



2009-2010 KHSAA WRESTLING RULES CLINIC

SECTION I ADMINISTRATIVE RULES / BYLAWS AND TOURNAMENT RULES REVIEW

1) *Bylaw and Administrative Procedures Review*

Complete text of the important listed rules below is attached.

Bylaw 2 – Physical Examination, Parental Consent & Insurance

Bylaw 3 – Age Rule

Bylaw 4 – Enrollment

Bylaw 5 – Academic Requirement

Bylaw 6 – Transfer Rule

Bylaw 7 – Foreign Exchange Transfer

Bylaw 8 – Contestant on Other Teams

Bylaw 9 – Graduate and Practice Eligibility

2) *Officiating Reminders*

ARRIVAL AT REGIONAL MEET

There is no grace time for the regional meet. If you are not on time, meet management and the officials are expected to begin the meet, and forfeit matches for which you have not arrived in time.

BOARD OF CONTROL PAY SCALE FOR WRESTLING OFFICIALS

REGULAR SEASON

The fee shall \$40 per standard dual match.

For a double dual, the fee shall be \$70 per official.

For a tri-meet, the fee shall be \$90 per official.

For a quad, which must use a minimum of two officials, the fee shall be \$90 per official.

For a one-day 16-person bracket tournament, the fee shall be \$160 per official.

For a two-day, 24-person bracket tournament, the fee shall be \$220 per official

For a two-day, 32-person bracket, the fee shall be \$245 per official.

Fees for other meet formats not mentioned shall be negotiated with the local official(s) by the school.

The host school is responsible for the full complement of officials but shall work with the local assigning secretary if one is retained by the local policy board. The local regional policy board may approve a supplement for incidental expenses such as travel and mileage.

Fees are to be paid within one week of the competition.

Bylaw 10 – Recruitment

Bylaw 11 – Practice of Sportsmanship

Bylaw 12 – Amateur/Awards

Bylaw 13 – Financial Aid

Bylaw 25 – Limitation of Seasons

Bylaw 26 – Summer Sports & Sports/Activities

Bylaw 27 – Requirements for coaches

Bylaw 33 – Imposition of Penalties

POST SEASON

Part II test will be given only via the internet to all officials. Instructions will be mailed. Officials will have two weeks to complete the exam.

Officials must score 80 for postseason. Exceptions will only be made in the case where there are not enough officials to assign.

Only officials licensed with the Kentucky High School Athletic Association may officiate in the regional or state meet.

The Commission shall assign all officials to region and state competitions.

Only a Level 2 or 3 official may officiate the state tournament. Exceptions must be approved by the Commission.

Regional tournament officials shall be paid a fee of \$165.00. The crew of officials may paid a mileage allowance for one car based on the mileage submitted to and approved by the manager.

State tournament officials shall be paid a predetermined rate per session based on the format of the tournament.

Additional postseason allowances for lodging, etc. shall be at the discretion of the tournament manager and must be approved by the Commissioner.

OTHER

KHSAA web site, <http://www.khsaa.org/>

Regular Season Contact – Michael Barren, mbarren@khsaa.org

Or Jim Shaw jqsllc@yahoo.com

Wrestling Coaches Listserve – to sign up

<http://www.uky.edu/Education/khsaalists.html>

3) *Corresponding Dates*

State Tournament, Set for Frankfort, 2009 through 2011

KHSAA STANDARDIZED SCHEDULING CALENDAR - WRESTLING

School representatives scheduling wrestling contests over the next several seasons can use the following comparative corresponding date chart to determine the applicable playing week of the season.

Week	2007-08	2008-09	2009-2010	2010-2011	2011-2012
State	2/10-2/16 (33)	2/15-2/21 (33)	2/14-2/20 (33)	2/13-2/19 (33)	2/12-2/18 (33)
Region	2/3-2/9 (32)	2/8-2/14 (32)	2/7-2/13 (32)	2/6-2/12 (32)	2/5-2/11 (32)
Week 11	1/27-2/2 (31)	2/1-2/7 (31)	1/31-2/6 (31)	1/30-2/5 (31)	1/29-2/4 (31)
Week 10	1/20-1/26 (30)	1/25-1/31 (30)	1/24-1/30 (30)	1/23-1/29 (30)	1/22-1/28 (30)
Week 9	1/13-1/19 (29)	1/18-1/24 (29)	1/17-1/23 (29)	1/16-1/22 (29)	1/15-1/21 (29)
Week 8	1/6-1/12 (28)	1/11-1/17 (28)	1/10-1/16 (28)	1/9-1/15 (28)	1/8-1/14 (28)
Week 7	12/30-1/5 (27)	1/4-1/10 (27)	1/3-1/9 (27)	1/2-1/8 (27)	1/1-1/7 (27)
Week 6	12/23-12/29 (26)	12/28-1/3 (26)	12/27-1/2 (26)	12/26-1/1 (26)	12/25-12/31 (26)
Week 5	12/16-12/22 (25)	12/21-12/27 (25)	12/20-12/26 (25)	12/19-12/25 (25)	12/18-12/24 (25)
Week 4	12/9-12/15 (24)	12/14-12/20 (24)	12/13-12/19 (24)	12/12-12/18 (24)	12/11-12/17 (24)
Week 3	12/2-12/8 (23)	12/7-12/13 (23)	12/6-12/12 (23)	12/5-12/11 (23)	12/4-12/10 (23)
Week 2	11/25-12/1 (22)	11/30-12/6 (22)	11/29-12/5 (22)	11/28-12/4 (22)	11/27-12/3 (22)
Week 1	11/18-11/24 (21)	11/23-11/29 (21)	11/22-11/28 (21)	11/21-11/27 (21)	11/20-11/26 (21)
1st Contest	11/19/07	11/24/08	11/23/09	11/22/10	11/21/10
Practice	10/15	10/15	10/15	10/15	10/15

Due to facility conflicts for swimming, the contest dates in swimming are only set one year in advance. Efforts will be made in future years to avoid a conflict between the State Wrestling Tournament and the State Swimming Meet.

Numbers in parenthesis refer to the National Federation Corresponding Date Master Chart

Schools should be mindful that these dates serve as a guide, but do not supercede the Limitation of Seasons with respect to starting dates and limits of games.

4) **Weight Management Clarifications, Changes and Reminders**

Must use NWCA online program (www.nwcaonline.com). Program is free for all Kentucky Wrestling Schools through grant and sponsorship secured by NWCA.

All assessors must be updated (list and form attached)

Testing Must be Completed after October 15 and prior to first competition

5) **Bylaw 25, Limitation of Seasons**

Sec. 1) General Provisions Concerning All Sports

a) Loss of School Time

No school time may be lost for travel to or from, or participation in, any regular season interscholastic athletic contest.

b) Schedule of Contests on Consecutive Days

Contests shall be scheduled so that there are not four consecutive days of competition on any Monday through Thursday period while school is in session.

c) Specific Definitions for Ending of School

For all interpretations and regulations concerning the ending of the school year, including restrictions on coaching involvement, the end of the school year shall be defined as the earlier of the last day of school or May 31.

d) Specific Penalties for Violations - Too Many Contests

Any school violating provisions of this Bylaw by playing too many contests may not be eligible for state championship competition or may be otherwise penalized. For the determination to be made that the limit has been exceeded, it shall be reported in writing and received by the KHSAA prior to 12:01 a.m. (midnight) ET on the first day of the postseason tournament series as established by the KHSAA Memorandum Calendar. If detected and verified, the team exceeding the limit shall be ineligible for postseason play and may be further penalized in accordance with Bylaw 33. If the report is made after that point, the team shall be penalized in accordance with Bylaw 33 but shall remain eligible for tournament play during the current season.

e) Specific Penalties for Violations - Too Many Scrimmages

Any school violating scrimmage limitations may be placed on probation, prohibited from participating in preseason scrimmages in that sport for two (2) seasons, and may be prohibited from taking part in KHSAA state championship competition or other penalties in accordance with Bylaw 33. The second violation will result in automatic suspension.

f) Involvement of Members of the Coaching Staff Out of Season

Members of the high school coaching staff (paid or unpaid) shall not be prohibited from sport specific observation and evaluation (but not coaching) of any player who has played for a grade nine (9) through grade twelve (12) team (freshman, junior varsity, varsity) from the first day of school through the last day of school provided such play is under the direct control of the same local board of education as the coach is employed and provided such play is not in conflict with other KHSAA bylaws.

Sec. 14) Sports Specific Limitations - **Wrestling - Boys**

a) Following the opening day of school, there shall be no organized practice prior to October 15.

b) There shall be no more than two (2) practice meets prior to the first regular season contest of that year.

c) The first match shall not take place prior to the Monday of Corresponding Week 21

d) The season shall consist of a maximum of seventeen (17) matches in each weight class to be held prior to the beginning of KHSAA State Championship Tournament competition (region). Tournaments or contests involving three (3) or more schools shall count as one (1) match toward the match limit.

e) The opportunity to participate in regular season contests ends at all levels of play (grades 9-12) on the day prior to the first day for varsity level competition in KHSAA sanctioned post-season events, with the exception that the varsity team may practice and play through its elimination from KHSAA sanctioned tournament play. Following elimination, there shall be no further practice or play during the remainder of the academic school year.

f) The KHSAA and the National Federation of State High School Associations will establish official weight classes.

SECTION II – REVISED INTERPRETATION CONCERNING BYLAW 25 FOR INDIVIDUAL SPORTS (GOLF, CROSS COUNTRY, SWIMMING, WRESTLING, TENNIS, TRACK & FIELD)

Bylaw 25, the Limitation of Seasons, clearly defines what is legal during the school year and in some cases, after the school year is complete. The details of what is allowed in the off-season (i.e. in the fall before practice starts in winter or spring sports, in the spring after the end of fall sports, etc.) have been spelled out by interpretation in the Case Situations and are a result of interpretation by the Commissioner.

In consultation with the Board of Control, and following lengthy discussions with staff and representatives of member schools, revisions are being made as to what is allowed by coaches in individual sports during the non-Bylaw 25 periods. A thorough review of possible ramifications has been done by staff and the Board. Member school personnel have expressed concern in these sports as it relates to getting qualified coaches for the high school team due to regulations that restricted those who were involved in outside competition and play (including instruction and lessons) in these sports. These interpretations supersede all previously published interpretations and are in effect as of July 15, 2009. These interpretations DO NOT AFFECT the team sports of volleyball, soccer, football, basketball, baseball or fast pitch softball. School representatives must be very mindful of the provisions in Case Situation BL-25-7 (formerly BL-25-6) to be sure violations do not occur.

Case BL-25-5– What are the restrictions for a coach being involved in coaching of his/her own players during the school year before the first the first legal practice date, after the last date for playing a contest in the sports of cross country, golf, swimming, tennis, track and field, and wrestling?

Specific practice and play dates are in place for each sport, and the interpretative season is the academic school year as far as coaching limitations. This limit on coaching involvement BEGINS ON THE FIRST DAY OF SCHOOL AND ends on the earlier of the day following the last day of school or May 31. However, it is recognized that the very nature of the "individual sports" (i.e. Cross Country, Golf, Swimming, Wrestling, Tennis and Track and Field) is such that participation by individuals may continue during the year and have minimal impact on participation in other sports. Coaching is defined as any activity by the coach at any time the athletes are participating in that coach's sport in a setting in which skills are taught, refined, or practiced. In the "individual sports" as detailed above, coaching is permitted in the non-season period provided the following provisions are met:

1) Participation may not be required of any student-athlete in any sport specific event. There may be no penalties assessed, expressed or implied for non-participation during that period by a student-athlete.;

2) School funds may not be expended (i.e. transportation provided, entry fees paid, uniforms worn, etc.);

3) Coaches must ensure that all representatives of the student-athletes, including parents, are aware that this outside season participation is optional and therefore, the KHSAA Catastrophic Insurance plan is not in effect.

4) All other restrictions related to the scheduling, composition, pool of available personnel, and other logistical arrangements are the jurisdiction of the building Principal for any activity held at a particular local school facility, in compliance with Bylaw 1 of the Association.

**BYLAWS of the KENTUCKY HIGH SCHOOL
ATHLETIC ASSOCIATION**

Governing All Contests Between Teams Representing
Member Schools

(Case situations refer to rulings and interpretations used to interpret and administer these bylaws which can be found in the Case Situation section of the Handbook. Where possible, additional cross-referencing information has been included).

Bylaw 2. Physical Examination, Parental Consent and Insurance

Sec. 1) Physical Examination and Parental Consent Requirements
The Superintendent or Principal shall have each student who is trying for a place as a participant on an athletic team or cheerleading squad present a physician's certificate certification signed by a physician, physician's assistant, advanced registered nurse practitioner, or chiropractor if performed in the scope of practice (as defined in KRS Chapter 312) which shall state that he or she is physically fit to participate without undue risk. The parent's consent for the child's participation and acknowledgment of receipt of the eligibility rules as promulgated by the Association and Kentucky Board of Education regulations in writing shall also be required on KHSAA Form GE04.

Sec. 2) Requirement for Insurance

A student, prior to participation or trying for a place on an athletic team or cheerleading squad shall have in place medical insurance with coverage limits up to the deductible of the KHSAA Catastrophic Insurance program and that insurance shall remain in force throughout participation. It shall be the responsibility of each member school to ensure and certify that each student has insurance coverage throughout the school year.

(Case situations related to this bylaw appear following the Bylaws section)

Bylaw 3. Age

Sec. 1) Age Restriction

Pursuant to KRS 156.070 (2) (e), a student who becomes nineteen (19) years old before August 1 shall be ineligible for interscholastic athletic competition. A student who becomes nineteen (19) on or after August 1 shall remain eligible for the entire school year.

Sec. 2) Waiver Provision

The Board of Control and the Commissioner may waive the provisions of this bylaw and the student shall be eligible for high school athletics in Kentucky if the written documentation is provided to clearly demonstrate that the student:

- a) Qualified for exceptional children services and had an individual education program developed by an admissions and release committee (ARC) while the student was enrolled in the primary school program;
- b) Was retained in the primary school program because of an ARC committee recommendation; and
- c) Has not completed four (4) consecutive years or eight (8) consecutive semesters of eligibility following initial promotion from grade eight (8) to grade nine (9).

The Board of Control and the Commissioner shall not adopt administrative procedures that allow for waiver of this rule under any other condition.

(Case situations related to this bylaw appear following the Bylaws section)

Bylaw 4. Enrollment

Sec. 1) Maximum Number of Semesters

- a) A student promoted from grade eight (8) to grade nine (9) shall have four (4) consecutive calendar years of eligibility from the date of first promotion by the school provided the

student is eligible according to this and all other Association bylaws. The eligibility shall conclude with the completion of the spring sports season following the fourth year. No additional eligibility may be granted in a case where the grant would allow a student to compete in all or part of the fifth competitive season in a single sport following the initial promotion by the school from grade eight (8).

b) The Commissioner or Board of Control through the Due Process Procedure, may grant additional eligibility in the case where it has been documented by the attending physician, Principal and Superintendent that severe illness or injury has prevented the student from receiving necessary education services and the right to an education has therefore been impacted rather than simply the loss of athletic privilege. The grant of eligibility may only be made in the cases in which the student-athlete would remain eligible by all other Association bylaws. This provision shall not include additional eligibility strictly for loss of participation due to sports related injuries. No additional eligibility may be granted in a case where the grant would allow a student to compete in all or part of the fifth competitive season in a single sport following the initial promotion by the school from grade eight (8).

c) A student having been enrolled in the fourth (4th) grade or in any grade through twelfth (12th) shall not be eligible for interscholastic athletics at the high school level (grades 9 through 12) for more than a total of one (1) year in each grade and applicable eligibility shall begin in the first year enrolled in that grade. A student repeating a grade for any reason is ineligible to participate in interscholastic athletics at the high school level (grades 9 through 12) during the second year in that grade. The penalty for violation of this rule shall be the loss of one of the four years of eligibility after being promoted from grade nine (9). Policies regarding the participation of repeating students at the levels of play below high school interscholastic athletics shall be determined by the school council pursuant to KRS 160.345 (2) (i).

d) A pupil in grades 4-8 may play on the high school team if that participation is not in conflict with Section (c) above, and the time so played shall not be counted on the eight (8) semester limit. EXCEPTION: A student below grade nine (9) may not participate on the varsity team in contests in the sports of football or soccer, and a student enrolled below grade seven (7) may not participate on the varsity level in wrestling. The provisions of this restriction shall not apply to non-varsity teams participating in these sports.

Sec. 2) Responsible Parties

Any public elementary or secondary school or school employee or official who knowingly allows participation of an ineligible player under the provisions of this bylaw, or who, through reasonable diligence, should have known of that ineligibility, shall be considered in noncompliance with state accreditation standards or guilty of willful neglect of duty or breach of contract. This provision shall apply not only to coaches, but also to personnel supervising coaches including an athletic director, an assistant principal, a principal, an assistant superintendent, a superintendent, or a school board member.

Sec. 3) Deadline for Enrollment

On Friday of each grading period, a student in grades nine (9) through twelve (12) shall be enrolled as a full-time student in at least four hours of instruction as provided in Kentucky Board of Education regulation 702 KAR 7:125 (of the six hours of instruction required) or the equivalent of four hours of instruction acceptable to graduation at the member school he or she desires to represent in order to be eligible for athletics.

A student shall have enrolled as a bona fide full-time undergraduate student no later than twenty (20) school days after the beginning of the semester to be eligible during that semester.

Sec. 4) Enrollment Elsewhere

A student who is enrolled or connected with any other school than the one he or she represents shall not take part in any contest. In the case of an all-boys high school, girl cheerleaders from affiliated neighboring girls school may be accepted.

(Case situations related to this bylaw appear following the Bylaws section)

Bylaw 5. Minimum Academic Requirement

Sec. 1) Proper Grade Level Requirement for Students in All School Districts

On the first day of each school year, a student shall be at his or her proper grade level. To be considered to be at the proper grade level, a student shall have been enrolled as a full-time student during the previous grading period, and shall be on schedule to graduate with his or her class on the first day of school. For the verification of this provision, all course work, including summer and correspondence work, shall be complete by the first day of the school year for the student body.

a) Eligibility During First Year Following Initial Enrollment in Grade Nine (9)

For a student in the ninth grade to be considered to be on schedule to graduate, that student shall have been promoted from grade eight (8) to grade nine (9), and be in compliance with all other bylaws.

b) Eligibility During Second Year Following Initial Enrollment in Grade Nine (9)

For a student in the second year following initial enrollment in grade nine (9) (normally grade 10) to be on schedule to graduate, that student shall have received twenty (20) percent of the requirements of the school/district for graduation prior to the first day of the second year following initial enrollment in grade nine (9), and be in compliance with all other bylaws.

c) Eligibility During Third Year Following Initial Enrollment in Grade Nine (9)

For a student in the third year following initial enrollment in grade nine (9) (normally grade 11) to be on schedule to graduate, that student shall have received forty-five (45) percent of the requirements of the school/district for graduation prior to the first day of the third year following initial enrollment in grade nine (9), and be in compliance with all other bylaws.

d) Eligibility During Fourth Year Following Initial Enrollment in Grade Nine (9)

For a student in the fourth year following initial enrollment in grade nine (9) (normally grade 12) to be on schedule to graduate, that student shall have received seventy (70) percent of the requirements of the school/district for graduation prior to the first day of the fourth year following initial enrollment in grade nine (9), and be in compliance with all other bylaws.

Sec. 2) One-time Reinstatement of Students Failing to Meet Normal Progress Requirements

a) One-time Reinstatement of Students Failing to Meet Normal Progress Requirements and being ineligible for one school year.

The eligibility of a student failing to meet the provisions of subsections (a) through (d) above may be reinstated a maximum of one time. This reinstatement is possible by the student passing twenty-five (25) percent of the requirements of the district for graduation during the year he or she is

ineligible. He or she, upon reinstatement, shall remain eligible as long as he or she passes twenty-five (25) percent of the requirements of the district for graduation during each subsequent year.

b) One-time Reinstatement of Students Failing to Meet Normal Progress Requirements and being ineligible for one semester.

The eligibility of a student failing to meet the provisions of subsections (a) through (d) of Sec. 1 may be reinstated a maximum of one time in schools operating on a two-semester credit recording system. This reinstatement is possible by the student passing fifteen (15) percent of the requirements of the district for graduation during the semester in which he or she is ineligible due to the provisions of Sec. 1. He or she, upon reinstatement, shall remain eligible as long as he or she passes fifteen (15) percent of the requirements of the district for graduation during each subsequent semester or becomes compliant with Sec. 1 above. Eligibility to practice and compete in contests shall be effective with the first day of the semester following the recording of the requirements to the student's permanent record.

c) One-time Reinstatement of Students Failing to Meet Normal Progress Requirements and being ineligible for one trimester.

The eligibility of a student failing to meet the provisions of subsections (a) through (d) in Sec. 1 may be reinstated a maximum of one time in schools operating on a three-trimester credit recording system. This reinstatement is possible by the student passing ten (10) percent of the requirements of the district for graduation during the trimester in which he or she is ineligible due to the provisions of Sec. 1. He or she, upon reinstatement, shall remain eligible as long as he or she passes ten (10) percent of the requirements of the district for graduation during each subsequent trimester or becomes compliant with Sec. 1. Eligibility to practice and compete in contests shall be effective with the first day of the trimester following the recording of the requirements to the student's permanent record.

Sec. 3) Continual Progress During the School Year

On a weekly basis, a student shall also be passing (cumulatively for the credit period) in at least four hours of instruction as defined by Kentucky Board of Education regulations (of the six hours of instruction required) or the equivalent of four hours of instruction acceptable to graduation in order to be eligible to participate in athletics during the subsequent week (Monday through Sunday period) and through the next opportunity to examine grades in this manner. On its membership form, each member school shall designate the day of the week, approved and documented through local policies, that the grades shall be examined for the student-athletes within that school in order to make this determination. Absent any other determination, this weekly check of grades shall be conducted on each Friday of each grading period or on the last day of classes preceding that particular Friday if no classes are conducted on that particular Friday. Special tests or recitations shall not to be given for the purpose of making the student eligible.

Sec. 4) Pre-Secondary School Students

A pre-secondary school student (grades 4-8) participating in athletics representing a KHSAA member school shall be passing in at least two-thirds of the subjects in which he or she is currently enrolled and be in compliance with all other bylaws in order to be eligible.

(Case situations related to this bylaw appear following the Bylaws section)

Bylaw 6. Transfer Rule - Domestic Students

Sec. 1) Domestic Student Transfer

Any student who has been enrolled in grades nine (9) through twelve (12) and has participated in any varsity contest in any sport at any school following enrollment in grade nine (9) and who then transfers schools shall be ineligible for interscholastic athletics at any level in any sport for one year from the date of enrollment in the new school.

The Commissioner has discretion (but is not required) to waive the period of ineligibility set forth above if one or more of the following exceptions in Section 2 has been met. Determinations of whether a student shall be granted a waiver pursuant to this rule shall be based on the circumstances existing as of the date of enrollment at the new school.

Sec. 2) Discretionary Exceptions for Waiver

a) **BONA FIDE CHANGE IN RESIDENCE** - The period of ineligibility may be waived if there has been a bona fide change in residence by the parents and student that precedes a student's change of schools.

For purposes of this bylaw, a bonafide change of residence means the moving of the permanent residence of the entire family of the student and the student's parents from one school district or defined school attendance area into another school district or defined school attendance area prior to a change in enrollment of the student. A student who becomes emancipated does not have a bona fide change of residence by virtue of his or her emancipation and change of residence for purposes of this bylaw.

b) **DIVORCE** - The KHSAA shall not recognize a legal separation as grounds for waiver of the provisions of this bylaw. The period of ineligibility may be waived in the event of a dissolution of marriage (i.e. a final and legally binding divorce decree from a court of competent jurisdiction) of the parents and a change in the residence of the student pursuant to a court order granting custody of the child to one of the parents with whom the student shall reside. In the event joint custody is awarded to both parents, for purposes of this bylaw, the student shall initially be eligible where either parent resides.

The eligibility of a student may be restored one-time if, after establishing eligibility and complying with the initial court order granting joint custody, a student relocates to permanently reside with the other custodial parent. The grant of eligibility shall only apply to the member school in which the residence of the custodial parent is located. After this one time move by the student to the other custodial parent all subsequent moves between parents shall require a period of ineligibility of one year.

c) **CHANGE OF CUSTODY** - The KHSAA shall not recognize guardianship or similar arrangements made, for purposes of this bylaw. The period of ineligibility may be waived if it is shown that custody of the student has been taken from one or both parents and given to the other parent or a third person by a court of competent jurisdiction and under circumstances indicating: (1) the parent(s) are unfit or (2) the court finds that the health and welfare of the student would be better served by the change in custody.

d) **DEATH** - The period of ineligibility may be waived in the event the death of one or both of the student's custodial parents creates the circumstances that the transfer to another secondary school is deemed appropriate.

e) **BOARDING SCHOOLS** - The period of ineligibility may be waived on a one-time basis for students entering a boarding school on a full time basis as a boarding school student.

f) **NON ATHLETIC PARTICIPATION FOR AN ENTIRE SCHOOL YEAR** - The period of ineligibility may be waived in the event

that the transferring student did not participate in an interscholastic contest at any level in any sport while enrolled in grades nine through twelve at the sending school during the entire academic school year immediately preceding the change in schools.

g) **REASSIGNMENT BY BOARD OF EDUCATION** - The period of ineligibility may be waived if the student has changed schools through a properly documented reassignment of the Board of Education to another school. To meet this exception for a reassignment, reasons for the assignment may include the closing or opening of a school due to consolidation, merger, opening of a new school, or another type or opening or closing or assignment through KRS 158.6455 or other applicable adopted regulation. That assignment may be to the public school district should a private, parochial or independent school close.

h) **TRANSFER FROM NON-MEMBER SCHOOL** - The period of ineligibility may be waived for a student transferring from a non-member school located in Kentucky whose athletic participation has been limited primarily to other non-member schools.

i) **MILITARY ASSIGNMENT** - The period of ineligibility may be waived for a student transferring in a situation where documentation is presented to verify that the change in education and living arrangements is directly related to an order from any branch of the United States military service, including the reserve components.

Sec. 3) Specific Restrictions Resulting in Denial of Waiver

Satisfying of one of the exceptions (a through i) shall not be considered valid and a waiver of the period of ineligibility shall not be granted:

a) If the change in schools is to nullify or circumvent the actions of representatives or rules of the previous school or if the student left the sending school under penalty which would have resulted in the student's ineligibility at the sending school;

b) If the satisfying of one of the exceptions occurs after the enrollment at the new school;

c) If the change in schools is motivated in whole or part by a desire to participate in athletics at the new school;

d) If the satisfying of one of the exceptions is used or manipulated for the purpose of gaining athletic eligibility;

e) If the satisfying of one of the exceptions by the student and the parent(s) does not reasonably precipitate a transfer to the new school.

Sec. 4) Other Transferring Student Restrictions and Procedures

a) The Commissioner may appoint or hire a committee or investigator to conduct any inquiry or investigation concerning any issues arising under this bylaw or any other bylaw.

b) If any member school files a written objection to the factual validity of the certification before the conclusion of the period of time to which the period of ineligibility would normally apply, along with the specific, detailed basis for the objection, then a complete investigation shall be conducted by the KHSAA and a ruling shall be issued through the Commissioner's office.

c) A student enrolled in grades 4-12 who has participated in a first team game shall not be eligible to represent a second member school during that school year unless that student would qualify for a waiver of the period of ineligibility in accordance with provisions (a) through (i) above.

d) A student is ineligible for athletics in this state if he or she transfers from another state if the student was or would have become ineligible in the state from which he or she transfers.

Bylaw 7. Transfer Rule - Non-Domestic Students

Sec. 1) Foreign Exchange Students

Foreign exchange students attending school in Kentucky shall be considered ineligible for the first calendar year following enrollment.

- a) If placed in a KHSAA member school under the auspices of approved student exchange programs or in other circumstances approved by the Board of Control within Board policy, these students may be declared eligible and not be subject to the initial one-year period of ineligibility.
- b) In order to be considered for a waiver, the following conditions shall exist
 - 1) The student shall be in compliance with all U.S. Immigration and Naturalization Service regulations;
 - 2) The student shall be in the first and only year as an exchange student;
 - 3) The student shall not be a graduate of a the 12th or terminating grade or its' equivalent in either the U.S. or his or her home country;
 - 4) The student shall be in possession of a complete transcript of records that has been translated into English prior to the request for eligibility;
 - 5) The student shall be in possession of a J-1 student education visa issued by the U.S. Immigration and Naturalization Service;
 - 6) The student's placement shall not have been a "direct placement" into a KHSAA member school;
 - 7) The student's host family shall not pay any tuition or fee normal to the attendance at the KHSAA member school, all fees shall be paid by the student's family;
 - 8) All travel fees shall be paid by the student's family; and
 - 9) The student's host family shall not include members of the coaching staff at the KHSAA member school at which participation is desired and shall not include exchange agency representatives.
- c) To be considered for approval by the Board of Control, a foreign exchange program shall assign students to schools by a method that ensures that no student, school or interested party may influence the assignment for athletic or other purposes.
- d) The student, the principal or designated representative of the member school, and a representative of the placement agency shall sign and attest to certification that the athlete complies with the eligibility rules of the KHSAA and shall not be eligible under any circumstances for more than one year of athletic participation if the first year period of ineligibility is waived.

Sec. 2) Additional Eligibility for Exchange Students

Any student having made election to apply for the waiver of the first year of ineligibility and having been granted a waiver of the normal period of ineligibility under subsection (a) above shall not be eligible, under any circumstances, for more than one (1) school year while enrolled in grades 9 -12 in Kentucky.

Sec. 3) Students Not Coming Through Exchange Programs

Any student desiring to participate in athletics who does not meet the criteria listed in Bylaw 7 may seek a waiver of the one-year ineligibility period through the KHSAA Due Process Procedure.

(Case situations related to this bylaw appear following the Bylaws section)

Bylaw 8. Contestant On Other Teams, Post Season and All-Star Games

Any student who after enrolling in grade nine (9) has been a contestant in football or basketball at any level (grades 9-12)

and has eligibility remaining in that sport may not participate on any non-school sponsored team or in any all-star game in that sport or any variation of that sport from the first day of school through the last scheduled contest played in that sport (including KHSAA sanctioned post-season) by that school unless it has been sanctioned by the Board of Control. Following the team's last scheduled game (including post season), there are no restrictions on play in that specific sport for the student-athletes.

(Case situations related to this bylaw appear following the Bylaws section)

Bylaw 9. Other Eligibility Requirements and Regulations

Sec. 1) Graduates and College Students

Any student who has graduated from a secondary school, or who has ever played on a college team, is thereafter ineligible to play on a high school team.

Sec. 2) Practice of Ineligible Students

Unless ineligible due to the provisions of Bylaw 11 (Sportsmanship, having been ejected from a contest), any student who is not eligible for competition during a team's next contest/meet/match/game shall not practice with the team.

Sec. 3) Conduct - Student or Other Representative Under Penalty

Any student, contest official or other official school representative who is under penalty or discipline or whose conduct discredits the school or the KHSAA shall not be eligible.

(Case situations related to this bylaw appear following the Bylaws section)

Bylaw 10. Recruitment

Sec. 1) Foreword

A pupil (domestic or foreign) at any grade level shall not be recruited to a member school of the KHSAA for the purpose of participating in athletics, including recruitment under the guise of academics.

Sec. 2) Definition

Recruiting is defined as an act, on behalf of or for the benefit of, a school, which attempts to influence a student to transfer to a member school for the purpose of participating in athletics. A school official utilizing an intermediary including a peer, another school employee, a student, a parent or a citizen, for the purpose of recruiting a student athlete shall be in noncompliance.

a) An athletic coach or any other member of the school staff shall not influence a student even if the student, his or her parents or any intermediary from another school makes the initial contact. In this situation, a coach or staff member (paid or unpaid) should immediately refer the person(s) to the school principal.

b) Influencing a student shall include the promise or instilling the expectation of an athletic advantage, playing time, employment of the student or the student's parents or relatives, housing for the student or the student's parents, scholarships or financial aid for which other members of the student body are not generally eligible, or any other material or athletic reward for which other members of the student body are not generally eligible.

Sec. 3) Penalty

Any representative of a member school knowingly allowing the recruitment of a student for the purpose of participating in athletics or who should have known of this recruitment shall be guilty of willful neglect of duty, misconduct, or breach of contract. This shall apply not only to coaches, but also to personnel supervising coaches, including an athletic director,

an assistant principal, a principal, an assistant superintendent, a superintendent or a school board member. This requirement shall also apply to students or their parents.

(Case situations related to this bylaw appear following the Bylaws section)

Bylaw 11. Practice of Sportsmanship

Sec. 1) Sportsmanship Obligation

It is the clear obligation of principals, coaches, faculty members, boards of education, and all official representatives of member schools to practice the highest principles of sportsmanship and the ethics of competition in all interscholastic relationships with fans, officials, players, coaches, official representatives of member schools, and the general public. The Commissioner and the Board of Control shall have the full authority to suspend the coach, student, or any member school whose representatives may be convicted on competent evidence of the violation of this obligation. Any violation of this rule in any interscholastic contest shall be immediately reported to the Commissioner by the principal(s) of the school(s) involved, and by the game officials who work in the contest.

Sec. 2) Illegal Equipment

It shall also be considered a violation of this rule if any school or school representative(s) uses or allows the use of illegal equipment which gains a competitive advantage in the contest and which is expressly prohibited by the rules adopted for that sport. A violation of this provision may result in penalization by the Commissioner in accordance with the provisions of this bylaw and in accordance with KHSAA Bylaw 33, Penalties.

Sec. 3) Requirement for Reinstatement

Any student, coach, or official team representative ejected from an interscholastic contest due to a violation of this obligation shall be reinstated by the Commissioner or one of the Assistant Commissioners prior to returning to interscholastic contests. Any student or coach using insulting language to another player or coach or to any official in any interscholastic contest, or who has been ruled out of a contest because of unsportsmanlike tactics, shall be disqualified from athletic competition until reinstated by the Commissioner.

Sec. 4) Reporting Requirement and Permanent Suspension

The name of the student or coach shall be reported to the Commissioner by the principal of the school that student attends. When an official disqualifies a student or coach, he or she shall report the disqualification to the principal or his or her representative and to the KHSAA office. If the Commissioner finds upon investigation that the offense was sufficiently serious, the offender shall be permanently disqualified.

(Case situations related to this bylaw appear following the Bylaws section)

Bylaw 12. Amateur/Awards

Sec. 1) Amateur Status

A student who represents a member school in an interscholastic sport shall be an amateur in that sport. An amateur athlete is one who engages in athletic competition solely for the physical, mental, social and pleasure benefits derived from said participation.

An athlete forfeits amateur status in a sport by:

- a) Competing for money or other monetary compensation (allowable travel, meals and lodging expenses may be accepted);
- b) Receiving any award or prize of monetary value not approved by this Association;
- c) Capitalizing on athletic fame by receiving money or other

gifts of monetary value not specifically approved by Section 2 or 4 of this rule (scholarships to institutions of higher learning are specifically exempted);

- d) Signing a professional playing contract in that sport; or
- e) Accepting a nominal standard fee or salary for instructing, supervising or officiating in an organized youth sports program or recreation, playground, or camp activities shall not jeopardize amateur status. "Organized youth sports program" includes both school and non-school programs.

Sec. 2) Awards

- a) Awards governed herein and received by a student-athlete while representing a member school include awards received by a student-athlete while enrolled during the academic year as a regular student or awards received by a student-athlete while representing the school at any other time.
- b) Awards received by a student-athlete participating in an event while not representing the school, shall conform to the regulations of the recognized amateur athletic organization(s) associated with the event. If no limit exists for the amateur organization, the limit shall be \$300. At no time shall the student-athlete be permitted to receive cash for this type of participation.
- c) Awards presented by a member school conference, or approved agency shall be uniform for all team members receiving the award.

Sec. 3) Non-Permissible Awards shall be:

- a) An individual may not receive a cash award for athletics participation. An individual may not receive a cash equivalent item (i.e., an item that is negotiable for cash or trace or other services, benefits or merchandise) for athletic participation.
- b) Gift certificates and merchandise items that cannot be properly personalized shall be prohibited.
- c) Cash or any other award that an individual cannot receive under these rules may not be forwarded in the individual's name to a different agency or individual.

Sec. 4) Type of Awards

- a) Awards for recognition of interscholastic athletics participation (letter awards) may be presented each year by a member school. In addition, the school may present senior awards and awards in recognition of special attainments or contribution to a team's competitive season (i.e., scholar-athlete, most improved player, etc.)
- b) Awards for participation in special events (post season tournaments) and established regional or national recognition awards (Mr./Miss Basketball, All-State, etc.) may be presented only by the management of the event, awards program, or by a school that has had or will have a team or individual participate in the event or sport.
- c) The total value of any award presented for high school competition shall not exceed \$300, except awards presented by the Association or a member school for participation in KHSAA sponsored events.
- d) Schools or conferences may not present individual awards to student-athletes for specialized performances in particular contests or events or during a limited time period (i.e., "player of the game" or "player of the week"). However, an organization, business firm or other outside agency may recognize a student-athlete's outstanding performance in a particular contest or during a particular time by presenting a certificate, plaque or medal valued at less than \$50. It is not permissible for an organization to provide any other tangible item or award.

(Case situations related to this bylaw appear following the Bylaws section)

Bylaw 13. Financial Aid

Sec. 1) Definitions for this bylaw

- a) Tuition— means the amount of necessary fees, costs and other charges to attend a member school as determined by that member school's published scale of charges. The tuition at the member school shall be the same for all students in like situation irrespective of participation in athletics and shall not include room and board expenses.
- b) Classification of Schools - means the classification of the member schools as follows: (1) A1- District operated general program or multi-program schools; (2) D1— Kentucky Department of Education operated schools (Blind and Deaf); (3) F1- Federal Dependent Schools; (4) J1- Roman Catholic schools; (5) M1- Other Religious schools and (6) R1-Private non-church related schools.
- c) Public Schools- means the member schools receiving funding from the Kentucky Department of Education or comparable federal sources. Public schools shall include the member schools which are classified as A1, D1 or F1.
- d) Non-Public Schools – means the member schools not receiving funding from the Kentucky Department of Education or comparable federal sources. Those schools shall include the member school which are classified as J1, M1 and R1.
- e) Non-Public School Zone – means the zone to which each non-public school is assigned. The four current non-public school zones are Covington, Lexington, Louisville and Owensboro. These non-public school zones shall be comprised of the counties contained in the geographic alignment related to the archdiocese of the same name.
- f) Non-Public School Governing Board— means the entity having oversight over the member school. For purposes of this bylaw, the "governing board" of a non-public school shall be determined by the school type. For J1 schools, the "governing board" shall be the archdiocese and geographic references shall be the counties included in the non-public school zone of the school. For the R1 and M1 schools, the "governing board" shall be as defined by the governance structure of the institution.
- g) Immediate Family— means the student and the student's father, mother, brother, sister, step-father, step-mother, step-brother, step-sister, husband, wife, aunt, uncle, grandparent.
- h) Financial Aid— means any and all aid given to a student which reduces tuition, including awards, reductions and waivers.
- i) Need-Based Aid— means the amount of financial aid that an independent financial analysis of the student's financial aid application demonstrates that the student needs to pay tuition to attend a member school, provided the analysis is performed by an agency approved by the Board of Control.
- j) Merit Aid— means financial aid awards given by the member school based solely on academic/test performance which are available to the entire student body through a competitive application process and that the selection of the recipient(s) is based on published objective criteria which may not include athletic achievement or ability.
- k) Merit Aid Test – means the academic assessment or placement test approved by the Board of Control prior to its administration.
- l) Merit Aid Test Date – means the date submitted by each member school for the administration of the merit aid test.
- m) Financial Records— means the records related to any financial aid analysis of the student including the immediate family's records of the method and sources for all tuition payments.

Sec. 2) Non-Permissible Financial Aid

A student shall be ineligible to participate in interscholastic athletics if the student:

- a) Receives financial aid beyond the limits defined in Section 1(a) except for merit aid allowed under this bylaw, and waivers of tuition for non-domestic students ruled eligible under Bylaw 6, Section 2 (Foreign Exchange);
- b) Receives merit aid based on an unapproved merit aid test;
- c) Receives merit aid based on a merit aid test not administered on an approved merit aid test date;
- d) Receives merit aid greater than twenty-five percent (25%) of the tuition at the member school;
- e) Receives merit aid from a member school that has already given merit aid to the greater of five (5) percent of its student body or five students;
- f) Receives financial aid that is not available to the entire student body by published objective criteria;
- g) Receives financial aid from a funding source that is not under the custody and control of the member school or its governing board;
- h) Receives any financial aid other than the permitted need-based aid or merit aid detailed above from a member school, any other entity governed by that member school's governing board or any representatives of the member school;
- i) Receives any financial aid that is indirectly or directly related to athletic achievement or ability;
- j) Has any part of the financial obligation to the member school paid directly or indirectly by individuals outside of the student's immediate family; or
- k) Does not agree to complete disclosure of financial records as defined in this bylaw upon request of the KHSAA and its officials, employees and agents.

Sec. 3) Financial Aid Restrictions and Reporting

All member schools shall annually report detailed financial aid information to the KHSAA including:

- a) Tuition schedule or other fees applicable to the student body at the member school;
- b) The merit aid test being utilized by the school and the merit aid test date; and
- c) A detailed listing of the amount of financial aid awarded by the member school including:
 - 1) The need-based aid each student-athlete is eligible to receive based on the report of the approved independent agency;
 - 2) The merit aid given to each student and the qualifying score used to make the determination;
 - 3) The amount of need-based aid awarded to each student; and
 - 4) A specific listing of the sports in which each student participates.

(Case situations related to this bylaw appear following the Bylaws section)

Bylaw 26. Summer Sports and Sports/Activities

Sec. 1) School Team Play in Summer (Non Dead Period)

Member schools may participate in sanctioned play during the summer to complete spring seasons in baseball, softball, tennis and track and may begin sanctioned regular season play and practice as defined by Bylaw 25 prior to the opening of school in cheerleading, cross country, football, golf, soccer and volleyball. Only participants eligible during the spring semester may compete on the school teams. All KHSAA eligibility rules apply, and full control of the summer program shall remain with the participating high school and the principal of that school.

Beginning June 1, 2010, students shall not participate in any school vs. school (in any format) competition in football between the earlier of the last day of school and June 1 through June 24. During this period, students may participate in activities such as weight training, skill development, individual camps and accepted open gym or field activities where no inter-school competition is involved. Students shall not participate in any school vs. school (in any format) competition in boys' basketball between the end of the dead period and July 31. During this period, students may participate in activities such as weight training, skill development, individual camps and accepted open gym/field activities where no inter-school competition is involved.

Sec. 2) Summer Dead Period

Students may not receive coaching or training from school personnel (either salaried or non salaried) and school facilities, uniforms, nicknames, transportation or equipment shall not be used each year in any KHSAA sanctioned sport or cheerleading squad during the period beginning with June 25, and going through July 9. School funds may not be expended in support of interscholastic athletics in any KHSAA sanctioned sport during this period. These restrictions shall not apply to postseason wrap-up activities, celebrations and recognition events relating to a spring sports team at a school which participated in KHSAA state championship play in that particular sport during that particular year.

(Case situations related to this bylaw appear following the Bylaws section)

Bylaw 27. Requirement for Coaches and Others Working With High School Teams

Sec. 1) Definitions

a) Level 1 Coaches

An individual seeking a coaching position shall be categorized as Level 1 if that individual is a certified teacher and member of the regular school system faculty and meets the following criteria prior to assignment to coaching duties:

- 1) Is employed a minimum of three (3) regular periods for teaching classes, including physical education;
- 2) Is employed for supervision of study halls; or
- 3) Is exercising responsibilities in other activity assignments within the school schedule.

b) Level 2 Coaches

An individual seeking a coaching position shall be categorized as Level 2 if that individual meets the following criteria prior to assignment to coaching duties and does not meet the qualifications of Level 1:

- 1) Shall be 21 years of age;
- 2) Shall not be a violent offender or convicted of a sex crime as defined by KRS 17.165 that is classified as a felony; and
- 3) Shall submit to a criminal record check under KRS 160.380.
- 4) Shall meet one of the following additional qualifications:
 - i. Have graduated from a public or accredited high school and hold a provisional or standard teaching certificate;
 - ii. Have completed sixty-four semester hours of college credit from an accredited college or university as documented by an official transcript; or
 - iii. Be a graduate from a public or accredited high school and be in compliance with the local district standards for serving as an approved substitute teacher as approved by the Education Professional Standards Board.

- 5) Prior to assuming duties, Level 2 coaches shall successfully complete training provided by the local school district. The training shall include information on the physical and emotional development of students of the

age with whom the Level II coach will be working, the district's and school's discipline policies, procedures for dealing with discipline problems, and safety and first aid training. Follow up training shall be provided annually.

c) Waiver of 64-hour requirement

In the event that the member school is unable to staff head or assistant coaching positions in any sport or sport activity (including cheerleading) with a Level 1 or Level 2 individual, the member school may request through the Superintendent that the KHSAA allow for a waiver of this rule in order that the additional time be available to find an applicant meeting the criteria.

d) Head Coach

As referred in this regulation, the head coach shall be the head varsity coach designated by the school or Board of Education unless otherwise noted in the bylaw.

Sec. 2) Hiring and Employment Requirements

a) Required Level

Level 1 or 2 individuals (head and assistant) may be assigned as the head or assistant coach in any sport or sport activity (including cheerleading).

b) Member School Obligations in Hiring

- 1) The Superintendent shall ensure that all assignments for coaching duties comply with all applicable state and local policies.
- 2) The hiring process shall ensure that in considering those individuals seeking coaching duties, the most qualified individual shall be assigned. In considering qualifications, the qualifications desired for the position, the references, interviews and experience of those seeking the duties, and the education background shall be considered.

c) Compensation

Any person assigned to coaching duties at any level (grades 9-12) shall be duly employed through the respective board of education and the entire coaching salary shall be paid through that board in accordance with local Board of Education policy.

Sec. 3) Post Hire Requirements and Requirements for Continuing Coaching Duties

a) C.P.R. and AED Training

All coaches (head and assistant) at any level in all sanctioned sports and sport activities (including cheerleading) shall provide documentation of successful completion of a C.P.R. course including the use of an Automatic External Defibrillator and the requisite First Aid Training, as approved by a college or University, the American Red Cross, American Heart Association or other bona fide accrediting agency. Initial certification must use in-person instruction and certification must be timely and appropriately updated as required by the approving agency.

b) Coaches Education Program

1) A Coaches Education Program has been approved as the coaching education program in Kentucky. The program shall include a course of study to include a KHSAA approved Coaches Education Program, KHSAA rules information and local district policies. The cost of attending the KHSAA Coaches Education Program shall be the responsibility of the individual coach(es). Local school districts or local schools may, upon successful completion of all coaching education requirements including all examinations, reimburse the coaches for the expense of attending the course.

- 2) Level 1 individuals assigned to duties as a coach (head or assistant), who are hired as a member of the school system faculty for the first time following the 1995-96 school year shall take and complete all requirements for

the Kentucky Coaches Education Program as detailed in Section b(1) above within one year of the initial assignment to coaching duties or prior to the legal start of practice for the next competitive season in any particular sport to which the individual is assigned, whichever occurs first.

- 3) Level 2 individuals assigned to duties as a coach (head or assistant) shall take and complete all requirements for the KHSAA Approved Coaches Education Program as detailed in Section b(1) above within one year of the initial assignment to coaching duties or prior to the legal start of practice for the next competitive season in any particular sport to which the individual is assigned, whichever occurs first.
- c) Sports Safety Training
 - 1) Each coach (head and assistant, including cheerleading) at all levels (grades 9-12) shall be required to complete a sports safety course consisting of training on how to prevent common injuries.
 - i. The content of the course shall include emergency planning, heat and cold illnesses, emergency recognition, head injuries, neck injuries, facial injuries and the principles of first aid.
 - ii. The course shall be taught by a Certified Athletic Trainer, Registered Nurse, Physician or Physician's Assistant licensed to practice in Kentucky.
 - iii. The course material and content shall be updated every thirty (30) months.
 - iv. Each coach having completed the course shall re-certify by taking the course not less than once every two (2) years.
 - 2) Successful completion of the course shall constitute a passing score.
 - 3) For the 2009-2010 school year, at least one coach who has completed the course as described in Sec. C (1), or a Certified Athletic Trainer, Registered Nurse, Physician or Physician's Assistant licensed to practice in Kentucky shall be at every high school athletic practice and competition (including cheerleading).
 - 4) Beginning with the 2010-2011 school year, each coach (head and assistant, including cheerleading) at all levels (grades 9-12) shall have successfully completed the sports safety course.
 - 5) The penalty for noncompliance with this section shall be suspension from coaching duties in all contests for a period not to exceed one year or any penalty otherwise included in Bylaw 33.
- d) Medical Symposium Updates
 - 1) All persons employed as head coaches in all sanctioned sports and sport activities (including cheerleading) shall attend every two years, a Sports Medicine Symposium sanctioned by the KHSAA, approved and conducted by the Kentucky Medical Association. All member schools of the KHSAA shall pay the necessary expenses of head coaches for the required attendance at the sanctioned Sports Medicine Symposium.
 - 2) The penalty for noncompliance with this section shall be suspension from coaching duties in all contests for a period not to exceed one year or any penalty otherwise included in Bylaw 33.
- e) KHSAA Rules Clinic
 - 1) All head varsity coaches shall annually attend at least one rules interpretation clinic conducted by representatives of the KHSAA in the sport in which they coach and the school desires to enter a team in postseason play, provided these clinics are conducted under the authorization of the

Commissioner.

- 2) The penalty for noncompliance with this section shall be suspension from coaching duties in all contests for a period not to exceed one year or any penalty otherwise included in Bylaw 33.

(Case situations related to this bylaw appear following the Bylaws section)

Bylaw 33. Imposition of Penalties

Sec. 1) Authority to Penalize

If Association rules and regulations have been violated, penalties may be imposed on the offending schools or individual within the defined parameters of this bylaw, the KHSAA Due Process Procedure, and KRS Chapter 13B. These penalties may be by the Commissioner's office, the KHSAA Hearing Officer or the Board of Control dependent upon the specifics of the bylaw, KHSAA Due Process Procedure, or KRS Chapter 13B. Each member school of the KHSAA through its Principal shall ensure that its athletic program remains compliant with KHSAA rules.

A member school, student, coach, or administrator shall not be punished or sanctioned, in any manner, by the KHSAA for allowing a student to play in an athletic contest or practice with the team during a time when an order of a court of competent jurisdiction permits the student to participate or otherwise stays or enjoins enforcement of a final KHSAA decision on eligibility.

For violation of any rule or regulation by any member school or school designated staff, student-athlete, official, or other representative, the penalty as may be called for under the specific rule or regulation, or, in case no specific penalty is called for, disciplinary action, including warning, reprimand, probation, suspension, or payment of a fine may be imposed.

a) FINE

A fine may be levied in lieu of, or in addition to, any other penalty imposed upon the school and may only be levied against a member school. The Board of Control shall adopt a schedule of fines and publish said schedule annually in the Association Handbook. The fine schedule shall also include any amounts paid by the Association or received by the school as a result of postseason competition. A fine shall not be levied against any individual within the interscholastic athletic program but may only be levied against the member school and only for selected violations as determined by the Board of Control.

b) FORFEIT

The forfeit of contests or meets may be included in penalties assessed for violation of Association rules.

c) WARNING

A warning may be issued which is written notification that a violation, or an inexcusable or unethical action, has occurred, is a matter of record, and that the action shall not be repeated.

d) LETTER OF REPRIMAND

A written reprimand of the individual, program, or school may be issued if a violation of the rules has occurred which was preventable. The action is a matter of record, and warnings that repeat actions of this type may be cause for further penalty.

e) PROBATION

Probation is a more severe penalty and may be described in the following manner. Normally, an individual or a school on probation is on conditional Association membership, but may be permitted to engage in a regular schedule, sanctioned events, or district, regional and state championships. This is provided that the individual or school

has taken steps to ensure the problem which placed the individual or school on probation has been alleviated and will not re-occur. Additionally, a school on probation may be restricted to limits on scrimmages, regular season contests or post season competition as may be deemed appropriate.

f) **SUSPENSION**

An individual participant, coach, specific sport or school may be suspended from competition or from scrimmage participation. This penalty may range from the elimination of individual or team(s) participation in games, tournaments, meets or state championship competition, to suspension of the school from the Association. Individuals or teams suspended may not engage in contests with member schools of the Association, or with any other school that is a member of another state associated with the National Federation of State High School Associations.

g) **RESTITUTION**

A fine may be levied equal to the amount of itemized legal fees expended by the Association in defense of its rules in a court of law in cases where a school or school system is directly or indirectly involved in the legal challenge of an association rule which has passed via the proper Constitutional process and in which case, the Association prevails in court. If the Association, its Commissioner, or other persons associated or employed by the Association are named as a party, or if the Association intervenes in any action to enforce a ruling, bylaw or other provision, it shall be presumed that the school where the student attends or the coach or other person is employed or is otherwise associated or connected, is involved in the legal challenge. The presumption of involvement may be rebutted by clear and convincing evidence. Involvement includes providing testimony, staff, staff legal counsel or funds for counsel, or direct filings by or on behalf of the school or school system.

If the Association conducts an investigation regarding any player, coach, assistant coach, paraprofessional, booster, supporter or other person associated with a team, program or member school, and the investigation results in any penalty being imposed by the Association, the school may be required to pay all costs of that investigation. The costs may include the costs, fees and expenses charged by an investigator, and the costs, fees and expenses charged by the Association's legal counsel.

h) **PERMANENT SUSPENSION**

Any coach, participant or other school representative may be permanently suspended from involvement in interscholastic athletics in this state if found by competent and conclusive evidence to be guilty of assaulting a sports official.

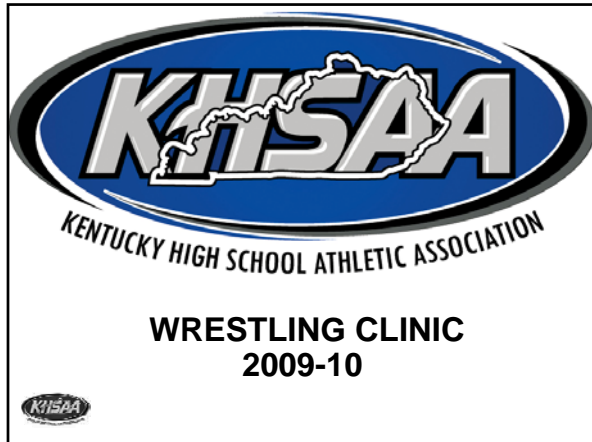
i) **REDISTRIBUTION**

If a school is found to have used an ineligible competitor and as an extension to the fine penalty listed above, it may be directed that a portion or all of the net proceeds received from a postseason contest or tournament be returned to the host or redistributed to the other contest or tournament participants.

j) **VACATE/STRIKE**

If a school is found to have used an ineligible competitor, it may be directed that 1) Individual records and performances be vacated or stricken; 2) Team records and performances including place finishes be vacated or stricken; or 3) Individual or team awards be returned to the Association.

(Case situations related to this bylaw appear following the Bylaws section)




KHSAA BYLAW REMINDERS

Bylaw 2 - Physical Exam, Parental Consent and Insurance

Bylaw 3 – Age Rule

- Statutory Rule
- Only Waiver in Limited cases per law




KHSAA BYLAW REMINDERS

Bylaw 4 – Enrollment

- 8 Maximum semesters
- 8th grade retention policy
- Enrollment Elsewhere (must be under same local Board)

Bylaw 5- Academic Requirement

- On schedule to graduate with class
- Credits must be on transcript (summer problem) before practice/play




KHSAA BYLAW REMINDERS

Bylaw 6 – Transfer Rule

- If they haven't already participated for your school, check with Principal or Athletic Director
- Period of ineligibility is one CALENDAR year from date of enrollment at new school
- May not practice until eligible

Bylaw 7 – Foreign Exchange Transfer

- Can't live with athletic rep (school)
- Can't live with placement agent



KHSAA BYLAW REMINDERS

Bylaw 8 – Contestant On Other Teams

- Effects only football and basketball

Bylaw 9- Other Eligibility Requirements

- Not eligible to play, Not eligible to Practice

Bylaw 10 – Recruitment

- No contact allowed with non-enrolled students
- Review interpretations and restrictions online and in Handbook.



KHSAA BYLAW REMINDERS

Bylaw 11 – Practice of Sportsmanship

- Any Violations will be reported by officials
- Schools have to request reinstatement
- Adult ejections, more severe penalty

Bylaw 12- Amateur / Awards

- Be extremely careful about what athletes receive for outside competition

Bylaw 13 – Financial Aid

- All aid based on need only
- Must be analyzed through neutral third party analyst



KHSAA BYLAW REMINDERS

Bylaw 26 – Summer Sports & Activities

- Summer Dead Period applies to all sports
- June 25 – July 9

Bylaw 27 – Requirements for Coaches

- Coaches Education (NFHS program now, either recognized)
- CPR/AED Training
- Sports Safety Course (all coaches)
- Medical Symposium (head coaches only)
- 64-hour requirement for coaches, contact office for waiver information



KHSAA BYLAW REMINDERS

Bylaw 25 – Limitation of Seasons

- Each sport or sport activity defines start of practice, start of play, number of contests, end of season date
- Anything outside the defined season (first day or practice through last game) **MUST** be voluntary and not involve coaches in any way, including demonstration of equipment, feeding the pitching machine in baseball/softball, etc.
- Nobody is “grandfathered in”, i.e. not permitted even if had facility before taking job.



Booster payment for these activities is the same as the school having practice/play

KHSAA BYLAW 25

- **First Day of Practice: October 15th**
- **No more than two(2) Scrimmages**
- **First Wrestling Contest : November 23rd**
- **Maximum of seventeen (17) matches**



KHSAA Safety Reminder

- HB383 (2009)
 - Requires every school to have at least one person in direct supervisory role at every practice and/or contest who has completed the Sports Safety Course.
 - All coaches (head and assistants) at all levels required in 2010-2011
 - Course is web based, free, and certification is good for two years.



2009-10 NFHS Wrestling Rules Changes



Representation Rule 1-2-1





In individually bracketed tournaments, the contestant representing a school shall be named by weight class prior to the conclusion of the weigh-in and no substitution is allowed after the conclusion of the weigh-in.

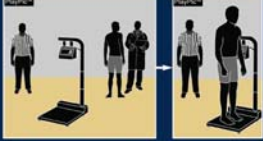
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Frame 1

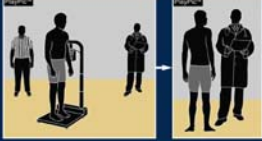
Wrestlers' Appearance and Health Rule 4-2-3

A





B




If a designated, on-site meet physician is present, he or she may examine a wrestler for communicable skin disease or any other condition, *either immediately prior to or immediately after the weigh-in.*

© REFEREE ENTERPRISES, INC. 2008
Frame 3

Weighing In Rule 4-5-3





A



TEAM A WEIGHING IN

B






TEAM B WEIGHING IN

Tournament weigh-in may proceed by team(s) with the lowest weight class to the highest and end immediately upon the completion of the highest weight class.

© REFEREE ENTERPRISES, INC. 2008
Frame 5

Positions Rule 5-20-5 NOTE








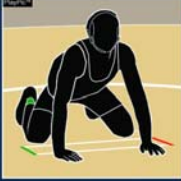
In the offensive starting position, the offensive wrestler must place their head on or above the mid-line of the opponent's back, then place the palm of the other hand on or over the back of the opponent's near elbow."

© REFEREE ENTERPRISES, INC. 2008
Frame 7

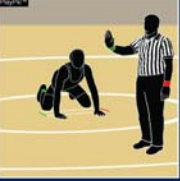
Wrestling Manual Section 3, 1 and 9

A





B




Historically, referees have always "set" the defensive wrestler.

© REFEREE ENTERPRISES, INC. 2008
Frame 8


Wrestling Manual Section 3, 1 and 9


C




D



E





F




Starting this wrestling season, once the top wrestler has become set, the referee will give a verbal command "set" notifying both wrestlers that we now have proper starting position of the top wrestler before blowing the whistle to start wrestling again.

© REFEREE ENTERPRISES, INC. 2008
Frame 9


Team Scoring Rule 9-2-2b, c (NEW)

A




B



In dual-meet competition, if teams have identical scores, there will be a greater emphasis on personal conduct to determine the winner using the team tie-breaking system.

© REFEREE ENTERPRISES, INC. 2008
Frame 11

2009-10 Wrestling Points of Emphasis




Communicable Disease
Coaches and Referees Responsibilities 

A

B

NFHS wrestling rules require current, written documentation from a physician stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to an opponent (A). Mats should be cleaned often to prevent the spread of communicable diseases (B).


© REFEREE ENTERPRISES, INC. 2009 Frame 13

Awarding Near-fall Points 

A

B

© REFEREE ENTERPRISES, INC. 2009 Frame 14

Legalities of the Scissors, Draping Scissors and Figure 4 

A

STRAIGHT SCISSORS

B

DRAPING HEAD SCISSORS

C

FIGURE-FOUR IN THE NEUTRAL POSITION

© REFEREE ENTERPRISES, INC. 2009 Frame 15

Excessive Celebrations 


A

B

There is a growing trend to celebrate a victory in outlandish ways (A). The wrestlers shall shake hands and the referee shall declare the winner by raising the winning wrestler's hand (B).

© REFEREE ENTERPRISES, INC. 2009 Frame 16

2009-10 Wrestling Editorial Changes



Referee Rule 3-1-7

A

B

C

D

If a takedown occurs before the contestants go out of bounds (A), the referee awards two points for the takedown (B). The referee blows the whistle and gives the hand signal to stop the match (C). The reason for stopping the match is then signaled (D).

© REFEREE ENTERPRISES, INC. 2009 Frame 2

Wrestlers' Appearance and Health Rule 4-2-4

A

Approved to wrestle

May not wrestle

MEDICAL DOCTOR

B

No

If one physician approves a wrestler (PlayPic A) but a designated, on-site meet physician disagrees (PlayPic B), the designated, on-site meet physician may overrule the diagnosis of the physician signing the physician's release form for a wrestler to participate or not participate with a particular skin condition.

© REFEREE ENTERPRISES, INC. 2009 Frame 4

Weighing In Rule 4-5-8

A contestant may wrestle at a higher weight class depending on where his/her actual weight qualifies the contestant. An additional weigh-in is neither required nor allowed.

© REFEREE ENTERPRISES, INC. 2009 Frame 6

Correction of Errors Rule 6-6-5b1

A

TEAM C	48
TEAM A	47
TEAM B	39
TEAM D	25

OFFICIAL RESULTS POSTED

B

TEAM A	49
TEAM C	48
TEAM B	39
TEAM D	25

FINAL TEAM SCORES

Errors involving the recording or computation of team scores must be corrected within 30 minutes of the conclusion of the tournament or official posting of team scores.

© REFEREE ENTERPRISES, INC. 2009 Frame 10

Injury Rule 8-2-1 EXCEPTION g

A

IN 1ST PERIOD, WRESTLER A IS PENALIZED FOR UNSPORTSMANLIKE CONDUCT

B

WRESTLER B TAKES THEIR SECOND INJURY TIME-OUT AT THE CONCLUSION OF THE SECOND 30-SECOND TIEBREAKER PERIOD

C

WRESTLER B GETS CHOICE IN ULTIMATE TIEBREAKER

© REFEREE ENTERPRISES, INC. 2009 Frame 12

2009-10 NFHS Wrestling Editorial Changes

> 3-1-4a	Deleted: "Visit each team dressing room to" at the start of the rule for clarification.
> 3-2-2a	Added the word "maneuvers" to illegal holds.
> 4-5-2	Added the words "or by team(s)" so it now relates to the new rule change in 4-5-3 for 2009-10.
> 5-1-3	Added the word "maneuvers" to illegal holds.
> 5-14-1, 2	Added the word "maneuvers" to holds.
> 5-31-1	Deleted: "The head coach shall not be penalized when a wrestler reports to the scorer's table with shoelaces that are not properly secured".
> 8-2-7	Added the word "maneuvers" to illegal holds.

© NFHS

2009-10 NFHS Wrestling Editorial Changes

➤ Photo #10	Added the word "maneuver" to hold under the photo description.
➤ Photos #32-33	Revised the description under each photo with regard to the change to Rule 5-20-5 Note.
➤ Photo #59	Added the word "straight" before scissors in the photo description for clarification.
➤ Photo #77	New photo and description showing the overscissors as an illegal hold/maneuver.
➤ Photos #78, 85-86, 88	Added the word "maneuver" to illegal hold under the photo description.
➤ Referees' Signals 4-7	Clarified the description under each signal.



2009-10 Wrestling Rules Reminders



Coaches Restricted Zone Rule 2-2-2



At tournaments where coaches are permitted on the corner of the mat, the restricted zone shall be defined by either a contrasting line marked on the mat with paint or tape, or a contrasting colored surface under the chairs. The restricted zone shall be no closer than five feet to the edge of the circle.

© REFEREE ENTERPRISES, INC. 2009

Frame 1

Correction of Errors Rules 5-1-4, 6-6-1

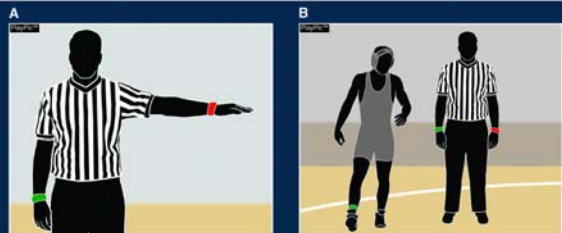


If the wrong wrestler is given the choice of position at the start of the second period or at the start of the first 30-second tiebreaker in overtime, no rewrestling is necessary. The opponent may be given the choice at the start of the third period or at the start of the second 30-second tiebreaker in overtime.

© REFEREE ENTERPRISES, INC. 2009

Frame 13

Overtime Rule 6-7-1c (6)



If a wrestler receives an unsportsmanlike conduct penalty at any time during the match, the opponent will have the choice of starting position during the ultimate tiebreaker. The unsportsmanlike conduct penalty is to supersede the first points scored in the regulation match.

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Frame 16

Competition Rule 1

- **Rule 1-2-2:**
No wrestler shall represent the school in more than one weight class in any meet or compete in more than five matches (championship or consolation), including forfeits in any one day.
- **Rule 1-2-3:**
No contestant shall wrestle in two consecutive matches with less than a 45-minute rest between them. The conclusion time of each match shall be recorded.
- **Rule 1-2-4:**
A contestant shall not accept a forfeit in one weight class and compete in another class.



Team Benches

***NFHS Rule 2-2-1:** For dual meets, all team personnel, including coaches, other than actual participating contestants shall be restricted to an area which is at least **10 feet** from the edge of the mat and the scorer's table, where facilities permit.

***NFHS Rule 2-2-2:** During tournament competition, a maximum of **two** team personnel (coaches and/or non-participating contestants) will be permitted on chairs at the edge of the mat. It is permissible to allow coaches on the corner of the mat in a restricted zone. In tournaments where coaches are permitted on the corner of the mat, the restricted zone shall be defined by either a contrasting line marked on the mat with paint or tape or a contrasting colored surface under the chairs. The restricted zone shall be no closer than 5 feet to the edge of the circle. Coaches shall be seated at least **10 feet** from the scorer's table, where facilities permit.



Conduct of Coaches, Team Personnel and Others

***NFHS Rule 7-5-2:** Coaches and other team personnel are restricted to the bench/chairs while the clock is running and during normal out of bounds and resumption of wrestling. The coach may move towards the mat only during a charged time-out or at the end of the match. **(See Rule 2-2)**

***NFHS Rule 7-5-3:** Unsportsmanlike conduct – is called on coaches or other team personnel who violate the bench decorum rule (7-5-2).



2009-10 WRESTLING

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Coach's Listserve -

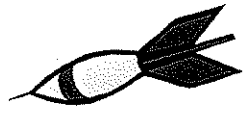
<http://www.uky.edu/Education/khsaalists.html>

www.khsaa.org

**Thank you very much.
HAVE A GREAT SEASON!**



Wrestling



By Jim Shaw

The NFHS Wrestling Rules Committee has identified four points of emphasis for the 2009-10 wrestling season. These include: Communicable Disease – Coaches' and Referees' Responsibilities, Legalities of Scissors (Draping and Figure 4), Excessive Celebrations and Awarding Near-fall Points.

Communicable Disease – Coaches' and Referees' Responsibilities

According to Rule 3-1-4, the referee has the duty of meeting with each team to inspect each contestant for proper grooming and skin conditions. Normally, these inspections take place at weigh-ins and all contestants are required to meet Rule(s) 4-2-2, 4-2-3 and 4-2-4 – the health, sanitary and safety rules.

Each wrestler must be free of any communicable skin condition that might be contagious. Should a questionable skin condition exist, the coach/wrestler must present at weigh-ins the appropriate skin form documentation signed by a physician as to the clearance of that condition. The skin form must be marked with the exact location of the condition for which the physician is giving clearance. The NFHS recently added language to clarify Rule 4-2-3, that if a designated, on-site meet physician is present, he or she may examine a wrestler for communicable skin disease or any other condition, either immediately prior to or immediately after the weigh-in.

If the referee is not present at weigh-ins, it is the referee's responsibility to make sure that the inspection of wrestlers has been conducted and that all wrestlers have been inspected for any skin conditions with appropriate forms signed and dated by physicians provided at weigh-ins. The referee's inspection of the wrestlers should be completed prior to either team beginning warm-ups.

It is important to remember as an official that you are not a physician and therefore you should do your due diligence to educate yourself to the different types of communicable diseases (MRSA, herpes, ringworm, etc.) that are threatening our sport and the health of student-athletes. It is your responsibility to do a thorough inspection of each participant during weigh-ins or prior to warm-ups to ensure the safety of all. If you see a suspect skin condition, the proper course of action is to ask the wrestler or coach to present the proper clearance form if the wrestler is to be allowed to compete. While not allowing a wrestler to compete is not a popular choice, you should view the application of the rule in the same manner as you would a false start or technical violation. Please reference the 2009-10 NFHS Wrestling Points of Emphasis in order to educate yourself and the coaches in your state on

means of preventing the disease(s) and the proper forms for them to gain clearance.

Special Note

In 2008-09, the NFHS added Rule 4-2-5 stating:

A contestant may have documentation from a physician only indicating a specific condition such as a birthmark or other non-communicable skin conditions such as psoriasis and eczema, and that documentation is valid for the duration of the season. It is valid with the understanding that a chronic condition could become secondarily infected and may require re-evaluation.

Legalities of the Scissors, Draping Scissors and the Figure 4

One of the NFHS Points of Emphasis for the 2009-10 wrestling season is the legality of Scissors, Draping Scissors and the Figure 4. As with many of the moves and holds in wrestling, there are clear-cut infractions and subjective infractions that are left to the discretion of the referee(s). Below are a few examples that give better definition of how to officiate Scissors, Draping Scissors and the Figure 4:

Illegal Holds/Maneuvers/Technical Violations:

Rule 7-1-5(e) – Straight Head Scissors (even though an arm is included)

Rule 7-1-5(o) – Overscissors, when pressure is applied against the joint which may cause hyperextension

Rule 7-1-5(r) – The Figure 4 around the body or both legs

Rule 7-3-5 – The Figure 4 around the head, from the neutral position, with or without an arm trapped, is a technical violation

When penalizing for Illegal Holds/Maneuvers or Technical Violations involving Scissors, Draping Scissors or the Figure 4, please reference the following rule:

Rule 7-1-6 – A wrestler applying a legal hold shall not be penalized when the opponent turns a legal hold into an illegal hold. The referee shall cause the hold to be released when it becomes illegal. The match need not be stopped unless the referee finds it necessary to do so in order to correct the situation. Whenever possible, an illegal hold shall be prevented rather than penalized.

Subjective Infractions:

- **Straight Body Scissors** – This is legal when used to simply control an opponent, but when used with excessive force it becomes a submission hold and becomes illegal.
- **Draping Head Scissors** – This is legal when there is NO pressure applied to head or neck. The key point when looking for draping versus straight scissors is to watch for the knees to go toward a locked position.
- **Figure 4 (Around One Leg)** – This is legal as long as

there is not pressure applied against the joint; if pressure is applied against the joint, it would be considered Potentially Dangerous or an Illegal Hold/Maneuver depending how it was being used.

- **Figure 4 (Around the Head)** – This is a legal move from either the offensive or defensive position. Be aware as with all moves involving the throat and potential restriction of airflow of a wrestler that this could be stopped for Potentially Dangerous at any point.
- **Overscissors** – This is legal as long as there is not pressure applied against the joint.

When officiating the above-mentioned subjective infraction(s), keep yourself focused on the joints, rib cage and throat of the participant who is having the hold/maneuver applied to them. This will allow you to assess whether the hold/maneuver goes from Legal to Potentially Dangerous or Illegal and when to stop the match.

Your goal as a referee is to always be aware of and anticipate the dangers of injury from these types of hold/maneuvers, and to be in a position to block them before they reach the danger point. Good preventive officiating and being in the right position will allow you as a referee to prevent any serious injury from any holds/maneuvers involving scissors, draping scissors or the Figure 4. A good rule of thumb to use when officiating is to be in the best position to stop a move from being illegal and stopping the match for potentially dangerous holds so that neither participant is at a disadvantage.

Excessive Celebrations

Everyone knows that wrestling is a highly competitive and emotionally charged sport. With that being said, as a former wrestler and admirer of the sport, it is always good to remember that we should always participate – win or lose – with class and good sportsmanship. Postmatch celebrations are becoming more demonstrative and staged. Not only does the excessive celebration reflect badly on the sport, it increases the likelihood of retaliatory actions by the losing wrestler. As a referee, you should move quickly after a match to get in proximity to the wrestlers – especially the winner – to discourage excessive celebrations. Referees should also be well-versed in the rules pertaining to unsportsmanlike conduct in such situations. Please refer to Rule 5-31-2 and the Penalty Chart for proper application of Unsportsmanlike Conduct.

**** Special Note: End-of-Match Procedure****

Rule 6-5-1 – If no fall occurs during the final period, the referee shall direct the wrestlers to return and remain on the 10-foot circle while the referee verifies the match score. (It may be necessary for the referee to go to the scorer's table.)

Rule 6-5-2 – The wrestlers shall shake hands and the referee shall declare the winner by raising the winning wrestler's hand.

Awarding Near-fall Points

The final NFHS Points of Emphasis for 2009-10 was Awarding Near-fall Points. Near Fall is defined for us in Rule

5, Section 11. As a referee, this is another situation where there are clear-cut definitions for what is near fall and what is not.

The message of the Point of Emphasis from the NFHS is below:

Wrestlers are very good at creating quick near-fall situations. Before awarding points to the offensive wrestler, the referee must make certain that the defensive wrestler has been released to the extent that permits the possibility of self-defense. A good example is the cradle. Using this concept would mean that when the defensive wrestler comes out of criteria in a near-fall situation, the referee would make sure that the hands have been broken and the defensive wrestler has the possibility of self-defense before awarding any near-fall points.

Another example is tips or tilts. When the defensive wrestler comes out of criteria in a near-fall situation, the referee would make sure that the arm that has been trapped is released and the defensive wrestler has the possibility of self-defense before awarding any near-fall points.

To elaborate on this from a referee's perspective is to look for key points of control and scoring:

- 1 – Does the offensive wrestler allow the defensive wrestler the ability for self-defense?
- 2 – Does the defensive wrestler regain the ability to break the hold and regain their base?
- 3 – Does the offensive wrestler break the original hold? (This is not always necessary)
- 4 – Does the offensive wrestler allow the defensive wrestler to regain their base?

Due to the nature of wrestling, you will always be in a position as a referee to use your judgment and the awarding of near-fall points has multiple possibilities in which this will be called into question. Consistency and proper application of the rules will keep you out of harm's way. When faced with a near-fall situation such as the ones described above, focus on making consistent calls. It might be beneficial for you to discuss with the coaches during your premeet duties to explain how you will be awarding near-fall situation involving tilts or tips. In staying with the spirit of the sport, you should always seek to award the participant(s) in accordance with the proper application of the rules, which in this case, is the awarding of near-fall points. This grey area for referees should be discussed among crews and during your state's rule interpretation meeting(s). **OQ**

ABOUT THE AUTHOR: Jim Shaw is the current NFHS Officials Association representative on the NFHS Wrestling Rules Committee. A registered Kentucky high school wrestling official since 1999, Shaw has been an active Kentucky High School Athletic Association state wrestling tournament official since 2000-01. Shaw was selected as the Kentucky Wrestling Official of the Year in 2008 by the Kentucky Coaches Association. He currently is employed as an industrial engineering manager at UPS Supply Chain Solutions and owns and manages JQS, LLC Properties located in Louisville, Kentucky.



PENALTY CHART (Available in PDF format on Web site – nfhs.org)

	Rule	Warning	First Penalty	Second Penalty	Third Penalty	Fourth Penalty				
Illegal Holds/Maneuvers Technical Violations Stalling Unnecessary Roughness Unsportsmanlike Conduct by Contestants During a Match Not Reporting to Scorer's Table Properly Equipped	7-1 7-3 7-6 7-4-1 7-4-2 8-1-1	No No Yes No No No	} 1 Pt.	1 Pt.	2 Pts.	Disqualify				
False Start or Incorrect Starting Position	8-1-3						Following two cautions there is a 1-point penalty for each subsequent infraction			
Coach Misconduct (during the match)	5-5 6-6-6 7-5-4 8-1-5	Yes					Deduct 1 Team Point	Removal of head coach from premises immediately on second penalty and deduct 2 team points. Removal is for the remainder of the day.		
Unsportsmanlike Conduct - Contestants (not during the match), Coaches and Other Team Personnel	7-4-2 7-5-3 8-1-4	No					Deduct 1 Team Point	Remove from premises immediately on second penalty and deduct 2 team points. Removal is for the remainder of the event, day/dual meet or tournament.		
Flagrant Misconduct - Contestants	7-4-3 8-1-6	No					Disqualify on first offense, deduct 3 team points and remove from premises immediately for the duration of the event. Contestant is eliminated from further competition for the remainder of a dual meet, multiple school event or tournament and no team points can be earned in an individual tournament.			

	Rule	Warning	First Penalty
Flagrant Misconduct - Coaches and Other Team Personnel	7-5-5 8-1-3 8-1-6	No	Remove from premises immediately on first offense and deduct 3 team points. Removal is for the dual meet, remainder of a multiple school event or tournament.
Greasy Substance on Body or Uniform, Improper Grooming, Objectionable Pads and Braces; Illegal Equipment or Uniform	7-3-7 8-1-1		Any contestant reporting to the scorer's table in violation of this article shall be disqualified if not removed or corrected within the 1½-minute injury time.

Summary of Technical Violations

Going out of Wrestling Area (Fleeing) (7-3-1)
 Grasping Clothing, Etc. (7-3-2)
 Interlocking Hands (7-3-3)
 Leaving Wrestling Area Without Permission (7-3-4)
 Figure 4 Head From Neutral (7-3-5)
 Reporting to the Scorer's Table Not Properly Equipped or Not Ready to Wrestle (7-3-6)

Note 1 — Disqualification due to technical violation, illegal hold, stalling, unsportsmanlike conduct during a match or unnecessary roughness does not eliminate a contestant from further competition in tournaments. Disqualification for unsportsmanlike conduct not during the match eliminates a contestant or coach for the remainder of the event. Disqualification for flagrant misconduct will disqualify any individual for the remainder of a multiple school event or tournament. They are removed for the duration of the event.


























Note 2 — Points for unnecessary roughness, grasping clothing, locking hands or fleeing the mat are awarded in addition to points earned.



REFEREES' WRESTLING SIGNALS

HIGH SCHOOL AND COLLEGE



1  Starting the Match	2  Stopping the Match	3  Time Out	4  Start Injury Time	5  Start Blood Time Out	6  Start Recovery Time
7  Stop Blood/Injury/Recovery Time	8  Neutral Position	9  Indicates No Control	10  Out-of-Bounds	11  Indicates Wrestler in Control Left/Right Hand	
12  Defer Choice	13  Potentially Dangerous Left/Right Hand	14  Stalemate	15  Caution - False Start or Incorrect Starting Procedure	16  Stalling Left/Right Hand	
17  Interlocking Hands or Grasping Clothing	18  Reversal	19  Technical Violation	20  Illegal Hold or Unnecessary Roughness	21  Near-Fall	
22  Awarding Points Left/Right Hand	23  Unsportsmanlike Conduct Left/Right Hand	24  Flagrant Misconduct Left/Right Hand	25  Coach Misconduct Left/Right Hand		



WRESTLING

SCORERS AND TIMERS INSTRUCTIONS

THE OFFICIAL SCORER shall be seated at the scorer's table and is responsible for: (a) recording points scored by each contestant when signaled by the referee; (b) circling the first point(s) scored in the regulation match; (c) recording the wrestler who makes the choice at the start of the second and third periods and the position of the wrestlers at the start of the second and third periods including overtime; (d) constantly checking with the visiting team's scorer; (e) immediately advising the match timekeeper when there is any disagreement regarding the score and advising the scoreboard operator or assistant scorers of the correct score during each match; (f) recording the completion time of matches; and (g) presenting the referee with the scorebook at the end of a dual meet for verifying of team scores and signature.

THE ASSISTANT SCORERS are responsible for recording points earned by each individual wrestler during the course of the match

and circling first point(s) scored in the regulation match. As points are earned in a dual meet, a running team score shall be kept following each individual match.

THE MATCH TIMEKEEPER is responsible for: (a) keeping the overall time of the match; (b) recording the accumulated time-outs for injury and blood time; (c) monitoring recovery time; (d) notifying the referee of any significant situation when the match is stopped, or for disagreement by official scorer and timekeeper, or when requested by a coach to discuss a possible error; (e) assisting, when requested by the referee, in determining whether a situation occurred before or after the termination of a period; and (f) when a visual clock is not available, calling the minutes to referee, contestants and spectators and displaying with visual cards the number of seconds remaining in the last minute of the period at 15-second intervals.

SCORING ABBREVIATIONS

T ₂ - Takedown	CMw - Coach Misconduct Warning	MD - Major Decision
R ₂ - Reversal	CM - Coach Misconduct	▲ - Selects Up
E ₁ - Escape	W - Warning	▼ - Selects Down
N ₂ - Near fall	FS - False Start	= - Selects Neutral
N ₃ - Near fall (5 seconds)	UCM - Unsportsmanlike Conduct	OT - Overtime
N ₄ - Near fall (as a result of injury or bleeding)	- Match Point	SV - Sudden Victory
Sw - Stalling Warning	UCT - Unsportsmanlike Conduct	TB - Tiebreaker
S - Stalling	- Team Point	UTB - Ultimate Tiebreaker
TV - Technical Violation	FMC - Flagrant Misconduct	IT - Injury Time
P - Illegal Hold or	F - 1:38 Fall	IT - (= ▲ ▼) choice
- Unnecessary Roughness	TF - 4:25 Technical Fall	after 2nd injury
RO - Ride-out	For - Forfeit	Time-out
C - Caution	Def - Default	BT - Bleeding Time
C ₁ - Points Earned	DQ - Disqualified	
- After 2nd Caution	Dec - Decision	

Scorekeepers shall circle the first point(s) scored in the regulation match.

Revised 2008

KHSAA WRESTLING OVERTIME CHECKLIST

Three Regular Periods of Wrestling

No winner, one minute, Sudden Victory, Start in Neutral unless Injury Time Out Rule

Flip Disk if Still Tied

Wrestle Tie-Breaker 1

Wrestle Tie-Breaker 2

If Still Tied, First Point Scored has Choice UNLESS Unsportsmanlike Conduct has occurred (2008 rules change)

One final 30-second Ultimate Tie-Breaker

SUDDEN VICTORY PERIOD

Quickly verify that overtime (sudden victory period) is needed.

Remember that all penalties, cautions, warnings, time-out and injury time are cumulative throughout the regular match and the overtime period.

A fall or disqualification terminates any of the overtime periods, match is over.

No rest between regulation match and sudden victory period.

In sudden victory one minute period, wrestling starts in the neutral position. (Note: the only thing that could change this would be the second injury timeout)

The wrestler that scores the first points in the sudden victory period is declared the winner

TIE-BREAKER 1 & 2

If no winner is declared at the end of the sudden victory period, then two 30 second tie-breaker periods will be wrestled.

Both periods will be wrestled unless, disqualification or a fall occurs.

The referee shall flip the disk to determine choice for the starting position of the first tie-breaker period. Choice may be top, bottom or defer. NO NEUTRAL!

At the conclusion of the first tie-breaker period the opponent will have the choice of top, bottom.

Which ever wrestler has scored the most points in the two 30 second tie-breaker periods will be declared the winner.

Remember if a fall or disqualification occurs in either of the 30 second tie-breaker periods the match is over.

ULTIMATE TIE-BREAKER

Should the score be tied at the end of the two 30 second tie-breaker periods, one ultimate 30 second tie-breaker period will be wrestled.

Choice for position in the 30 second ultimate tie-breaker period will be given to the wrestler that scored first point(s) in the 6 minute regulation match. Double stalling points or simultaneous penalties shall be considered as no points for the purpose of choice in the ultimate tie-breaker.

If no points were scored, choice will be determined by a flip of the disk. They must choose top, bottom or defer.

The wrestler who scores the first point(s) during the ultimate tie-breaker will be declared the winner.

If no points are scored in the ultimate tie-breaker period, the offensive wrestler will be declared the winner and one match point shall be added to the offensive wrestler's score.

Remember a fall or disqualification terminates any of the overtime periods.

Remember that the Ultimate tie-breaker period is different than the rest of the match.

The goal of the top wrestler is to control the bottom wrestler and the goal of the bottom wrestler is to get away or score.

Controlled wrestling should not be confused as stalling in this situation only.

There would be times when the top wrestler could be considered stalling, like grabbing a leg and hanging on.

Ultimate Tiebreaker Period stalling will be called differently as the objective is for the top wrestler to control the bottom wrestler and the bottom wrestler to score.

Controlled wrestling by the top wrestler will not be considered stalling during the ultimate tiebreaker period. Examples of what would not be control wrestling:

- Repeatedly grasping leg
- Stalemate first, then
- Stall warning (or penalty)
- Rear standing position without attempting to return opponent to mat
- Stalemate first, then
- Warning (or penalty) for stalling
- Lifting opponent into air
- Stalemate first, then
- Warning (or penalty) for stalling

KHSAA INJURY TIMEOUT CHECKLIST

INJURY TIME OUT – 8-2-1

An injured or ill contestant is entitled to a maximum injury time-out of 1½ minutes which is cumulative throughout the match, including overtime periods. Time required to treat a pre-existing medical condition or illness is also counted as injury time. There is a limit of two injury time-outs which may be permitted in any match, provided the total time does not exceed 1½ minutes. If a second injury time-out is taken during a regulation period, the opponent shall have the choice of top, bottom or neutral position on the restart.

Exceptions:

- a. If the second injury time-out is taken at the conclusion of the first period, the opponent shall have the choice at the start of the second and third periods.
- b. If the second injury time-out is taken at the conclusion of the second period, the opponent shall have the choice at the start of the third period.
- c. If the second injury time-out is taken at the conclusion of the third period, the opponent shall have the choice of any one of the three starting positions at the beginning of the sudden victory period.
- d. If the second injury time-out is taken any time during the sudden victory period, the opponent shall have the choice of top, bottom or neutral position on the restart.
- e. If the second injury time-out is taken at the conclusion of the sudden victory period, the opponent shall have the choice of either top or bottom position at the start of both 30-second tiebreaker periods.
- f. If the second injury time-out is taken at the conclusion of the first 30-second tiebreaker period, the opponent shall have the choice of either top or bottom position at the start of the second 30-second tiebreaker period.
- g. If the second injury time-out occurs at the conclusion of the second 30-second tiebreaker period, the opponent shall have the choice of top or bottom position at the start of the ultimate tiebreaker period.
- h. If the second injury time-out occurs during either of the 30-second tiebreaker periods or during the ultimate tiebreaker period, the opponent shall have the choice of top or bottom position on the restart.

A third injury time-out shall terminate the match. The opponent shall be declared the winner by default.

Time required to correct illegal equipment is counted as injury time. Time used to recover and/or replace a contact lens may be charged against a contestant's injury time and count as an injury time-out if the referee determines that this disrupts the flow of the match.



KENTUCKY HIGH SCHOOL ATHLETIC ASSOCIATION

KHSAA Form WR111
Rev. 9/08

This is the only form a referee will accept as "current written documentation" that a skin condition is not communicable.

WRESTLING SKIN CONDITION AND UNCONSCIOUS REPORT

COPY AND RETAIN THIS ORIGINAL FORM FOR FUTURE USE.

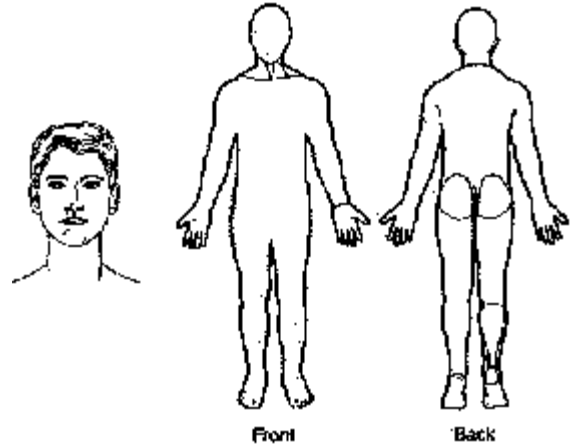
_____ from _____ : Date of Exam ___ / ___ / ___
Wrestler's Name (Print or Type) High School Name (Print or Type)

_____ has been examined by me due to a skin condition.

Diagnosis _____

Location of Lesion(s) _____

Medication(s) used to treat lesion(s): _____



Date Treatment Started: ___ / ___ / ___

Form Expiration Date: **Seven Days from Signature of Provider**

Earliest Date may return to participation: ___ / ___ / ___

_____ has been examined by me following being rendered unconscious or nearly unconscious.

This person may return to contact action participating in wrestling.

RETURN TO PARTICIPATION TIME FRAME/COMMENTS:

Physician Name (Printed or Typed) _____
Provider Signature (M.D. or D.O.) _____
Office Phone #: _____
Office Address _____

Note to Providers: Non-contagious lesions do not require treatment prior to return to participation (e.g. eczema, psoriasis, etc.). Please familiarize yourself with NFHS Rules 4-2-3 and 4-2-4 which states:

"ART. 3 . . . If a participant is suspected by the referee or coach of having a communicable skin disease or any other condition that makes participation appear inadvisable, the coach shall provide current written documentation as defined by the NFHS or the state associations, from a physician stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to any opponent. This document shall be furnished at the weigh-in for the dual meet or tournament. The only exception would be if a designated on-site meet physician is present and is able to examine the wrestler immediately after the weigh-in. Covering a communicable condition shall not be considered acceptable and does not make the wrestler eligible to participate."

"ART. 4 . . . If a designated on-site meet physician is present, he/she may overrule the diagnosis of the physician signing the physician's release form for a wrestler to participate with a particular skin condition."

"ART. 5 . . . A contestant may have documentation from a physician only indicating a specific condition such as a birthmark or other non-communicable skin conditions such as psoriasis and eczema, and that documentation is valid for the duration of the season. It is valid with the understanding that a chronic condition could become secondarily infected and may require re-evaluation."

Below are some treatment guidelines that suggest **MINIMUM TREATMENT** before return to wrestling:

Bacterial diseases (impetigo, boils): Oral antibiotic for two days and no drainage, oozing, or moist lesions.

Herpetic Lesions (Simplex, fever blisters/cold sores, Zoster, Gladiatorum): To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. For primary (first episode of Herpes Gladiatorum), wrestlers should be treated and not allowed to compete for a minimum of 10 days. If general body signs and symptoms like fever and swollen lymph nodes are present, that minimum period of treatment should be extended to 14 days. Recurrent outbreaks require a minimum of 120 hours or five full days of oral anti-viral treatment, again so long as no new lesions have developed and all lesions are scabbed over.

Tinea lesions (ringworm scalp, skin): Oral or topical treatment for 72 hours on skin and 14 days on scalp.

Scabies, Head Lice: 24 hours after appropriate topical management.

Conjunctivitis (pink eye): 24 hours of topical or oral medication and no discharge.

Molluscum Contagiosum: 24 hours after curettage.

NOTE TO PROVIDERS: If your examination yields a finding that the wrestler has a contagious skin condition within these rules, no covering of such condition will allow the athlete to wrestle.

