

2009 KHSAA Track and Field Automatic Qualifying Standards (Region Meet Finals Qualification Only, Fully Automatic Timing Only)

BOYS	1A-FAT	1A-HAFT	2A-FAT	2A-HAFT	3A-FAT	3A-HAFT
110 Meter High Hurdles	16.23	16.0	16.09	15.9	15.79	15.6
100 Meter Dash	11.56	11.4	11.49	11.3	11.26	11.1
4 x 200 Meter Relay	1:34.67	1:34.5	1:34.33	1:34.1	1:31.62	1:31.4
1600 Meter Run	4:40.18	4:40.0	4:32.83	4:32.6	4:27.85	4:27.7
4 x 100 Meter Relay	45.40	45.2	44.94	44.7	43.87	43.7
400 Meter Dash	52.39	52.2	51.60	51.4	50.79	50.6
300 Meter Low Hurdles	42.66	42.5	42.25	42.1	41.06	40.9
3200 Meter Run	10:28.88	10:28.7	10:18.35	10:18.2	9:49.25	9:49.1
800 Meter Run	2:04.23	2:04.0	2:01.64	2:01.4	1:59.05	1:58.9
200 Meter Dash	23.35	23.2	23.11	22.9	22.87	22.7
4 x 400 Meter Relay	3:35.13	3:34.9	3:35.65	3:35.5	3:27.16	3:27.0
4 x 800 Meter Relay	8:41.42	8:41.2	8:29.14	8:28.9	8:15.29	8:15.1
Shot Put	45'9		45'8		48'10	
Discus	134'1		135'6		148'4	
Pole Vault	10'6		11'6		12'6	
Triple Jump	42'8		42'2		43'4	
Long Jump	20'4		20'6		21'4	
High Jump.	5'10		6'0		6'0	

GIRLS	1A-FAT	1A-HAFT	2A-FAT	2A-HAFT	3A-FAT	3A-HAFT
100 Meter High Hurdles	17.24	17.0	16.95	16.8	16.28	16.1
100 Meter Dash	13.20	13.0	13.08	12.9	12.81	12.6
4 x 200 Meter Relay	1:49.66	1:49.5	1:50.72	1:50.5	1:47.38	1:47.2
1600 Meter Run	5:34.33	5:34.1	5:33.07	5:32.9	5:21.07	5:20.9
4 x 100 Meter Relay	52.54	52.3	52.45	52.3	50.94	50.7
400 Meter Dash	61.75	61.6	61.56	61.4	60.05	59.9
300 Meter Low Hurdles	48.98	48.8	49.03	48.8	47.76	47.6
3200 Meter Run	12:37.69	12:37.5	12:22.22	12:22.0	11:54.88	11:54.7
800 Meter Run	2:27.80	2:27.6	2:27.33	2:27.1	2:21.61	2:21.4
200 Meter Dash	26.90	26.7	27.04	26.8	26.36	26.2
4 x 400 Meter Relay	4:17.82	4:17.6	4:16.48	4:16.3	4:08.74	4:08.5
4 x 800 Meter Relay	10:26.43	10:26.2	10:27.26	10:27.1	9:56.19	9:56.0
Shot Put	31'11		33'6		35'0	
Discus	94'0		101'6		106'10	
Pole Vault	7'6		8'0		9'0	
Triple Jump	33'4		34'0		34'6	
Long Jump	16'0		16'0		16'6	
High Jump.	4'10		4'10		5'0	

* Standards are determined by the average fifth place time the last five years of State Meets.

* All FAT time standards represent the true five year average.

* HAFT Standards are derived by taking the five-year average electronic (FAT) time, reducing it by .24 and then rounding to the next tenth in compliance with Track Rule 3-9.

* High Jump qualifying marks are rounded up to the nearest 2" mark above the five-year average

* Pole Vault qualifying marks are rounded up to the nearest 6" mark above the five-year average

* Pole Vault starting height at state meet will be 2' below Class Automatic Qualifying Standard for Boys

* Pole Vault starting height at state meet will be 2' below Class Automatic Qualifying Standard for Girls

* High Jump starting height at state meet will be 4" below Class Automatic Qualifying Standard for Boys

* High Jump starting height at state meet will be 4" below Class Automatic Qualifying Standard for Girls

* Games Committee reserves right per NFHS rules to adjust starting height due to unforeseen conditions