the imaginary extension of the center mark with either foot
 - Change position by walking or running
 - Slight movements of the feet are allowed



RULE #21: When to Serve & Receive

- The server should not serve until the receiver is ready
- However, the receiver shall play to the reasonable pace of the server and should be ready to receive within a reasonable time of the server being ready
- Once ready, the receiver can not become unready
 - This includes during the 1st and 2nd serves
 - except to clear a ball

RULE #22,23: Let

- The Let
 - Occurs when players are distracted by something uncontrollable
 - Ball rolling on court, bottle blowing onto court
 - The whole point is replayed
- Service Let
 - Ball hits net and goes into box
 - Player gets to serve again
 - If Service Let occurs during 2nd serve, server gets 2nd serve



RULE #24: Player Loses Point

- Name the 12 ways the player can lose a point
 1. Double Fault
 2. Ball bounces twice
 3. Ball is hit out or into the net
 4. Ball hits a permanent fixture
 5. Ball hits a player or anything the player is wearing
 6. Receiver hits ball before it hits in service box
 7. Player deliberately carries or hits ball twice
 8. Player or racket hits the net or opponent's court
 9. Player hits ball before it crosses the net
 10. Ball touches racket when player is not holding it
 11. Player deliberately & materially changes shape of racket while ball is in play
 12. In doubles, both players touch the ball when returning it

RULE #26: Hindrance

- If a **player** is hindered in playing the point by a deliberate act of the opponent(s), the **player** shall win the point
- The point shall be replayed if the act by the opponent is unintentional or out of the opponent's control
- Deliberate or not?
 - Double hit?
 - Ball hits bird flying by?
 - Hat falls off during point?
 - Ball falling out of pocket during point?
 - Out call by spectator?

RULE #27: Correcting Errors

- General Rule: All Points played in good faith stand
- Correct Immediately If:
 - Player serves from wrong side of court
 - Players are playing from wrong end of court
 - Server serves to the wrong court
- Only time you don't correct immediately is if the doubles partners happen to switch sides when receiving
 - Finish the game with these "new" positions, change back to original side in following return games in that set

RULE #29: Continuous Play

- When match begins, play should be continuous
- Warm-up Time—5 or 10 minutes
- Time Between Points—20 Seconds
 - With reasonable time to retrieve balls
- Time Allowed on Changeover—90 Seconds
- Time Allowed Between Sets—120 Seconds
- Time Allowed Between 2nd Set & 3rd Set Match Tiebreak—3 minutes
- Time Allowed Between 2nd & Full 3rd Set—10 minutes
- Exceptions: Medical Time Outs, Bleeding Time Outs, Bathroom Breaks, etc.
- Players can not leave the court to get a new racket

RULE #30: Coaching

- Only authorized coaches can coach—NOT parents
- Coaching should occur from:
 - Outside the fence
 - At the bench on changeovers
- Coaching is permitted when:
 - Between points (Quick Tips, 1 Liners)
 - Players are changing ends (NOT after 1st game of a set)
 - During a set break
 - During the 10 minute break between 2nd & 3rd set
 - When play is suspended (rain delay)



Quiz #3

Question 1 of 1

Point Value: 100

"Set" tie breaks are won when: (Select the best answer below)

- First to ten points by 2
- First to seven points by 2
- First to five points by 2

PROPERTIES

On passing, 'Finish' button:
On failing, 'Finish' button:
Allow user to leave quiz:
User may view slides after quiz:
User may attempt quiz:

Goes to Next Slide
Goes to Slide
After user has completed quiz
After passing quiz
Unlimited times

Properties...

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PART 2: THE CODE

The Player's Guide for Matches
When Officials are not Present

A summary of procedures and unwritten rules
that custom and tradition dictate

1. Courtesy

- Tennis requires cooperation & courtesy from all players.
- Players should have fun and praise opponents, not:
 - Loud cheering or jeering after the point
 - Complaining about playing bad, lobs, drop shots
 - Embarrassing a weaker opponent
 - Losing your temper, throwing racket, slamming balls
 - Sulking when losing

2. Counting Points Played in Good Faith

- All points played in good faith stand
- Example:
 - After losing a point, the players realize the net is 4 inches too high---The point stands
- Shaking hands at the end of the match is an acknowledgment by the players that the match is over
- Example:
 - Players shake hands, then the players realize the score is only 6-0, 5-0 (40-30)—Match is over

3-4. The Warm-Up

- Warm-up is not practice
 - Hit shots to opponent
 - Don't go for winners or aces
- Warm-up serves & returns before match begins
 - If player practices returns, do so at moderate pace and not at the server
 - If player returning, it's assumed the player does not want any more warm-up serves

5-21. Making Calls

- Player(s) makes calls on own side of the net
- Make the call promptly
- Make call by saying “out” and/or pointing
- Opponent gets benefit of doubt
- Ball touching any part of the line is “good”
- Treat all points the same regardless of the score
- Partners disagree on call—benefit of doubt to opponent
- NEW—Player loses point if change call from “out” to “in”

5-21. Making Calls

- Calls when looking across a line or when far away
 - Player may ask opponent if they saw it
- Players call lets in reasonable time
- Do not let spectators make the call for the player
- Call promptly on self if player hits net or ball hits player
- Call promptly on opponent if ball goes through the net

22-30. Serving

- Foot Faults—player may warn server of foot faulting. If flagrant, line judge or coach can be called
- Service calls in doubles—receiver’s partner can assist in calling the serve in or out
- Server or Server’s partner should make calls on serves on obviously out 2nd serves
- Any player can call a Service Let
- Receiver can not become unready
- Delays during service can result in 1st serve
 - Ball rolls on court during service motion
 - Receiver breaks string between 1st and 2nd serve

31-32. Scoring

- Server should announce the score before each point
- Disputes over score
 - Count all points and games agreed upon
 - Only replay the disputed points or games
 - Example: Players disagree on who won 3rd point of a game
 - Play from a mutually agreed upon score
 - Example: Players agree that the score was 15-all
 - Last Resort: Spin the racket or toss a coin

33-37. Hindrance Issues

- Player/team must stop point immediately to claim a hindrance (not wait until point finishes)
- Loud grunting should not occur
- Players should not waive arms or jump around while other player is serving (slight movements OK)
- Players should not call a ball out before it lands
- Players should not talk while the ball is in play
 - Exception: In doubles, “Mine”, “out”, “bounce it” when ball is coming toward them.
 - Doubles partners should not talk when ball is travelling toward opponent, such as “get back”

39-41. When to Contact an Official

- In most cases, the coach has to control his/her team and deal with on-court issues.
 - Coach may change the call that their player made
 - If player calls a ball “out” and coach sees it “in”, coach can overrule his/her player
- You (the coach) may get called for:
 - Pattern of bad line calls
 - Scoring disputes
 - Injuries or illnesses
 - Players stalling
 - Chronic foot faults

42-44. Ball Issues

- Each player should remove stray balls from the court or playing area before a point begins
 - If ball comes from adjacent court, player should wait until their point is over to return the ball...or put in on the fence between the 2 courts
- A player loses the point if they catch the ball before it bounces out
- The ball is still in play if the player hits a ball before it lands out
- If a player leaves a ball on the court and the ball in play hits it, the ball in play is “live”

45-46. Miscellaneous

- Don't let players hang clothes or towels on the net, net post, or on the back fence.
- If clothing or equipment malfunctions, a player may leave the court
 - Example:
 - Player may leave court to get a new shoe if a shoelace breaks or sole comes off
 - Player may leave court to put on new shorts if there's a hole
 - Player may not leave the court to get a new racket

PART 3

OTHER



NEW RULES IN 2012

- Heat Rule
 - The KHSAA rules for how to handle Heat related issues will supersede any USTA rules that govern this.
- New Interpretation—3 minute rest period between the 2nd set and a 3rd set match tiebreak
 - Player may receive coaching for up to 3 minutes
 - Player's may use cell phone during 3 minute break
 - Coaching should occur on court or near court to avoid lateness violation
 - Coaching must end when/if player requests to go to bathroom or after 3 minutes
 - Player can wait till 3 minute coaching is over, then go to bathroom
 - Player then has reasonable time to go to restroom
 - If a player is late from the 3 minute break, penalty is now a Time Violation, the Code Violation—Point Penalty, then Code Violation—Game Penalty (thus, a default)

CELL PHONES

- Electronic devices are not permitted on court
 - CELL PHONES
 - iPods, iPhones
 - Blackberries
- Coaches may leave the court to text, make phone calls, check the weather, etc. then come back to the court to coach

TEAM MATCHES: SCORING FORMATS

- **6 & 3**
 - 6 singles & 3 doubles
 - Each player can play in 2 matches (1 singles, 1 doubles)
 - 6-12 players in lineup
- **3 & 2**
 - 3 Singles & 2 Doubles
 - Players can typically play only 1 of the 5 matches
 - 7 players in lineup
- **2 & 3**
 - 2 Singles & 3 Doubles
 - Players can typically play only 1 of the 5 matches
 - 8 players in lineup

INDIVIDUAL MATCHES SCORING FORMATS

- Best of 3 Tiebreak Sets
- Best of 2 Tiebreak Sets with a 10 point Match Tiebreak in Lieu of 3rd Set

- 8-game pro set
 - Tiebreak played at 8-all
- Regular set (to 6 games)
- Short Sets
 - Set played to 4 games (like starting at 2-all)

- No-Ad Scoring
 - At Deuce, receiver chooses side to return from. Winner of point wins the game

REST PERIODS

- Between Points—20 Seconds
- On Changeovers—90 Seconds
- After 1st Set—120 Seconds

- Before 3rd Set Match Tiebreak—3 minutes
- Before Full 3rd Set—10 minutes

- Between Matches in Region, State, etc.—1 hour

Medical Timeouts for INJURIES, ILLNESSES

- 3 minutes allowed for treatment
 - If no trainer available, then a coach, parent, etc. can treat
 - If trainer available, trainer has time for evaluation
 - Maximum of 15 minutes total
- Bleeding—Allowed up to 15 minutes to stop
- No Timeout allowed for General Fatigue
- Cramping—Can have only 1 MTO (Med. T.O.)
 - Even if cramping in different parts of the body

BATHROOM BREAKS

- Can be used to go to restroom or change clothes
 - Change of attire should occur on set breaks
- Typically, 1 bathroom break for boys and 2 bathroom breaks for girls
- Player is allowed reasonable time
- Player should go to bathroom during set break, changeover, or when absolutely necessary

POINT PENALTY SYSTEM

- 1st Offense—Point Penalty
- 2nd Offense—Game Penalty
- 3rd Offense—Default

ASSESSING PENALTIES Racket Abuse

Action	Always Penalize	Generally Penalize	Sometimes Penalize
Throwing racket that strikes a person	x		
Throwing racket at fence or net		x	
Throwing racket in anger that does not endanger a person or damages the court or equipment		x	
Break a racket		x	
Tossing a racket into the air			x
Tossing a racket at the player's bag			x
Bouncing a racket on the court			x

ASSESSING PENALTIES

Ball Abuse

Action	Always Penalize	Generally Penalize	Sometimes Penalize
Deliberately hitting, throwing, or kicking a ball that is not in play that hits a person	x		
Deliberately hitting, throwing, or kicking a ball that is not in play that leaves the playing area		x	
Deliberately hitting, throwing, or kicking a ball that is not in play that comes close to hitting a person		x	
Deliberately hitting, throwing, or kicking a ball that is not in play in a manner that could cause damage or harm		x	
A player who hits the opponent while legitimately trying to return a ball to the opponent should not be penalized			x

ASSESSING PENALTIES

Action	Always Penalize	Generally Penalize	Sometimes Penalize
Audible or Visible Obscenity or Profanity			
Words & gestures that are considered patently offensive to players or fans	X		
References to sexual functioning	X		
References to deities when associated with cursing	X		
Verbal or Physical Abuse			
Physical attacks, even if no one is hurt	X		
Ethnic or racial slurs	X		
References to sexual orientation	X		
Insulting or abusive words & gestures that are directed at a person		X	
Attacks on the competence of an official or coach		X	
Taunting		X	

TIME VIOLATIONS—COACHING

- First Offense—Warning
- Each additional violation—One Point Penalty
- Examples of Time Violations
 - Delay between points
 - Violation of the 90-second changeover
 - Violation of the 120-second Set Break
 - Lateness after 3 minute break before a 3rd Set Match Tiebreak

PENALTIES FOR LATENESS

Amount Late after Schedule Match Time	Penalty
5 minutes or less	Loss of toss & 1 game
5:01 to 10 minutes	Loss of toss & 2 games
10:01 to 15 minutes	Loss of toss & 3 games
15:01 minutes or more	Default

THE FUTURE OF TENNIS

- 10 and Under Tennis is the future of tennis
- For more information, log on to: www.10andundertennis.com
- If interested in starting a program in your area, please contact Aaron Browning at: abrowning@ustaky.com 502-491-1290

2012 KHSAA TENNIS RULES CLINIC



Michael Barren
Assistant Commissioner
mbarren@khsaa.org



Web Object Placeholder
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